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L'ecografia interventistica dell'addome

Corso di prima formazione in ecografia clinica

Rimini 6-9 ottobre 2014

Ecografia interventistica: Quando ,dove, come e perchè

Prof. A. Giorgio

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DIAGNOSTICA

TERAPEUTICA

Aghi sottili

Aghi grossi

Aghi elettrodi

Antenne

Ø < 1mm

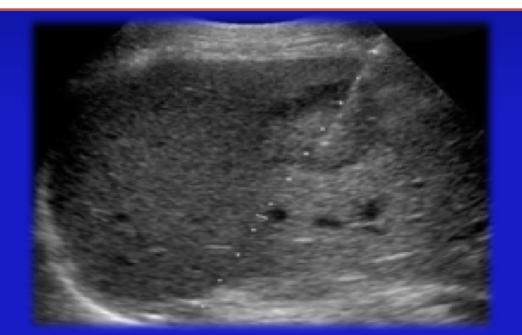
Ø > 1mm

RF

MWs







Caratterizzazione mediante Biopsia Percutanea Eco-guidata

Citologia: aghi sottili 22-21-20 G. Punta a "becco di flauto"

Tutti gli organi o visceri tranne il cuore

Fegato, milza, pancreas, reni, ghiandole salivari, tiroide mammella, linfonodi superficiali o profondi





Caratterizzazione mediante Biopsia Percutanea Eco-guidata

CITOLOGIA

FNB: fine needle biopsy FNAB: fine needle aspiration biopsy

Aghi sottili da 22-21 G

Per aspirazione

Per capillarità

Striscio di materiale su vetrino e lettura mediante colorazione





Caratterizzazione mediante Biopsia Percutanea Eco-guidata

MICROISTOLOGIA



AGO TRANCIANTE PUNTA TRAPEZOIDALE "MENGHINI MODIFICATO"

Ø 21-18-16 Gauge

Si ottiene un frustolo

Lettura come istologia



Caratterizzazione mediante Biopsia Percutanea Eco-guidata

Tecnica a "mano libera"





Guida mediante adattatori

Sonde forate



Caratterizzazione mediante Biopsia Percutanea Eco-guidata

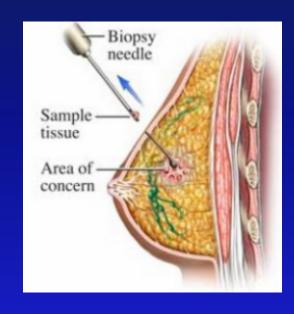
DIAGNOSI LESIONI ORGANI SUPERFICIALI

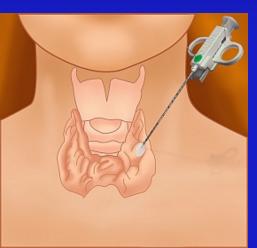
TIROIDE

MAMMELLA

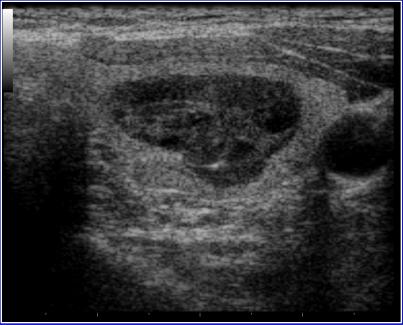
LINFONODI SUPERFICIALI

MASSE SUPERFICIALI (es. lesioni pleuriche superficiali)

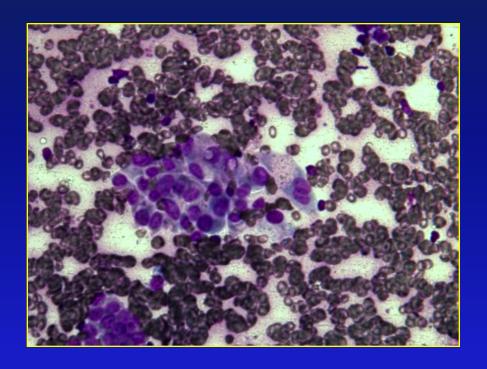


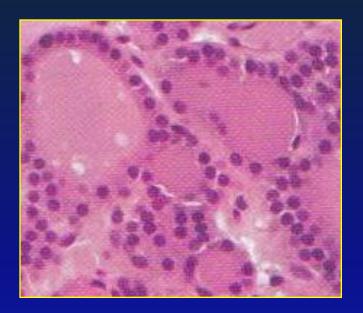


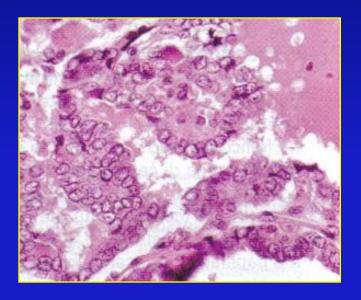








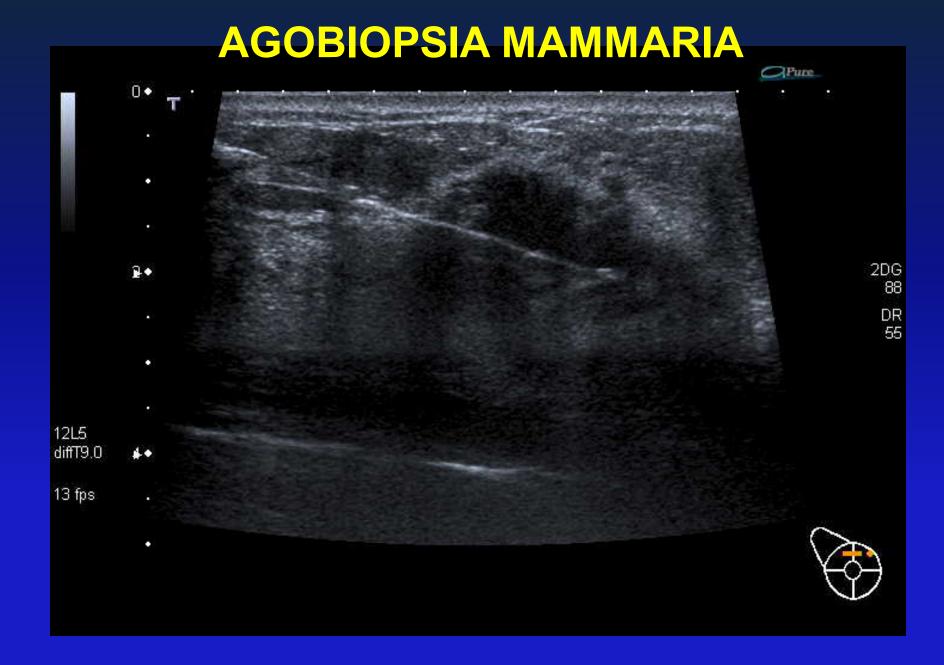




Summary Characteristics for Thyroid Fine-Needle Aspiration: Results of Literature Survey

Feature, %	Mean	Range	Definition			
Sensitivity	83	65-98	Likelihood that patient with disease has positive test results			
Specificity	92	72-100	Likelihood that patient without disease has negative test results			
Positive predictive value	75	50-96	Fraction of patients with positive test results who have disease			
False-negative rate	5	1-11	Fine-needle aspiration negative; histology positive for cancer			
False-positive rate	5	0-7	Fine-needle aspiration positive; histology negative for cancer			

Adapted from Gharib H, Papini E, Valcavi R, et al; AACE/AME Task Force on Thyroid Nodules. American Association of Clinical Endocrinologists and Associatione Medici Endocrinologi medical guidelines for clinical practice for the diagnosis and management of thyroid nodules. Endocr Pract. 2006;12:63-102. Used with permission.



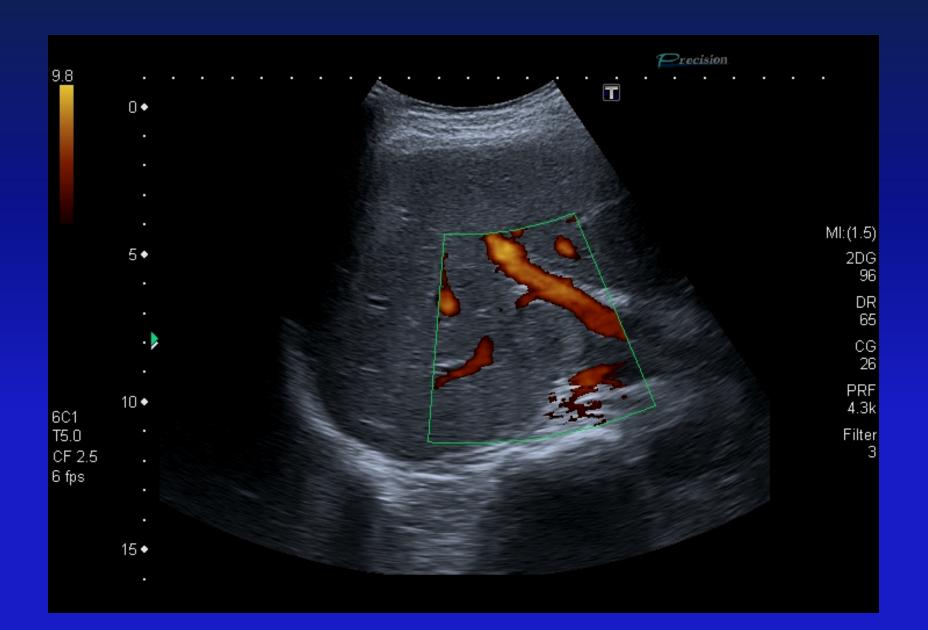
Affidabilità diagnostica della FNAC: confronto con valori di riferimento

(European guidelines for quality assurance in breast cancer screening and diagnosis 4th Ed. 2006)

	Citologia	Valori di Riferimento	
Falsi Negativi (FN)	4.3%	< 4-6%	
Falsi Positivi (FP)	0,8%	< 1-0.5%	
Sensibilità	88%	> 80-90%	
Specificità	49.2%	> 55-65%	
	C5 98,8%	> 98-99%	
Valore Predittivo Positivo (VPP)	C4 74,3%		
	C3 14%		
Valore Predittivo Negativo (VPN)	C2 96,7%		

BIOPSIA PERCUTANEA ECOGUIDATA DI LESIONI FOCALI ADDOMINALI

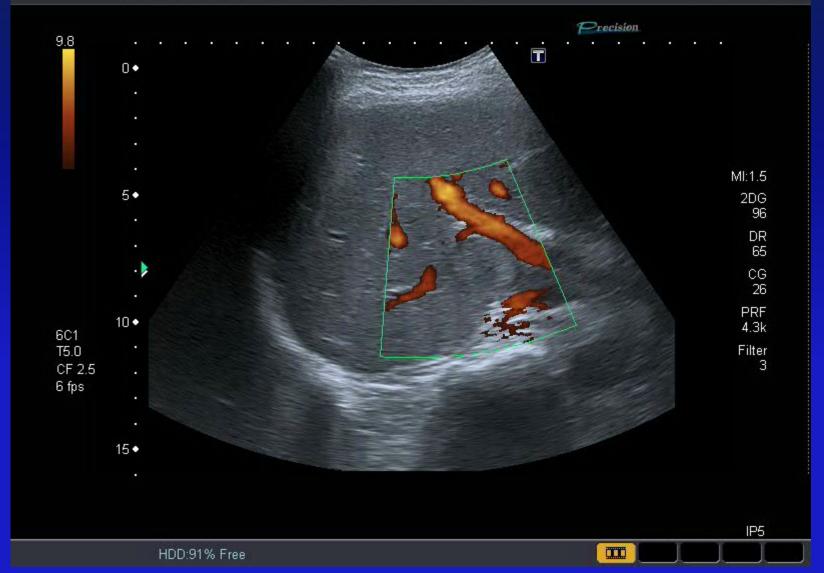
HCC CENTRO LOBO DESTRO



HCC CENTRO LOBO DESTRO

TOSHIBA 20121003.115132.TSB_Hosp.ID:20121003.11... O CDC ATHENA 'V. dei Pini' - OPE - Abdomen

03.10.2012 11:54:19



FNB: HCC CENTRO LOBO DESTRO

20121003.115132.TSB_Hosp.ID:20121003.11... O TOSHIBA CDC ATHENA 'V. dei Pini' - OPE - Abdomen

03.10.2012 12:10:24



FNB: Complementare all' US.

Fornari et al. Am J Gastroenterol, 1994. Herszenyi et al. Ital J Gastroenterol, 1995.

FNB

Costi: 115.000 Lire

VALUE OF ULTRASONOGRAPHY –GUIDED FINE NEEDLE ASPIRATION CYTOLOGY IN THE INVESTIGATIVE SEQUENCE OF HEPATIC LESIONS WITH AN EMPHASIS ON HEPATOCELLUAR CARCINOMA

Swamy MC et Al J-Cytol 2011 oct

72 cases

HCC 36.12%

MTS 19.45%

Cirrhosis 8.34%

Overall diagnostic accuracy:97.82%

Sensitivity:96.87 Specificity:100%

Conclusions

US guided FNAC of the liver is the safe simple cost effective and accurate method for cytological diagnosis of hepatic diffuse and nodular lesions

COMPARISON OF NEEDLE ASPIRATION CYTOLOGY AND NEEDLE CORE BIOPSY IN THE DIAGNOSIS OF RADIOLOGICALLY DETECTED ABDOMINAL LESIONS.

Stewart CJ J Clin Pathol 2002, feb

CONCLUSIONS:

FNA CYTOLOGY IS MORE SENSITIVE AND ACCURATE THAN NCB IN THE DIAGNOSIS OF ABDOMINAL LESIONS AND ALSO OFFERS MORE RAPID DIAGNOSIS .HOWEVER, THE COMBINATION OF THE TWO TCNIQUES INREASES THE DIAGNOSTIC SENSITIVITY

Complicanze dopo FNB

- Mortalità: 0.031% (5 morti su 16381 biopsie)
 - 16/21 morti FNB fegato per emorragie
 - 5/6 morti FNB pancreas per pancreatite
- Seeding: 0.003%

US-GUIDED INTERVENTIONAL PROCEDURES

N° patients	Type and number of lesions			Kind of needle	
12962	Total 13397	FNB (22G)	CNB (19G)		
	нсс	9780	73	10915	965
	Metastases	1128	8.4	1101	524
	Cholangiocarcin.	187	1.4	138	95
	Small absc. <2cm	90	0.6	93	-
	Hydatid liver cysts	97	0.7	97	-
	Mycotic abscess	111	8.0	121	-
	Focal steatosis	688	5.1	416	538
	Hemangiomas	429	3.2	453	4
	Cirrhotic rig. nod.	187	1.4	236	194
	Biliary cysts	658	4.9	693	-
	Other	42	0.3	65	-
				14328	2320

Giorgio et al, Radiology 2000.

DIAGNOSTIC INTERVENTIONAL PROCEDURES

- No death occurred after diagnostic procedures.
- The only major complication observed after FNB was a self-limiting mild hemoperitoneum detectable at US five minutes after the puncture in one patient (36% PT)
- It didn't require blood transfusion.

Giorgio et al : Radiology , 2000 Giorgio et al: J Ultrasond Med , 2003

ECOINTERVENTISTICA TERAPEUTICA

ascessi

cisti idatidee

ablazione HCC su cirrosi da HCV/HBV

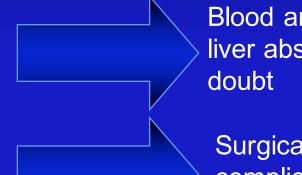
Pyogenic liver abscesses

Sharara Al et al, Curr Treat Options Gastroenterol 2002; 5 (6):437-442



The optimal treatment of pyogenic liver abscess is percutaneous drainage (PD) and intravenous broad-spectrum antibiotics with activity against enteric aerobic and anaerobic bacteria

Success rate 76-100%



Blood and abscess cultures should be obtained and amebic liver abscess carefully eliminated when the diagnosis is in doubt

Surgical laparoscopic drainage is reserved for patients with complicated abscesses or after failure of response to initial medical therapy Hepatic abscesses (HA) in immunocompromised patients ultrasonically guided percutaneous drainage Gastrointestinal Radiol 1992 Spring; 17(2):175-8

Civardi G, Filice C, Caremani M, Giorgio A.

US-PD must be considered the therapy of choice for hepatic abscess (except the fungal lesions) in severely immunocompromised pts

Clinical efficacy of ultrasound guided percutaneous drainage of abscesses in patients with leukaemia and lymphoma

Eur J Cancer 1998 Mar;34(4):580-3

Civardi G, Filice C, Caremani M, Giorgio A, Vallisa D, Berte L, Cavanna L.

Pyogenic Liver Abscesses: 13 Years of Experience in Percutaneous Needle Aspiration With Us Guidance

A. Giorgio et al, , Radiology, 1995

115 pts/140 abscesses (range: 3-16 cm)

- hospitalization
- puncture & aspiration with needles whit varying caliber (16-21G)

Results

Success rate: 97.8%

No complications were observed

Methods (since 1991)

- Only one aspiration
- Short hospitalization (3 days)
- Outpatients if good condition



US Guided Percutaneous Aspiration of Pyogenic Liver Abscesses is:

- Efficient quick defervescence, high cure rate, no relapses
- Safe
 no major complications or deaths
- Low-cost procedure needles cheaper than sump catheters short hospitalization

Treatment of pyogenic liver abscesses: prospective randomized comparison of catheter drainage and needle aspiration

YU SC et al, Hepatology 2004, 39 (4):932-8

Aim

To compare the therapeutic effectiveness of continuous catheter drainage (CD) versus intermittent needle aspiration (NA) in the treatment of pyogenic liver abscesses



Materials & Methods

Over a 5-year period 64 consecutive pts with PLA were treated with intravenous antibiotics and randomized into 2 percutaneous groups: continuous CD and intermittent NA

Conclusi

Due to the additional advantages of procedure simplicity, patients comfort and reduced price, NA deserves to be considered as a first-line drainage approach



Percutaneous needle aspiration of multiple pyogenic abscesses of the liver: 13-year single/center experience A. Giorgio et al. AJR DEC 2006

patients/methods

39 pts/ 118 PLA, all pts had been treated with antibiotics alone (16 days), in all 39: persistence of fever. US/ CT: liver abscesses were increasing in size or number

RESULTS

CONCLUSION

36 pts (92.3%) underwent a single aspiration in a single session no pt needed percutaneous catheter drainage or open surgical drainage no abscesses recurred during the follow-up

PNA of PLA is a safe, effective and was acceptable to pts.

Our data suggest that PNA should always be
undertaken before catheter drainage or surgery



Echo-Guided Percutaneous Puncture: A Safe and Valuable Therapeutic Tool for Amebic Liver Abscess

Antonio Giorgio, Pietro Amoroso, Giampiero Francica, Giorgio de Stefano, Paolo Fico, Gennaro Lettieri, Luciano Tarantino, Livio Finelli, Flavio Fiorentino, and Paola Pierri 5th Division, "D. Cotugno" Hospital for Infectious Diseases, Naples, Italy



Amebic liver abscesses: a new epidemiological trend in a non-endemic area

A. Giorgio et al In vivo; 2009

✓ 20 pazienti osservati dal 1979 al 1987

mortalità 0% successo 100%

28 pazienti osservati dal 1988 al 2007

2 pts deceduti per meningite amebica (nuovo trend in epidemiologia ?)

Percutaneous Treatment of Hydatid Liver Cysts: An Update

Giorgio A. et al

Recent Patents on Anti-Infective Drug Discovery ,2012- Dec

Percutaneous Treatment of Hydatid Liver Cysts: An Update

Liver hydatidosis is the most common clinical presentation of cystic echinococcosys. Although liver cistic hydatidosis is considered a benign disease and many patients do not develop symptoms for years, its complications can be severe and life threatening, thus treatment is recommendend for all aviable and active cysts. Among the therapeutical options avaliable for this disease, such as open and laparoscopic surgery and chemoterapy, percoutaneosus treatment have gained considerable interest over the last decades, due to their efficacy safety and high patients acceptability

Giorgio A. et al

Recent Patents on Anti-Infective Drug Discovery ,2012- Dec

Hydatid liver cyst

ercutaneous A spiration njection Re - aspiration



Treatment of hydatid cyst of the liver: where is the evidence?

Dziri C et al. 2004 World J Surg 28 (8):731-6

Treatment of hydatid cyst of the liver



the level of evidence was to low to help decide between radical or conservative treatment (level IV evidence, grade C recommendation). The laparoscopic approach is safe (level IV evidence, grade C recommendation)

percutaneous drainage associated with albendazole therapy is safe and efficient in selected patients (level II evidence, grade B recommendation)

Treatment options for hepatic cystic echinococcosis Smego RA Jr et al. 2005 Int J Infect Dis 9 (2):69-76

✓ PAIR appears to have greater clinical efficacy
(i.e. a higher incidence of cure), lower rates of major
and minor complications, mortality, and disease recurrence,
and fewer days
of hospitalization compared
to pts treated surgically

Unilocular Hydatid Liver Cysts: treatment with US-guided, double percutaneous aspiration and alcohol injection (D-PAI)

Giorgio A. et al. Radiology 1992

the ethanol is not re-aspirated and left in situ the procedure is repeated 3/7 days later

Long-term results of percutaneous treatment of hydatid liver cysts: a single centre 17 years experience

January 1988-January 2005

Study population

168 pts (108 males, age range 13-80 yrs, mean 42 yrs)

225 HLCs (2.8-20 cm, type CL/CE5, WHO/OIE 2001 Classification)

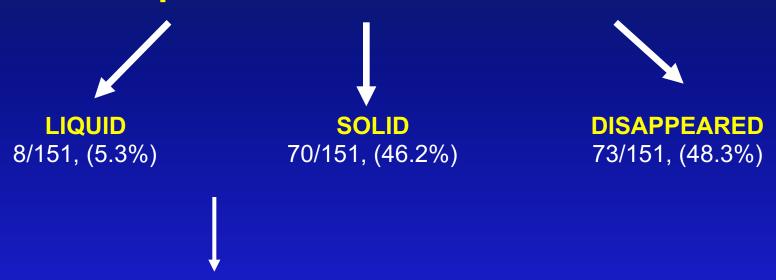






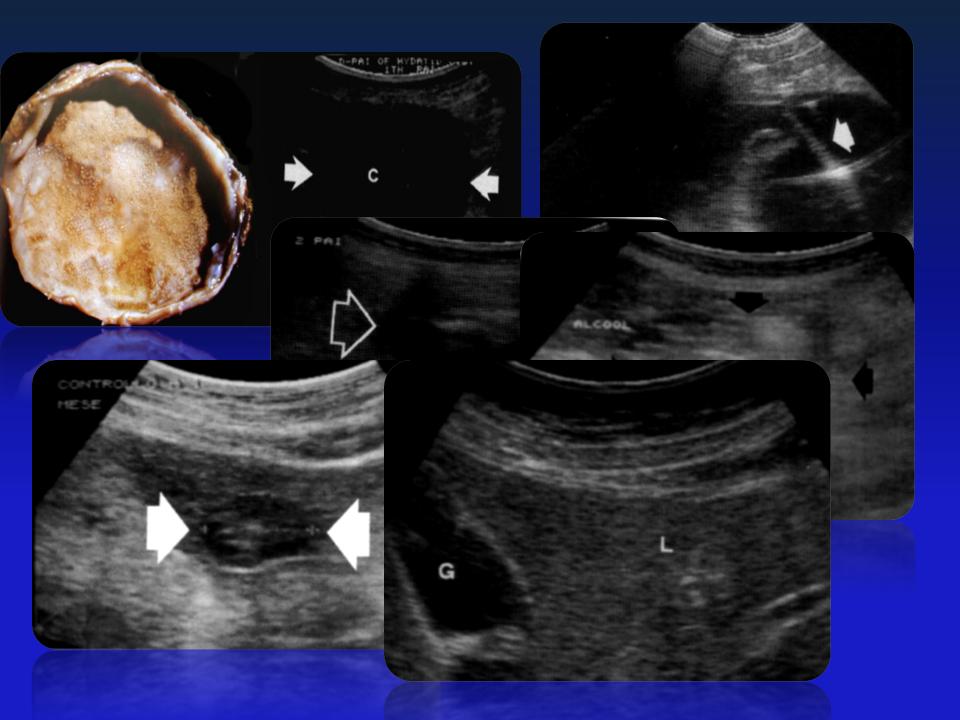
Results

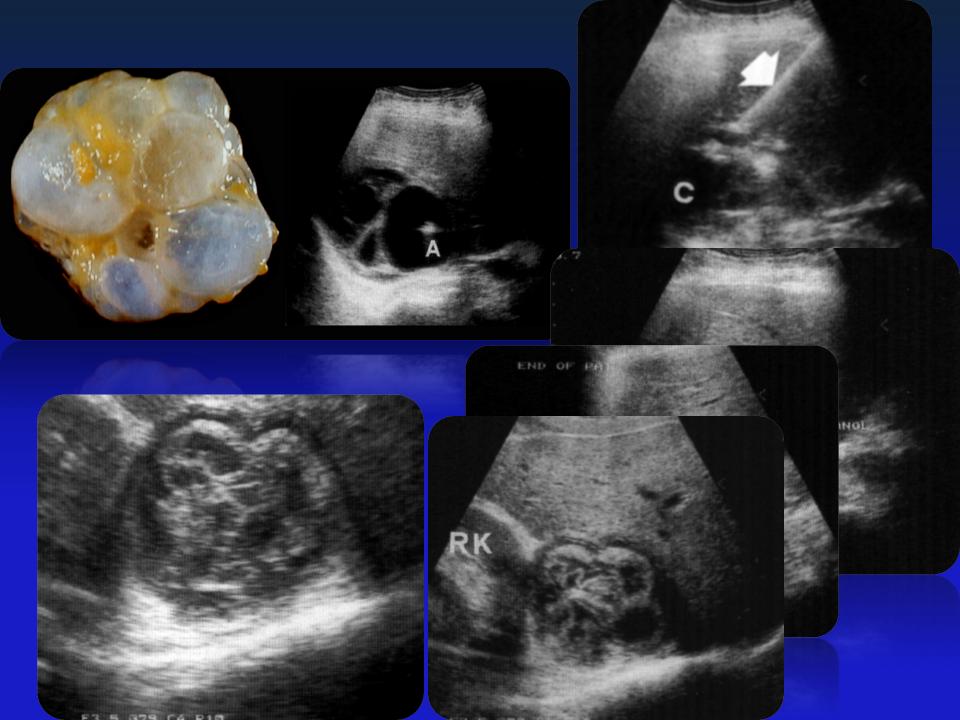
US patterns at last examination



50-80% decreased volume

100% parasitologic cure





Complications

mortality rate 0.9% (1 case)

morbility rate 8.6%

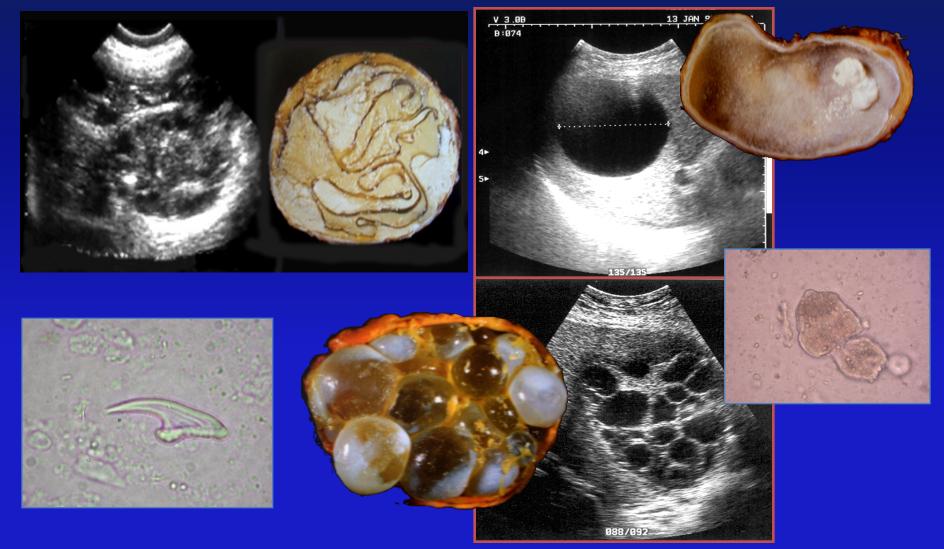
6/151 (4%) local recurrences multiloculated cysts

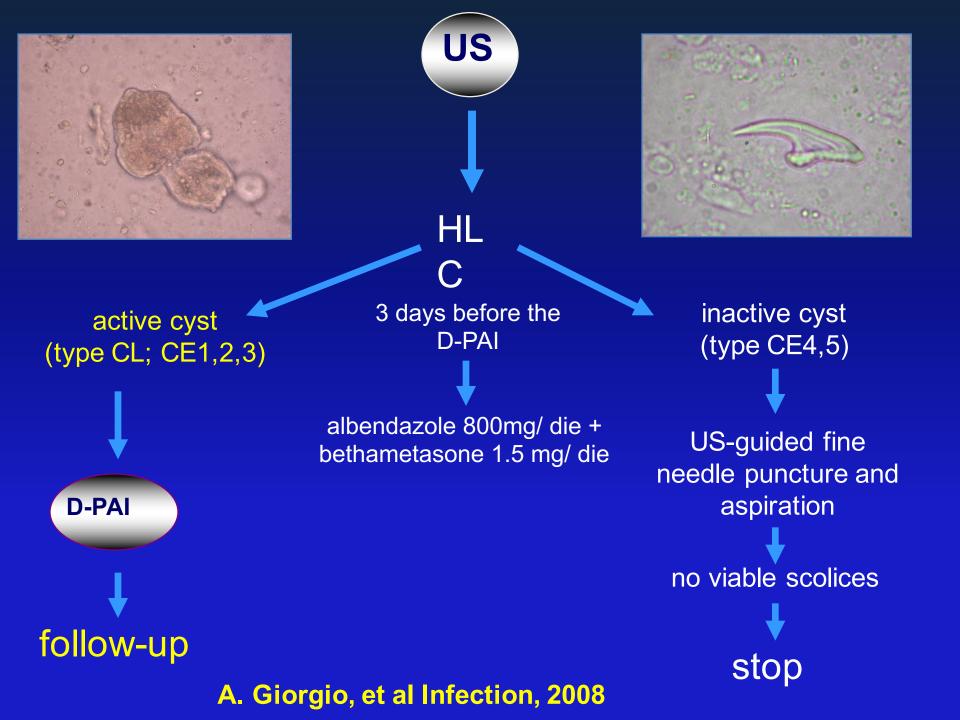
✓ No recurrence in the distant areas of the liver,

and other organs

HLC: WHO viability classification

inactive active

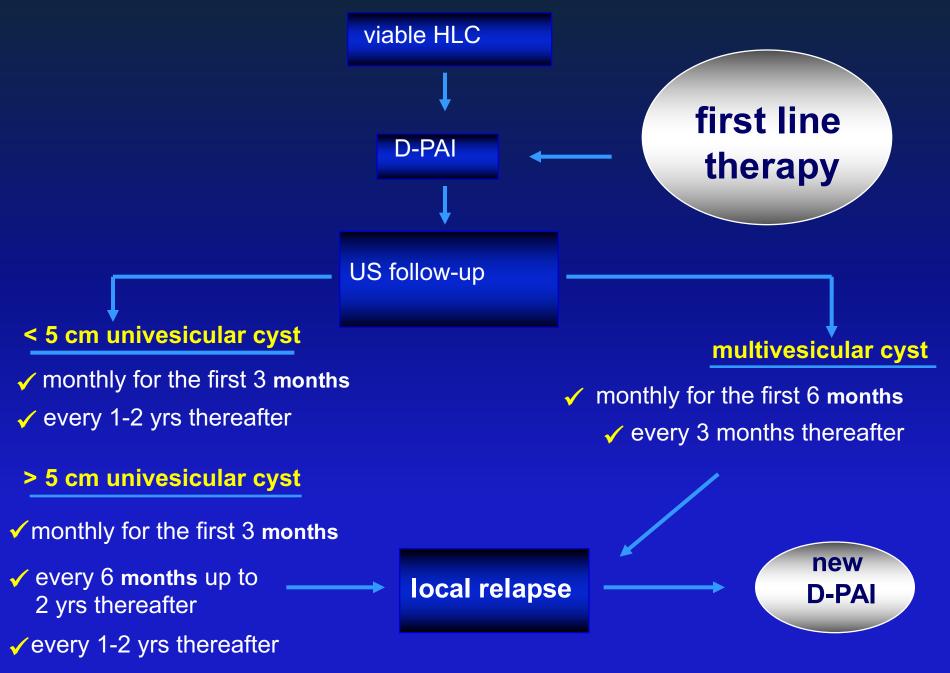




Sonographic and clinical outcome of viable hydatid liver cysts treated with Double Percutaneous Aspiration and ethanol Injection as first line therapy:

efficacy and long term follow-up

A. Giorgio et al, AJR September 2009



A. Giorgio et al AJR September 2009

ABLAZIONE PERCUTANEA DEI TUMORI DEL FEGATO

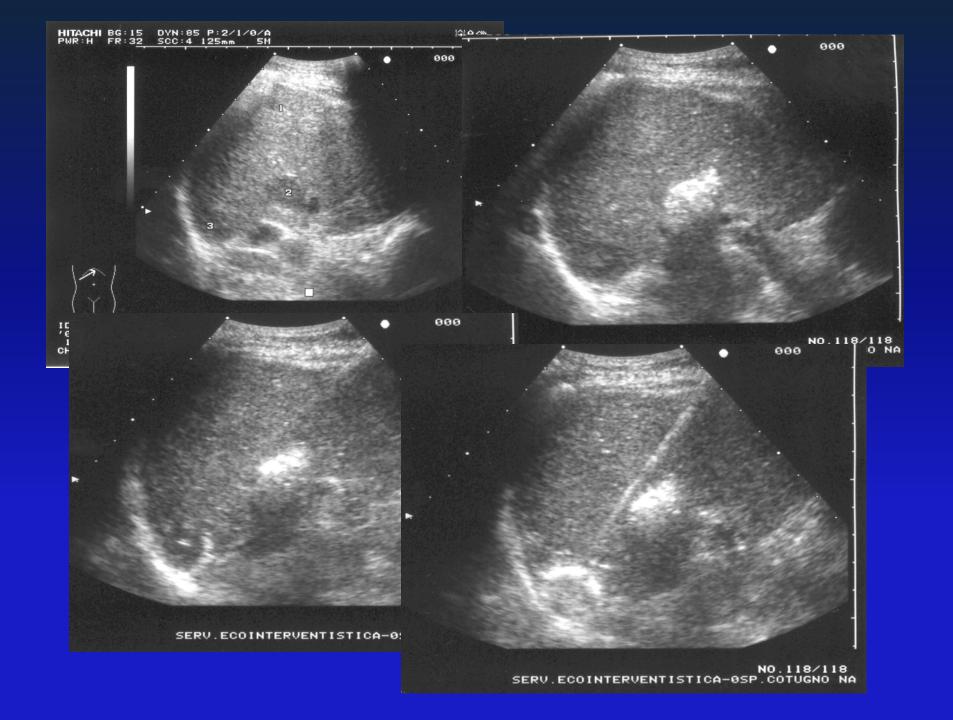
PEI - RF

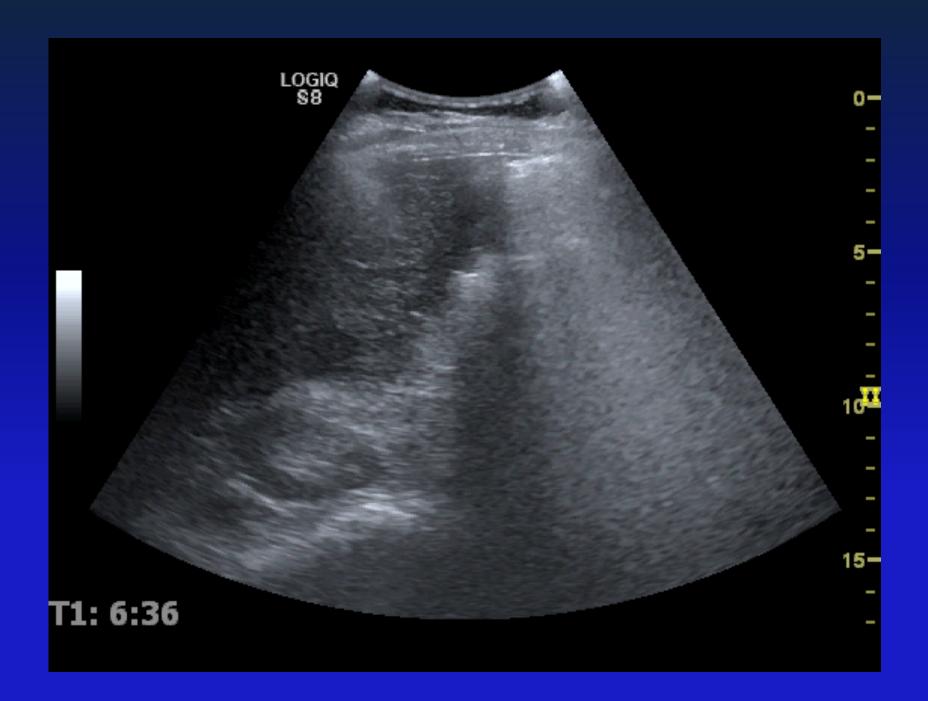
Laser – Microwave - Focused US - Hot water

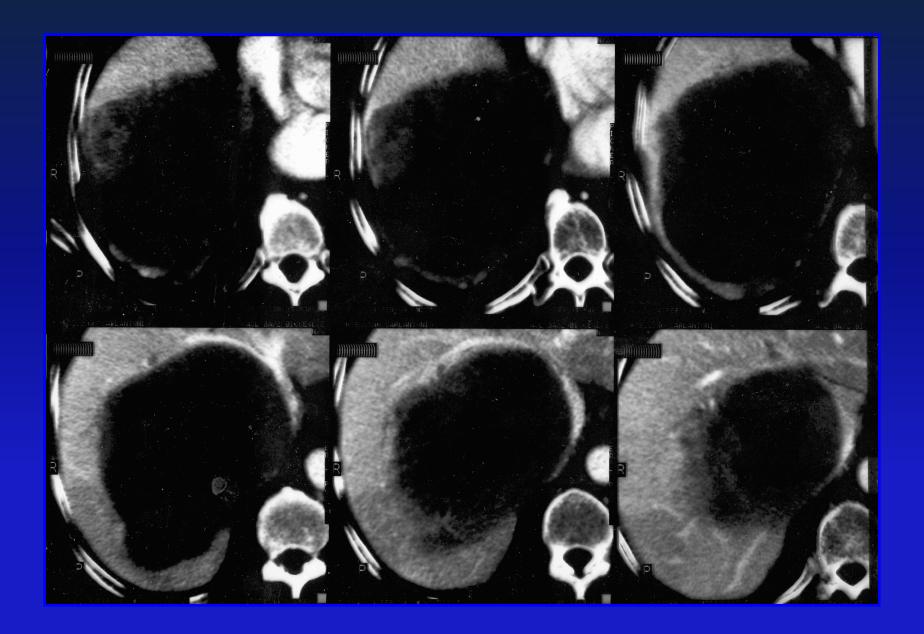


ETHANOL'S ACTION

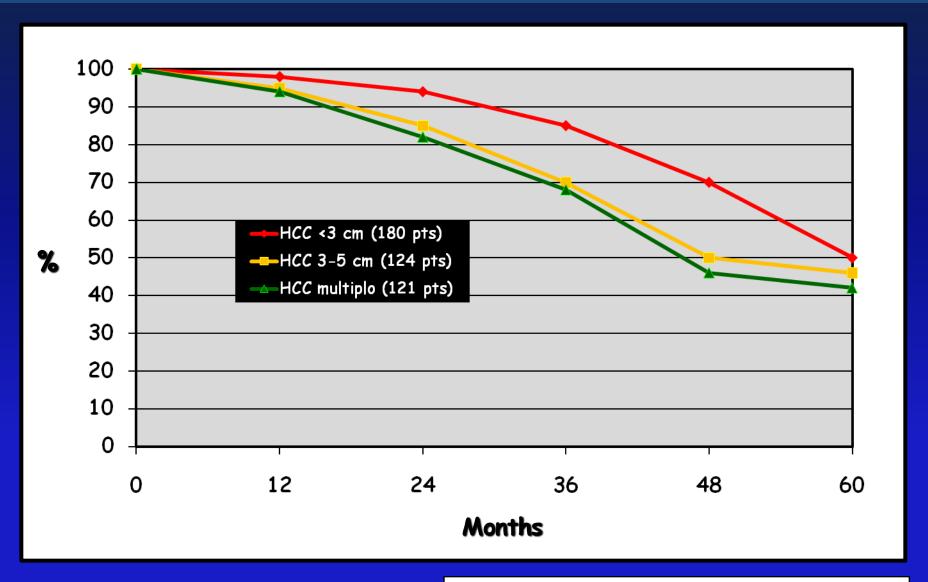
1)COAGULATIVE NECROSIS
2)TRHOMBOSIS OF SMALL
VESSELS OF THE TUMOR





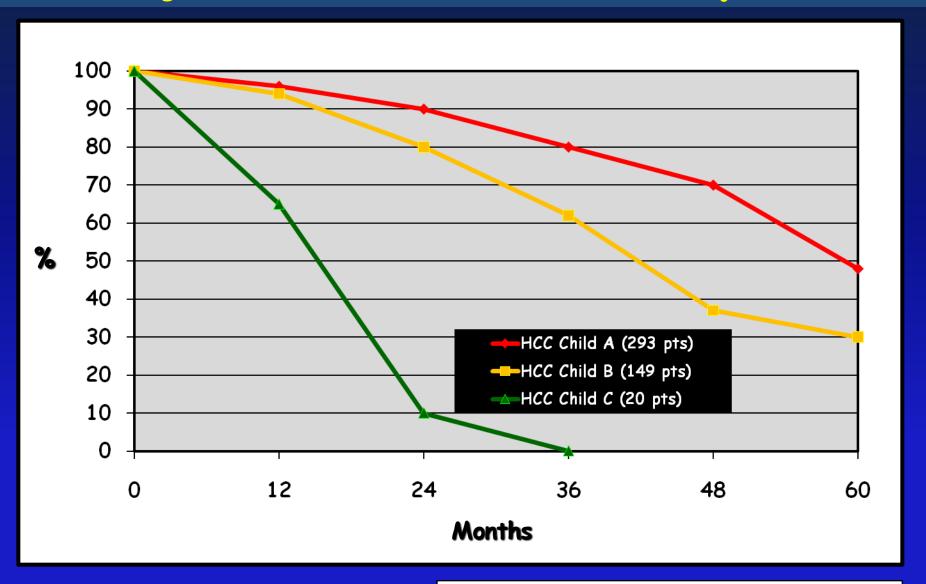


Hepatocellular Carcinoma and Cirrhosis in 746 Patients: Long-term Results of Percutaneous Ethanol Injection



Livraghi T, Giorgio A. Radiology 1995

Hepatocellular Carcinoma and Cirrhosis in 746 Patients: Long-term Results of Percutaneous Ethanol Injection



Livraghi T, Giorgio A. Radiology 1995

PEI in the treatment of hepatocellular carcinoma: a multicenter survey of evaluation practices and complication rates

Death (Hemoperitoneum) 1/1066 patients (0.09%)

Complications: 34/1066 patients (3.2%)

Hemoperitoneum: 5

Hemobilia: 2

Subcapsular hematoma: 1

Parietal hematoma: 1

Intestinal perforation: 1

Acute cholangitis: 1

Early abscess: 2

Caval vein thrombosis: 1

Portal vein thrombosis: 3

Pneumothorax: 2

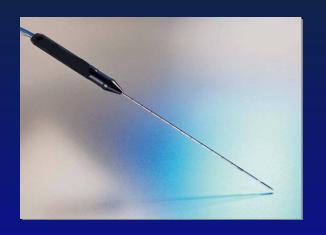
Right pleural effusion: 5

Hepatic infarction: 3

Tumor seeding: 7

Di Stasi M et al. Scan J Gastroenterol 1997











RF'S ACTION

RF CAUSES FRICTION OF IONS IN THE TISSUE AND THE FRICTION PRODUCES HEAT.

THE PRODUCTION OF HEAT WILL BE LARGEST WHERE THE CURRENT DENSITY IS LARGEST, AND THIS IS AROUND THE ELECTRODE TIP.

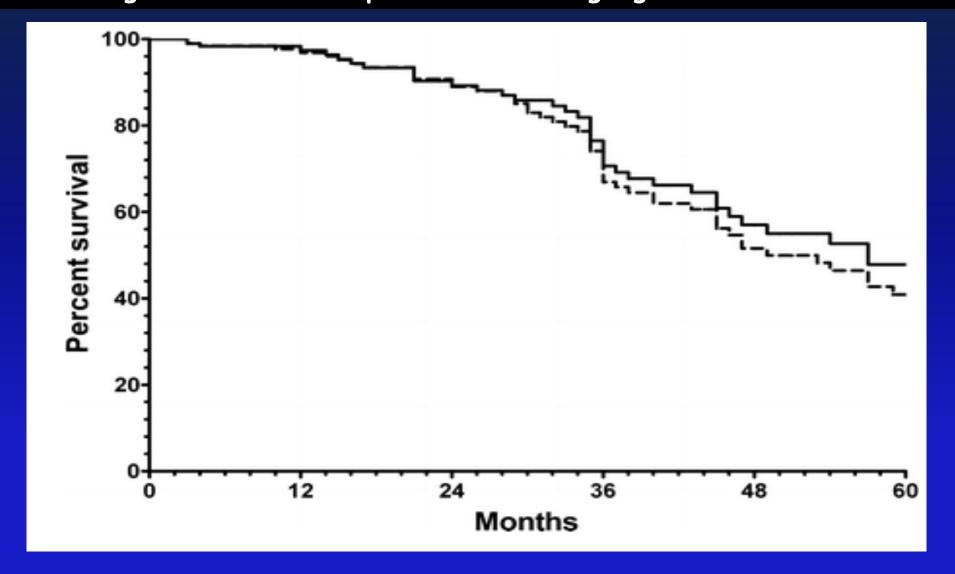


Percutaneous sonographically guided saline-enhanced radiofrequency ablation of hepatocellular carcinoma

Number of nodules	Size (cm)	Number of sessions	Number of insertion per session	Complete necrosis (%)		Partial necrosis (%)	Recurrences
42	<u><</u> 3	1	1		95	5	1
30	3.1 - 4.0	1	1		83	17	3
15	4.1 - 5.0	1	2 - 3		47	53	3
8	5.1 - 8.5	2	3		12	88	6
Total 95	Range 1.5 - 8.5	-	-	Total 77		Total 23	Total 13

Giorgio A et al. AJR 2003

Early-stage HCC in patients with cirrhosis: long-term results of percutaneous image-guided RF ablation



Lencioni R et al. Radiology 2005

Complications after saline-enhanced RF ablation of HCC on cirrhosis: 3-year experience of a single center on 338 patients

Major complications

✓ 1 death (2 cm, Child B, 2 months after RF, decompensation of liver cirrhosis) 0,3%

✓ 1 liver abscess on segment VI

0,3%

Giorgio A et al. AJR 2005

Sustained complete response and complications rates after RF ablation of very early HCC in cirrhosis: is resection still the treatment of choice?

218 pts with single HCC ≤ 2.0 cm (very early or T1 stage) underwent RFA.

After a median follow-up of 31 months, sustained complete response was observed in 216 patients (97.2%)

Peri-operative mortality rate 0%
Major complication rate 1,8%
5-year survival rate 68.5%

Compared with resection RFA is less invasive, with lower complication rate, lower costs and similar local control and survival

These data indicate that RFA can be considered the treatment of choice for patients with single HCC <or= 2.0 cm, even when surgical resection is possible

Livraghi T et al. Hepatology 2008

Percutaneous ethanol injection for small HCC therapeutic efficacy based on 20-year experience

270 pt with small HCC < 3 cm

no deaths
major complications 2.2%
complete necrosis 100%
local recurrence 10% at 3 years

- √ 3/5 years survival rates 81.6% and 60.35%
 - ✓ single nodule Child A< 2 cm 3 and 5 years survival rates 87.3% and 74.3%
 - ✓ survival was significantly influenced by liver function and AFP

Ebara et al. Hepatology 2005

Percutaneous RF ablation of HCC on cirrhosis:state of the art and future perspectives

A. Giorgio: Recent Pat Anti-Cancer Drug Discov, Jan 2010

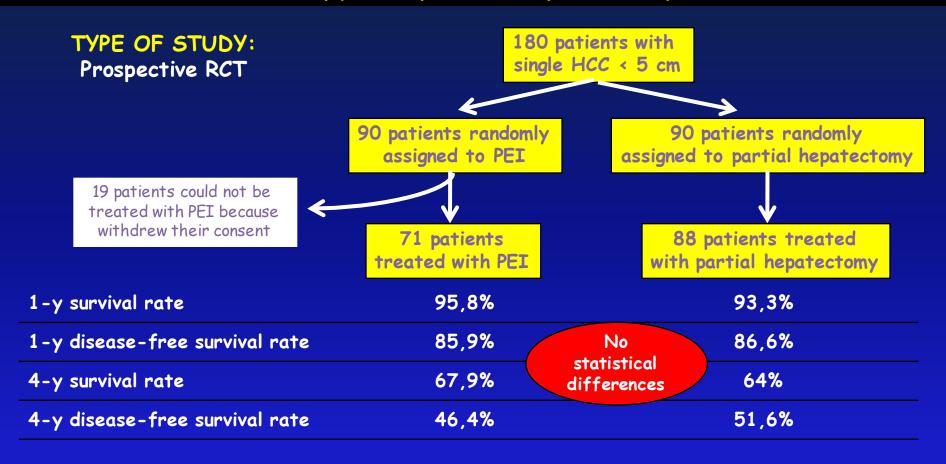
- ✓ RF ablation has gained great popularity in the treatment of HCC on cirrhosis and it is replacing PEI in treating 3 cm or less HCC
- ✓ Its necrotic effect is more predictable than that of PEI and therefore RF can achieve a longer local tumor progression control and survival
- ✓ In the last 4 yrs many data on its efficacy have been added in the literature and long-term results on 3-5 yr survival are available

Recommendations

PEI and RF are equally effective for HCC
<2 cm. The necrotic effect of RF is more
predictable in all tumor sizes and its efficacy is
clearly superior to that of PEI in larger tumours (level I)

The main drawback of RF is its higher cost and the higher rate (up to 10%) of adverse events (pleural effusion and peritoneal bleeding)

A prospective randomized trial comparing percutaneous local ablative therapy and partial hepatectomy for small HCC



PEI was as effective as surgical resection in the treatment of solitary and small HCC

Chen MS et al. Ann Surg 2006

RF ablation vs PEI for small HCC in cirrhosis: meta-analysis of randomized controlled trials.

Orlando A et al. Am J Gastroenterol 2009

"RF impoves 3-year survival"

Systematic review of randomized trials for HCC treated with percutaneous ablation therapies
Cho YK et al. Hepatology 2009
"nevertheless there is no evidence favoring RFA for lesions < 2cm"

Meta-anlysis of percutaneous radiofrequency ablation versus ethanol injection in HCC
Bouza C et al. BMC Gastroenterology 2009
"overall cost-effectiveness of RFA needs further evaluation"

Clinical outcome of RF, PEI and acetic acid for HCC: a meta-analysis

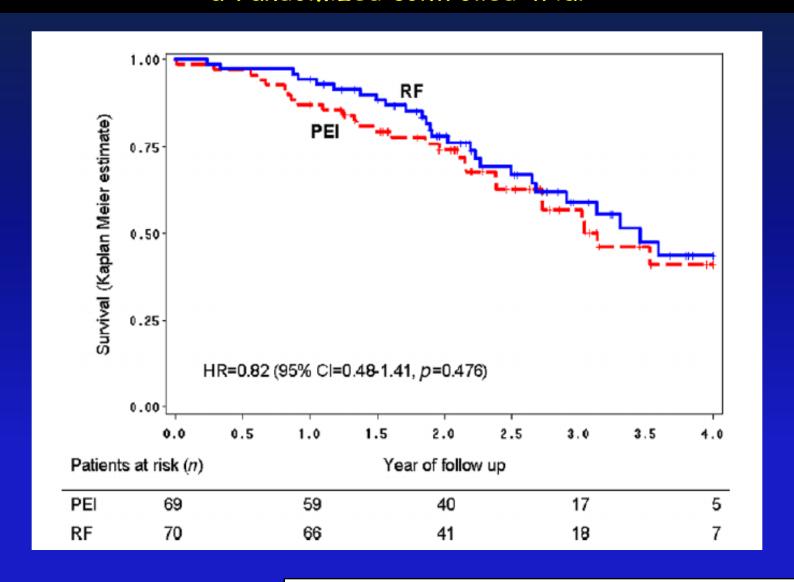
Germani G et al. J Hepatol 2010

RF > PEI >2 cm(seems)

PEI=RF <2cm

"emerging economies"

Radiofrequency ablation versus ethanol injection for early HCC: a randomized controlled trial



Brunello F et al. Scan J Gastroenterol 2008

Percutaneous radiofrequency ablation of hepatocellular carcinoma compared to percutaneous ethanol injection in treatmentof cirrhotic patients:

An italian randomized controlled trial.

Giorgio A et al.

Anticancer Research june 2011

to compare 5 year survival in cirrhotic pts treated with PEI or RF for single HCC (= or < 3 cm)



primary endpoints

- ✓ overall cumulative survival
 - ✓ local/distant recurrences

secondary endpoints

- 5 year survival in HCC ≤ 2 cm
- feasibility for segmental location

patients and methods



132 pts/132 HCC (≤ 3 cm) (87m/45f; age range 70-85 yrs)
63 in Child A, 69 in Child B
111 with cirrhosis HCV correlated
21 with cirrhosis HBV correlated

PEI

147 pts/147 HCC (≤ 3 cm) (92m/55f; age range 68-82 yrs)
72 in Child A, 75 in Child B
118 with cirrhosis HCV correlated
29 with cirrhosis HBV correlated

One shot PEI - RF under general anaesthesia

results

feasibility in relation to segmental hepatic localization

14 pts with 14 HCC nodules

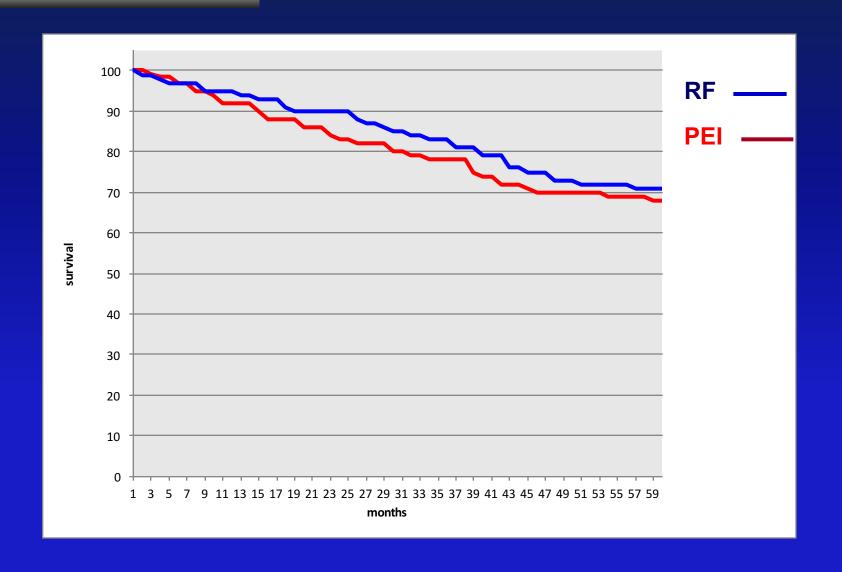
4 pts: caudate lobe

3 pts: II

5 pts: VIII

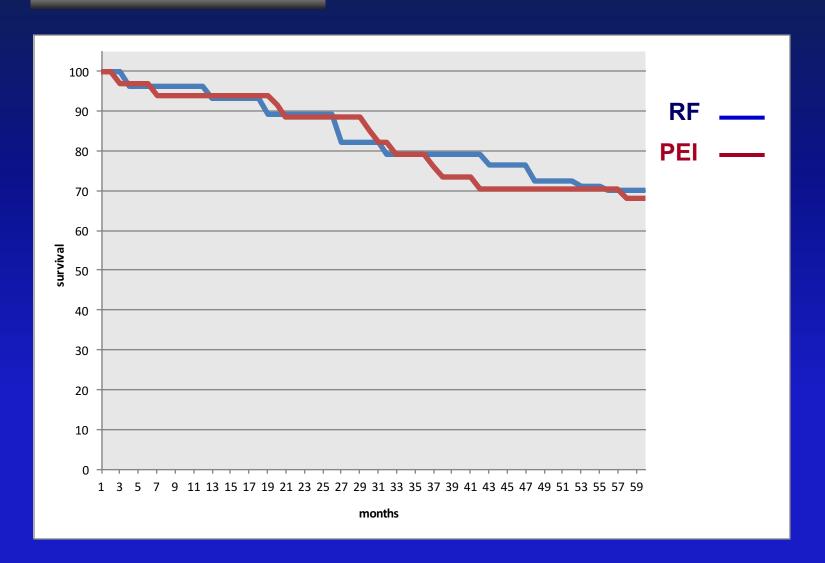
2 pts: VII

HCC ≤ 3 cm



results

HCC ≤ 2 cm



Costs of PEI/RF procedures

RF: 450,45/555,75 Euro + vat

Are phisicians and collaborators expensive in italy?

conclusion

✓ in this study PEI and RF showed same results in terms of cumulative 4 years survival rate and absence of major complications

- ✓ feasibility, even in expert hands is not the same for both procedures,
- ✓ rate of complete necrosis is not different in both treatments
- ✓ PEI obviously is less expensive than RF

Ablation for hepatocellular carcinoma: is there a need to have a winning technique?

Neverthless it appears that the assumption of RF as the first line technique is not incorrect, but this not means that ethanol injection is to be dismissed

Does this mean that ethanol injection is not useful? **NOT AT ALL!**

In HCC < 2 cm both ethanol injection and RFA are highly effective. Some tumors are located at risk sites and RFA treatment can incure severe complications. In addition, in tumors larger than 2 cm in size, initial RF may leave a tiny nest of viable tissue that can be ablated by ethanol with a rilevant saving of resources.

Forner A, Bruix J. J Hepatol 2010