

VI Corso Nazionale di Ecografia Clinica SIEMC

Napoli, 19/22 ottobre 2019

**“ Ruolo dell’Ecografia nella nuova Epidemiologia delle
Epatopatie diffuse ”**

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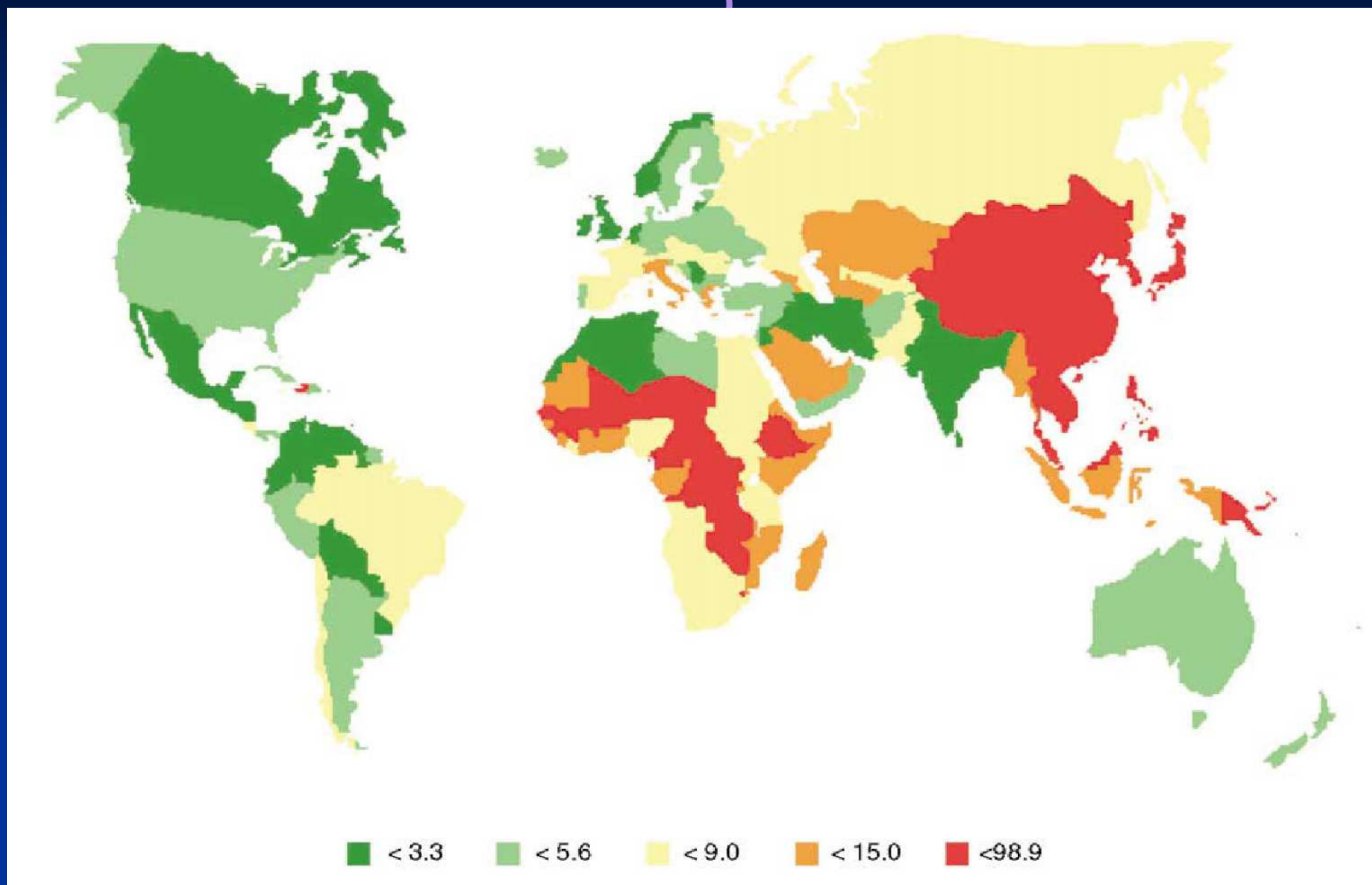
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HCV epidemiology in 2011: estimation of number of patients ever infected



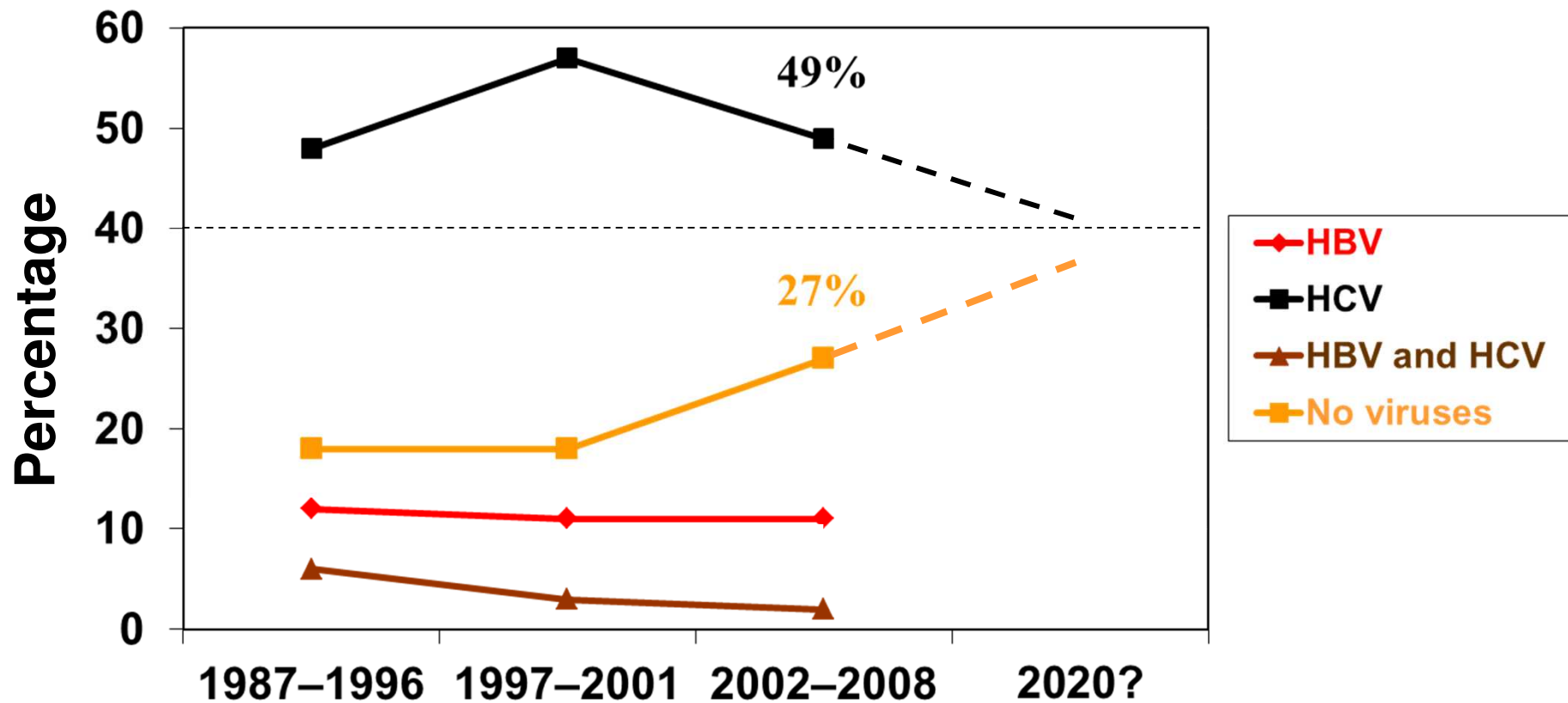
Hepatocellular Carcinoma (HCC) incidence / 100.000



Etiology of HCC in Italy: observed and expected temporal trends



11 centers, 3027 patients, recruitment period 1987–2008



***Rischio annuale (per 100 per anno) di sviluppo di
HCC su cirrosi***

(Kanwal F, Singal AG, Gastroenterology 2019)

■ HCV/HBV non trattate 2,4

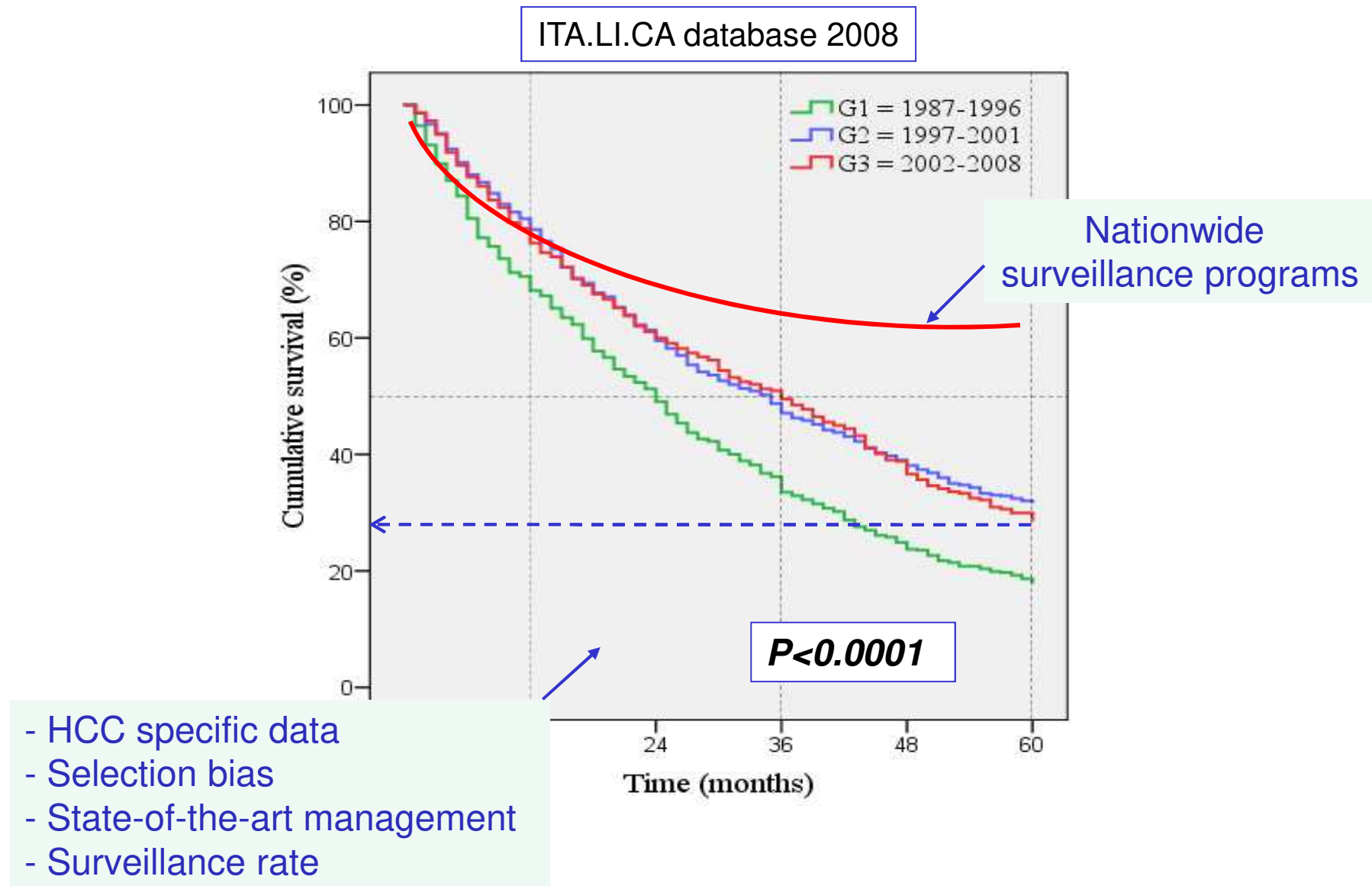
Fattori di rischio emergenti :

■ HCV trattata 1,8

■ HBV soppressa 1,3

■ NAFLD 1,0

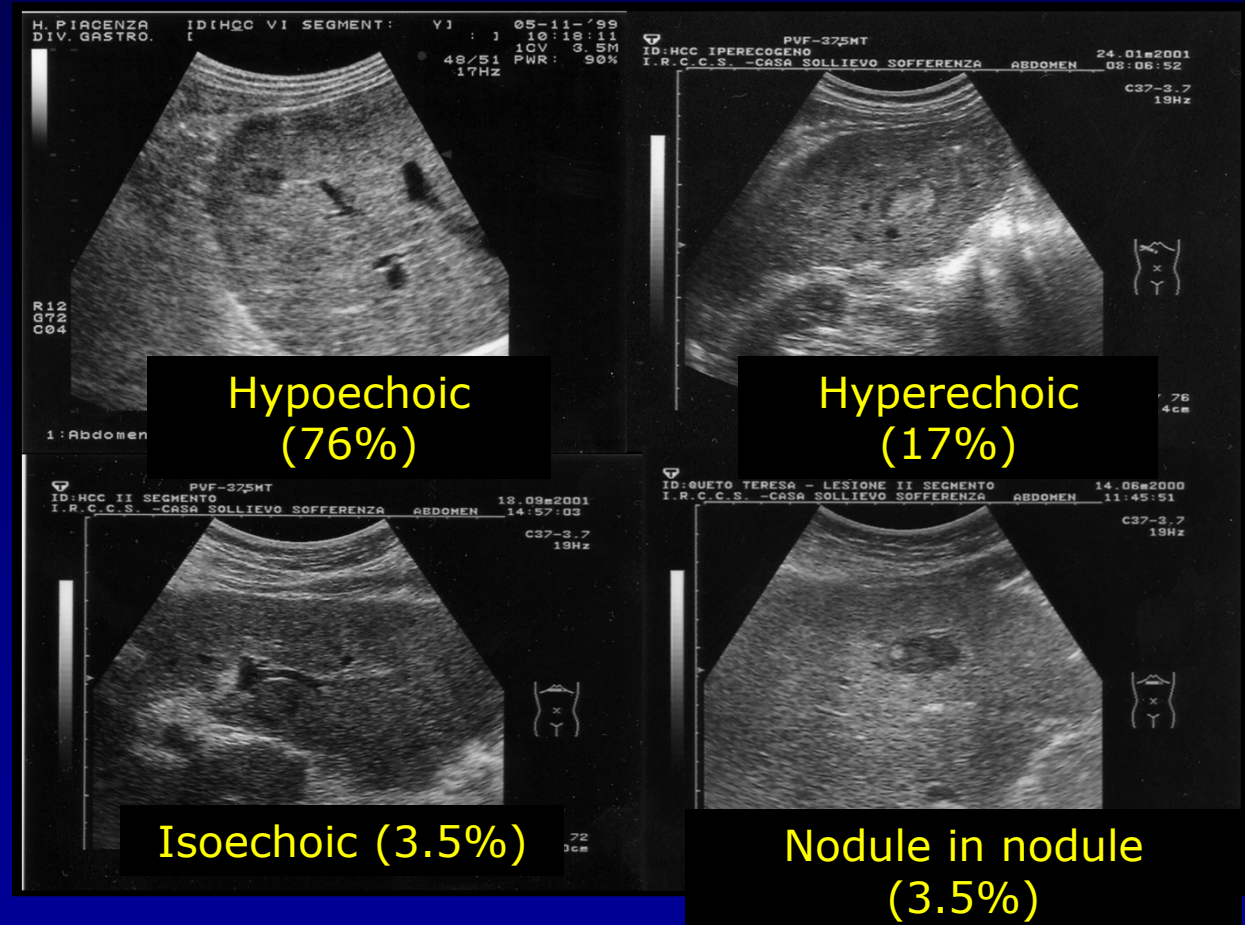
Survival of HCC patients in ITA.LI.CA



US detection of HCC

location

pattern (nodules < 2 cm)



Hypoechoic
(76%)

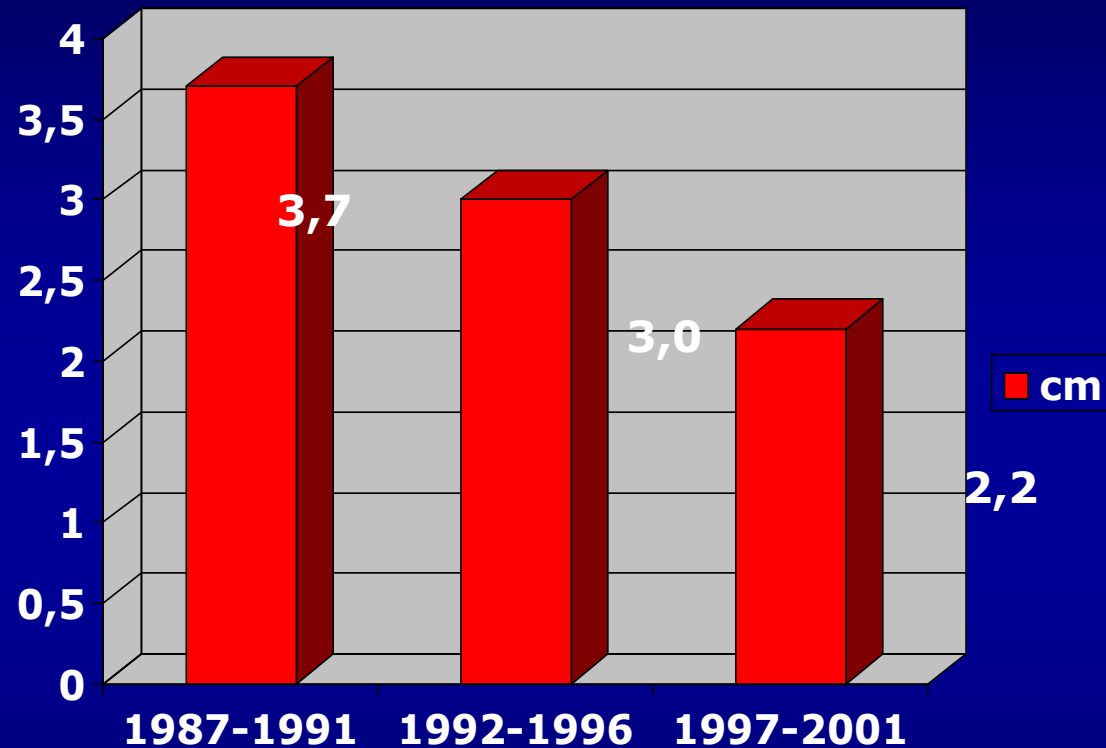
Hyperechoic
(17%)

Isoechoic (3.5%)

Nodule in nodule
(3.5%)

Rapaccini GL, Liver Int 2004

Mean diameter of HCC diagnosed by screening during three successive 5-year periods (417 cirrhotics)



Sangiovanni A, Gastroenterology 2004

Sorveglianza per la diagnosi di HCC «early»

- US $\pm$ α FP ogni 6 mesi : l'intervallo di 3 mesi non aumenta il numero dei casi «early» e non migliora l'accessibilità ai trattamenti (Trinchet JC, Hepatol, 2011)
- La sorveglianza con TC non migliora sensibilità e specificità, senza significativa differenza rispetto a US
(Pocha C, Aliment Pharmacol Ther, 2013)
- La sorveglianza con RM aumenta il numero di diagnosi di early HCC, ma non è cost-effective

(Kim SY, JAMA Oncol, 2017)



« ..uso routinario di US e α FP ogni 6 mesi nella sorveglianza per HCC su cirrosi»

(Lee E, Clin Gastr Hepatol, 2013 ; Tzartzeva K, Gastroenterology, 2018)

Le diverse “ere” della terapia anti - HCV

IFN (< 30%)



IFN + RIBA (< 50%)



IFN + RIBA + DAA 1° g (70 – 80 %)



DAA (IFN free)

> 90 %

Trattamento antivirale per l'infezione da HCV

- *SVR : HCV-RNA non dosabile dopo 12-24 settimane dalla fine del trattamento (recidiva infrequente)*
- *Fattori prognostici della SVR : genotipo
carica virale
polimorfismo IL28B
grado della fibrosi
insulino-resistenza*
- *I dati disponibili su incidenza e ricorrenza di HCC a lungo termine nei pz trattati derivano prevalentemente dagli studi su IFN ± RIBA*



Assioma : SVR = prevenzione HCC (?)

Sviluppo di HCC : cfr SVR+ / SVR-

- *Van de Meer, Jama 2012: 10-yrs incidence → SVR+ = 5,1%
SVR- = 21,8%*
- *Morgan, Ann Int Med 2013 (31.528 pz SVR+) → rischio relativo = 0.24 in pz con epatopatia a qualunque stadio
0.23 in pz con fibrosi avanzata (F3, cirrosi)*
- *Yu, Antivir Ther 2006 → l'incidenza di HCC non differisce tra pz non sottoposti a terapia e pz in cui la terapia ha fallito*
- *Singal Clin Gastr Hepatol 2010 → in pz con viremia persistente il prolungamento del trattamento con IFN non riduce il rischio di HCC*



SVR = riduzione incidenza di HCC è un'equazione ?

Equazione « SVR = ridotto rischio di HCC »

*IFN ± RIBA → SVR → ridotto rischio di HCC = **DAA**s →
SVR → ridotto rischio di HCC ??*

- *IFN : attività antiproliferativa di per sé..*
- *La SVR riduce ma non elimina il rischio di HCC : **la fibrosi severa (cirrosi) è il singolo più importante fattore di rischio di HCC anche dopo SVR** (Makiyama, Cancer, 2004)*
- *L'età (durata della malattia cronica di fegato) è un altro significativo determinante dello sviluppo di HCC*
- *Un processo di carcinogenesi epatica può iniziare prima dell'inizio del trattamento antivirale (**e non essere visibile alle tecniche diagnostiche ...**)*

*Reig M et al. « Unexpected tumor recurrence in patients with HCV-related HCC undergoing IFN-free therapy : a note of **caution**» (J Hepatol, april 2016)*

- 103 pts with prior HCC
- 58 pts with inclusion criteria : - **HCC treated prior DAA**
 - Complete response to curative
 - DAA starting withouth HCC or non characterized nodules
 - SVR12 = 97,5%
- 55 pts cirrhotic
- Median follow-up : **5,7 mth**
- Radiologic tumor recurrence : 16 pts (**27,6% !**)

Cammà C et al., J Hepatol, 2016 « DAA and risk for HCC early recurrence : Much ado about nothing » (letter)

- *The 27.6% of recurrence probably relates with different clinical characteristics of pts, different HCC treatment modalities and the wide range of time elapsed between HCC treatment and DAA initiation (1.2 - 87.7 months !)*
- *To evaluate the K-M curve it is statistically correct to use the time of HCC treatment and not the time of DAA initiation : so it will possible the comparison with HCC pts who are cured for HCC but remain viremic*



«...with this statistical correction the 6 and 12 month HCC recurrence rates are 7% and 13%, at variance with reported crude data of 27,6%»

Conti F et al., J Hepatol, 2016 « Early occurrence and recurrence of HCC in HCV-related cirrhosis treated with DAA »

- 344 cirrhotic pts (59 previous HCC) treated with DAA
- Follow-up period = 24 weeks
- SVR = 91%
- HCC detection in follow-up :
9/285 (3.16%) in HCC – group
17/59 (28.8%) in HCC + group



« DAA induced resolution of HCV infection not seems to reduce occurrence or recurrence in cirrhotic pts treated for HCC in the short term »

*Nault JC, Colombo M, J Hepatol 2016 “ HCC and DAA treatments : controversy after the revolution “
(Editorial)*

*“ The different studies bring no strong evidence for an increased risk of HCC occurrence in HCV naïve patients treated by DAA. **However, the persistent risk of HCC development strongly justifies HCC screening after viral clearance in pts with HCV related cirrhosis** “*

*« Risk of cirrhosis-related complications in pts with advanced fibrosis following hepatitis C virus eradication »
(Van der Meer AJ, J Hepatol, 2017)*

- 1000 pts with SVR
- Median follow-up = 5,7 yrs
- Cumulative 8-year **HCC incidence** : 1,8% bridging fibrosis
8,7% cirrhosis
- **Clinical disease progression** : 4,2% bridging fibrosis
15,8% cirrhosis



«Chronic HCV infection should preferably be treated before cirrhosis has developed»

Motoyama H et al. «Stagnation of histopathological improvement is a predictor of HCC development after HCV eradication» PLOS one, March 13, 2018.

- 34 IFN patients with liver biopsy before and after SVR achievement:
11 with HCC, 23 without HCC:
- ✓ Fibrosis stage (Inuyama classification), area collagen deposition, Cytoglobin immunohistochemistry and α smooth muscle actin (→ activity of hepatic stellate cells) :
 - marked decrease in non-HCC group
 - unchanged in HCC-group



«... stagnation of fibrosis regression is associated with a high risk for HCC after SVR»

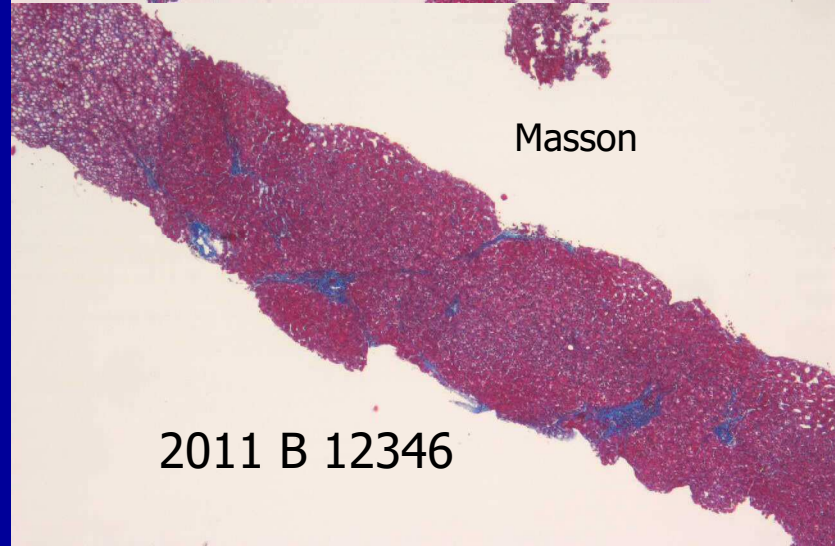
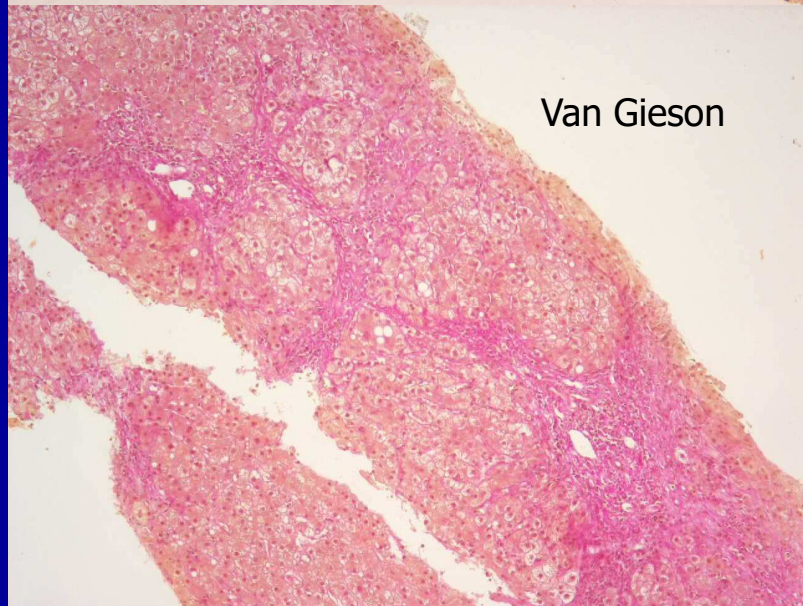
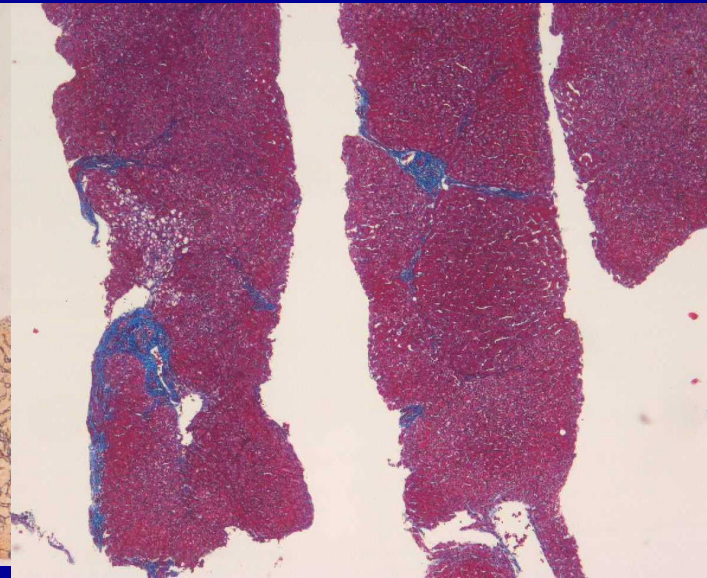
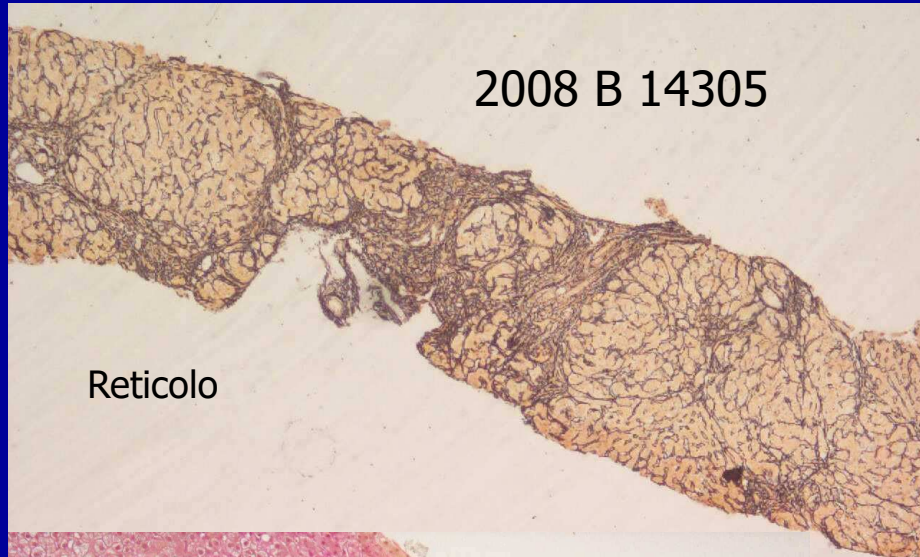
Terapia anti-HCV e «regressione» della fibrosi

- *Martinez SM et al, "Assessment of liver fibrosis before and after antiviral therapy in chronic hepatitis C", AP&T, 2011.*
- *Ellis EL et al, " Clinical evidence for the regression of liver fibrosis", J Hepatol, 2012.*
- *Poynard T et al, " Slow regression of liver fibrosis ..after virological cure in chronic hepatitis C ", J Hepatol, 2013.*
- *Tachi Y et al., " Liver fibrosis in chronic hepatitis C after the eradication of HCV ", PLOS ONE, July 2015.*



*115 pts., pretreatment and 5 years after SVR liver biopsies :
lower histological fibrosis grade in the 2° biopsy ($p < 0.0001$); in
5 pts. liver fibrosis progressed (1 diabetes, 3 obesity..)*

Reversibilità della Fibrosi



REAL-TIME TISSUE ELASTOGRAPHY

Transient elastography (Fibroscan®)

detects the propagation speed of a shear wave transmitted from a probe through the liver and calculates the shear modulus of the liver to evaluate the degree of liver fibrosis. The result is based on *1-dimensional information only*.

(Sandrin L et al. Ultrasound Med Biol. 2003)

(Foucher J et al. Gut 2006)

(Fraquelli M et al. Gut. 2007)

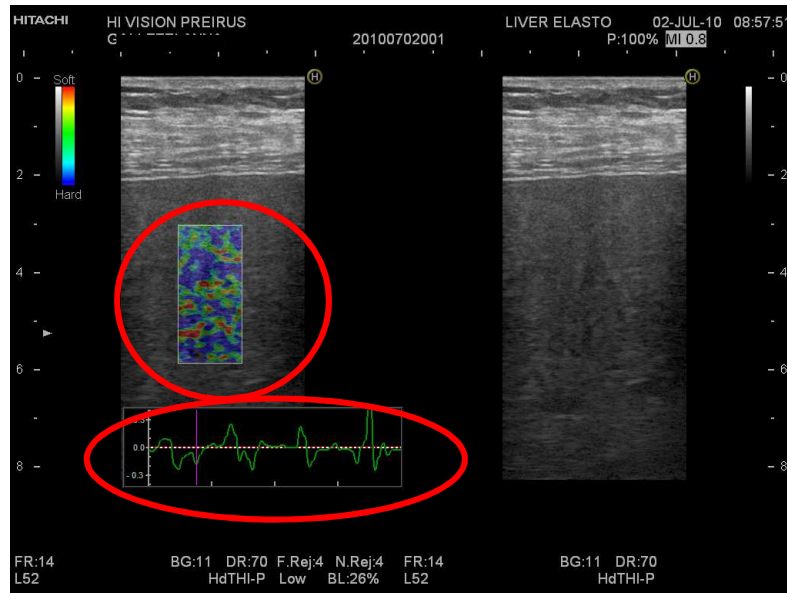
(Abenavoli L, Rapaccini GL, Int J Clin Pract. 2008)

(Berzigotti et al. J Hepatol, 2010)

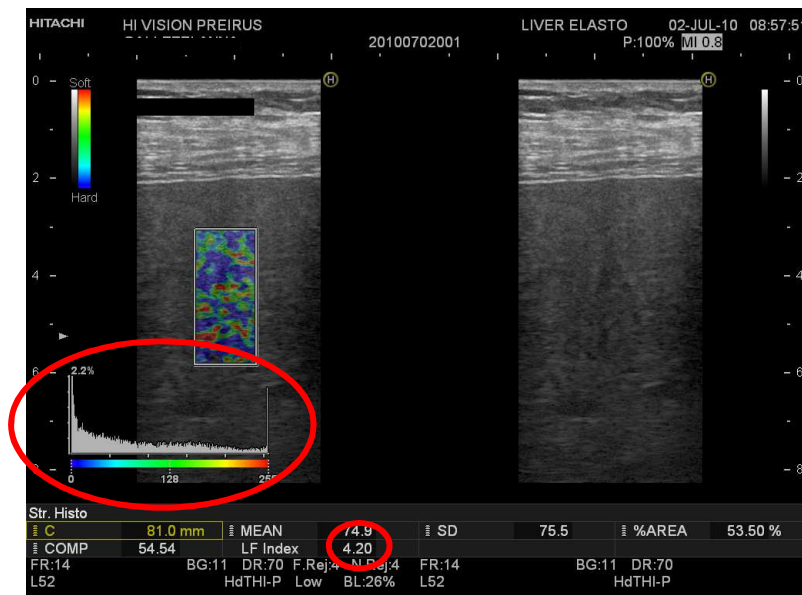
Real time tissue elastography (RTE)

visualizes a *2-dimensional strain image* induced by external freehand compression with the probe or by internal heartbeats. To evaluate *the degree of liver fibrosis*, it is reported that the pattern of strain image induced by compression becomes patchy *as fibrosis progresses*.

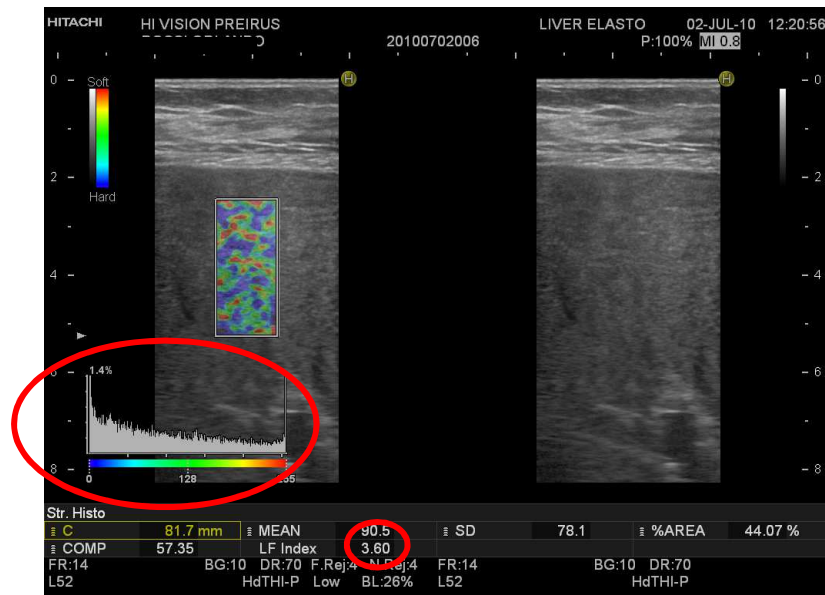
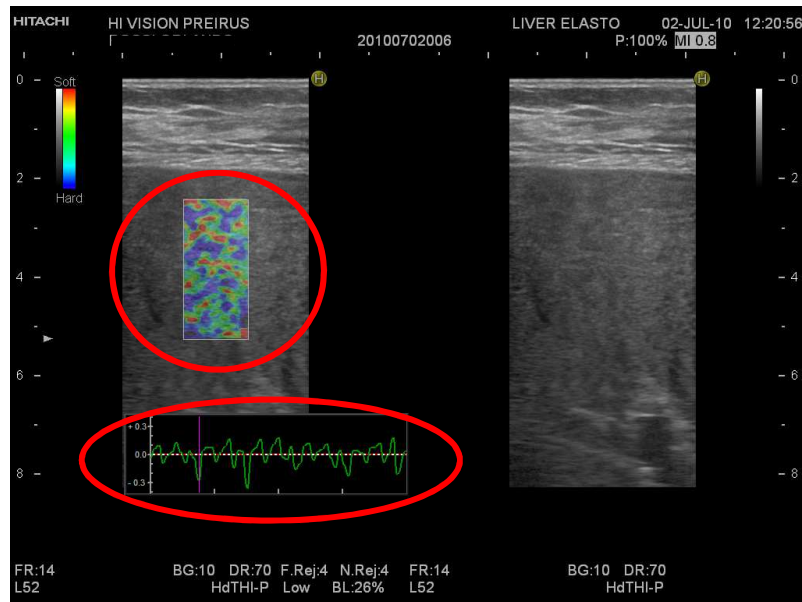
(Fujimoto K et al. Gut. 2007)



Cirrosi HCV relata



Liver fibrosis index: 4.20



Liver fibrosis index: 3.60

Elastografia nelle Malattie Croniche di Fegato

- Static or Quasistatic Strain Imaging
- One-dimensional Transient Elastography
- Point Shear Wave Elastography
- Supersonic Shear-Wave Elastography
- *MR Elastography*

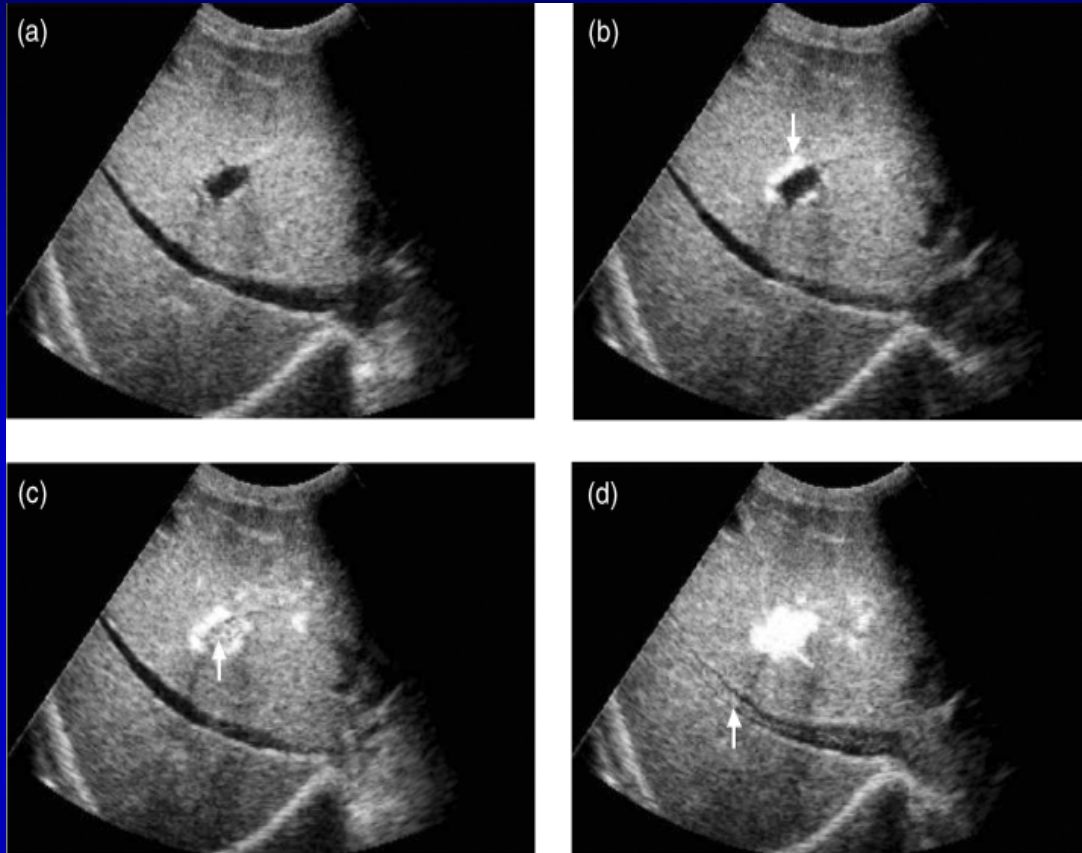


«..elastography has added utility in the follow-up of previously diagnosed fibrosis, the assessment of treatment response, **evaluation of portal hypertension** (spleen elastography) and evaluation of patients with unexplained portal hypertension»

(Srinivasa B, RadioGraphics, 2016)

A typical example of pulse-inversion imaging

Hirota et al., Liver International, 2005



Just after a bolus injection of Levovist, a right-sided hepatic artery (HA), portal vein (PV), and right hepatic vein (RHV) were simultaneously scanned in a transverse section (a). First, the HA (arrow) was markedly enhanced after 15 s (b), then the PV (arrow) after 18 s (c), and finally, the RHV (arrow) after 37 s (d).

«Liver fibrosis staging with CEUS: prospective multicenter study compared with METAVIR score» Staub F et al. Eur Radiol, 2009

- *METAVIR assessed by biopsy in 99 patients*



- ✓ *No or moderate fibrosis*
- ✓ *Severe fibrosis or cirrhosis*

- *With a cut off of 13 sec diagnosis of F3, F4 : Sens = 79%*
Spec = 78,5%
PPV = 78%
NPV = 83,3%
Acc = 79%

«Hepatic Vein Arrival Time as assessed by CEUS is useful for the assessment of portal hypertension in compensated cirrhosis» Kim MY et al., Hepatology, 2012

- Comparison of **HVPG** and HVAT in 71 compensated cirrhotics



There was a statistically significant negative correlation HVAT↔HVPG

- HVAT cut-off value > 14 sec : sensitivity = 92,7%
specificity = 86,7%
PPV = 90,5%
NPV = 89,7%
positive likelihood ratio = 6,96
negative " " = 0.08



«HVAT was associated with worse CPT score ($P < 0.001$) and esophageal varices ($P = 0.018$).

«Diagnostic accuracy of HVAT performed with CEUS for cirrhosis : a systematic review and meta-analysis» KimG et al., Gut Liver, 2017.

- *Comparison CEUS vs liver biopsy*
- *Methods : QUDAS-II (quality assessment of diagnostic accuracy studies-II) and meta-analysis*



12 studies including 844 patients



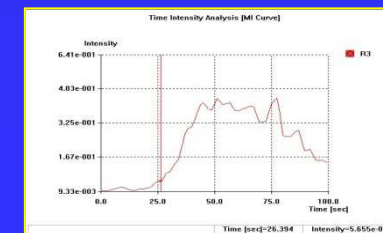
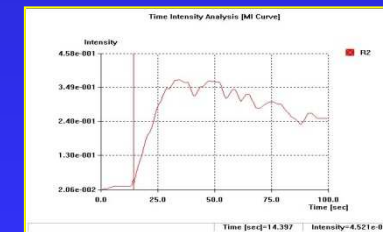
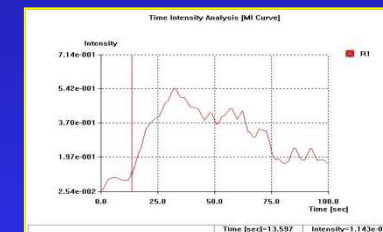
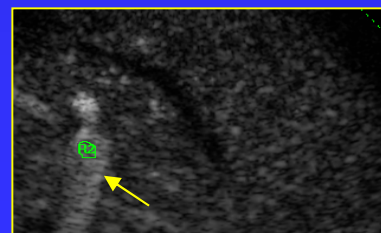
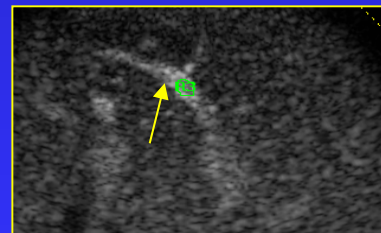
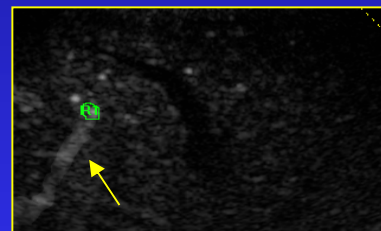
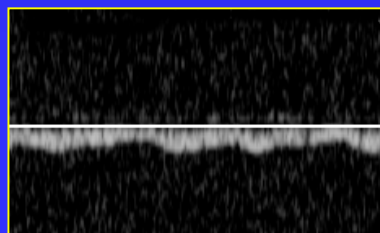
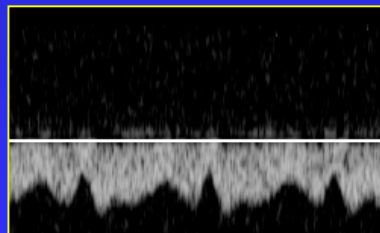
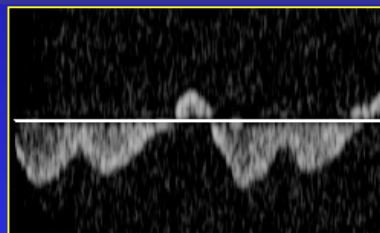
Sensitivity = 83%

Specificity = 75%

Positive likelihood ratio = 3.45

Negative likelihood ratio = 0.28

METHODS: We enrolled 26 participants who gave their informed consent: 22 cirrhotics and 4 healthy controls. Doppler shifts signals were obtained from right hepatic vein, using an intercostal scan during end - expiration breath holding. **To characterize hepatic vein pattern we used an hepatic vein waveform index (HVWI), raising with increasing pulsatility of the waveform. This index is calculated as $\text{max vel} - \text{min vel} / \text{max vel}$ and becomes >1 with the appearance of the triphasic waveform (Fig. 1).** We recorded out a clip from 20s before to 2min after a peripheral intravenous bolus injection of 2.4ml of SonoVue® (Bracco, Milan). Transit time analysis was performed and analysed by a quantification software package. **We traced the region of interest (ROI) on a branch of hepatic artery, portal and hepatic vein, simultaneously scanned in an intercostal section (Fig 2).** The arrival time in the three vessels was defined as the interval from the time of injection and the point of the curve with a signal intensity that exceeds baseline intensity by 10 % and followed by a clear further rise (Fig. 3). The time employed by USCA to cross liver from hepatic artery and portal vein to hepatic vein was defined as HA-HVTT and PV-HVTT.



Conclusions

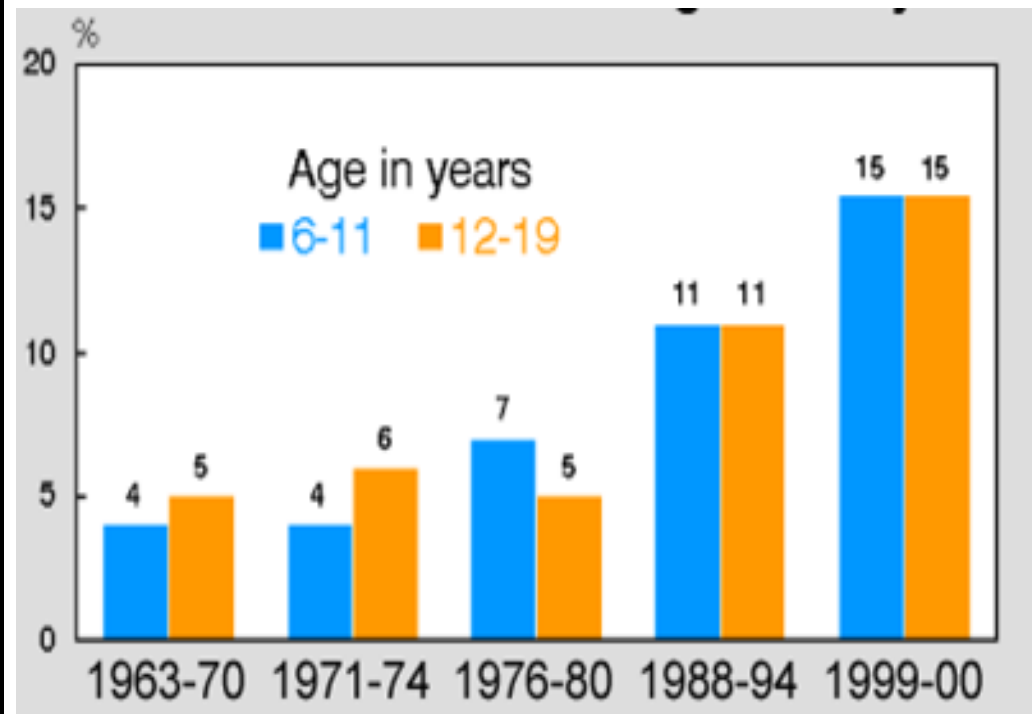
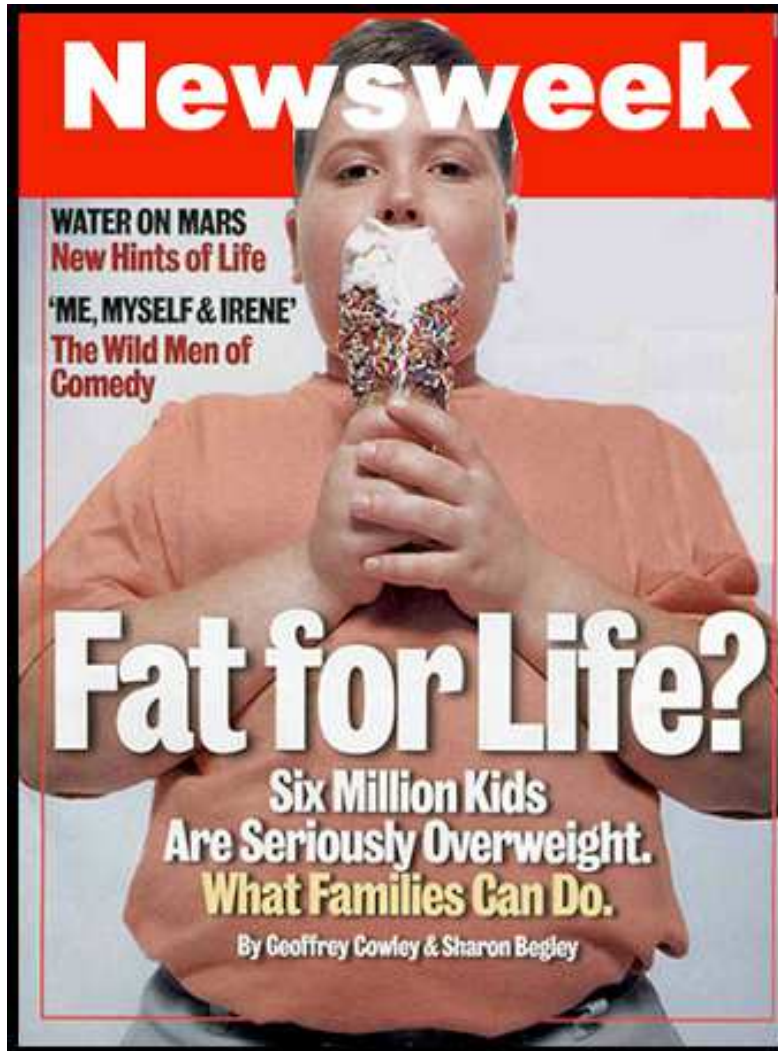
- ✓ Abnormal hepatic vein Doppler waveform in cirrhotic patients could be due to **intrahepatic shunts** rather than to lack of liver compliance.
- ✓ HVTT could be useful in the non invasive evaluation of portal hypertension.

(Siciliani L, Rapaccini GL, J Ultrasound, march 2017)

« Sorveglianza dei pazienti a rischio di HCC »

- Pazienti SVR senza cirrosi : follow-up clinico e virologico
?!?
- Pazienti SVR con cirrosi : follow-up invariato (eco + α FP)
- Pazienti SVR con cirrosi con miglioramento della funzionalità epatica e «regressione» della cirrosi : follow-up invariato per ora....
- Pazienti SVR con cirrosi e deterioramento della funzionalità epatica : sospettare OCI
- Pazienti trattati per HCC con SVR : follow-up più stretto (in caso di nuovi trattamenti dopo resezione/ablazione di HCC consigliabile dilazionare l'inizio del trattamento con nuovo check di HCC : dilazionare di quanto?)

Prevalence of overweight among children and adolescents ages 6-19 in US



Ogden CL et al., JAMA 2002.

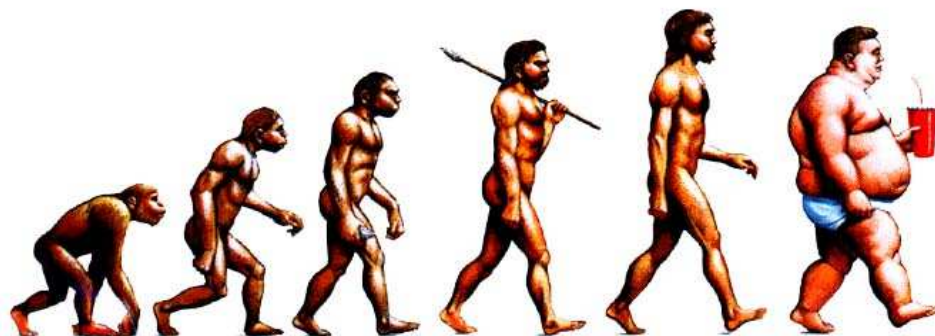


Sindrome metabolica

- *Obesità addominale*
- *Dislipidemia aterogenica*
(basso col.-HDL, ipertrigliceridemia)
- *Pressione arteriosa elevata*
- *Insulino-resistenza (con/senza intolleranza al glucosio)*
- *Non Alcoholic Fatty Liver Disease*
- *Stato protrombotico*

OBESITA' e TUMORI

- Mammella
- Rene
- Endometrio
- Esofago
- Colecisti
- Colon-retto
- Pancreas
- Tumori ematologici
- **Carcinoma epatocellulare**
- Carcinoma colangiocellulare (?)



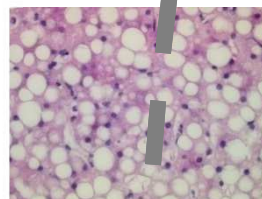
NAFLD

1st cause of CLD in US

NAFL

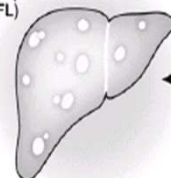
- 5.5-30% adults (general pop. NANHES III, Dallas Heart Study, Dyonisos)
- 70% diabetics
- 80% obese
- 13% children (autopsy)
- 38% ob. children

HEALTHY

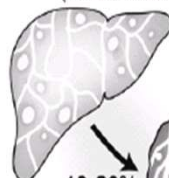


FATTY LIVER

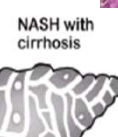
NAFLD without fibrosis or ballooned cells (TYPE 1-2 NAFL)



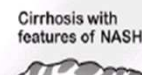
NAFLD with fibrosis and/or ballooned cells (TYPE 3-4 NAFL)



Possible transition



10-20%



Cirrhosis with features of NASH



Bland cirrhosis

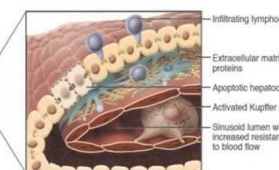
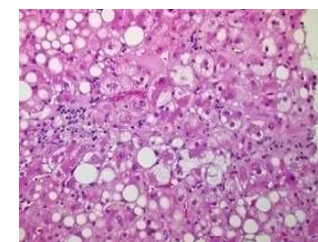


Cirrhosis with hepatocellular carcinoma



Cirrhosis

NASH



NASH

- 2,7% adults
- 3% children
- 20% obese
- 25% diabetics

Liver Cancer (HCC)



HCC

Incidence

- 0.2-0.7/year

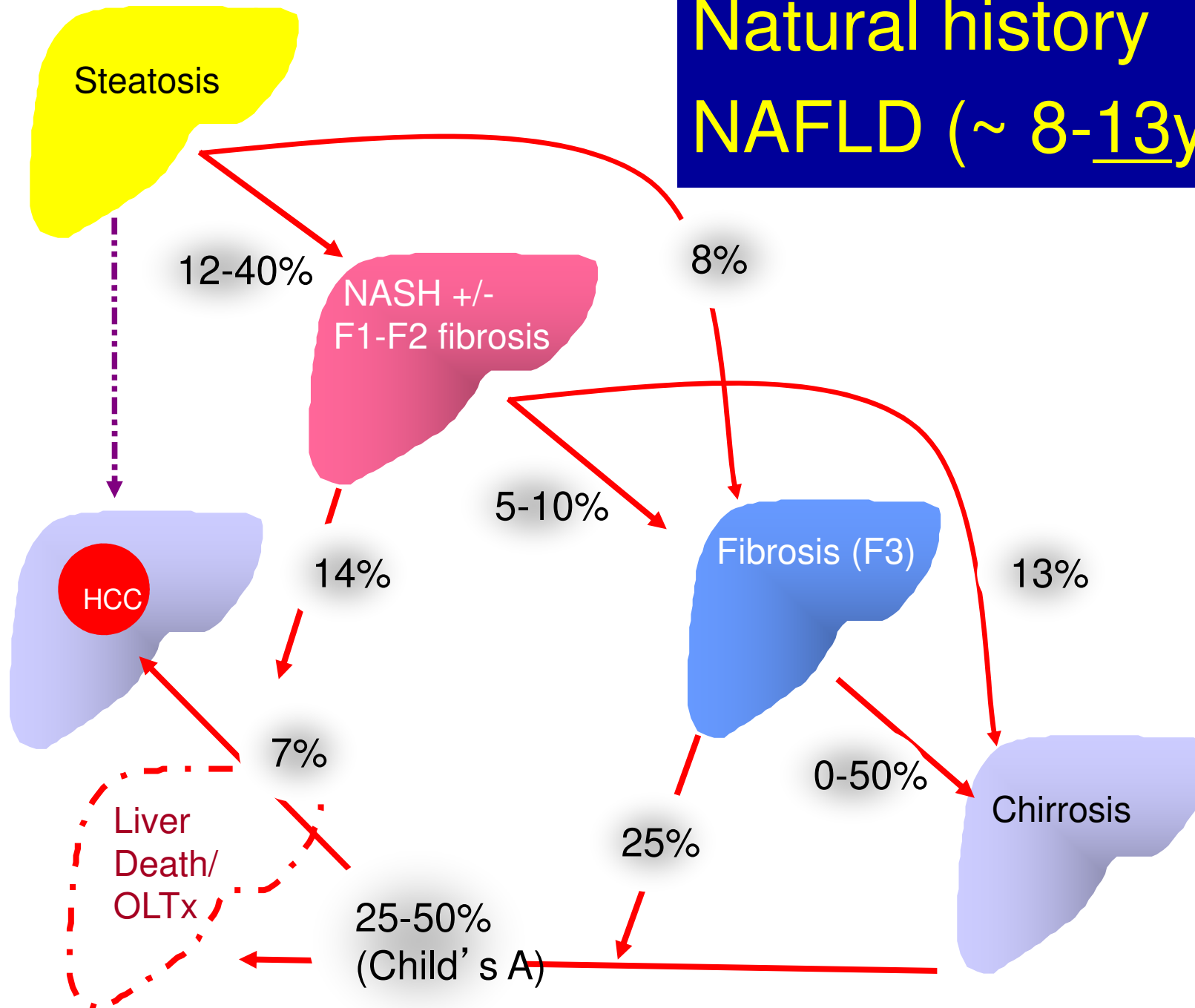
Nobili V, Miele L et al. J Hepatol 2013

Obesità ed Epatocarcinoma (*WHO, 2017*)

- 650 milioni > 18 anni (13% della popolazione mondiale)
- 340 milioni sovrappeso 5-19 anni
- Il sovrappeso in adolescenza è premessa dell'obesità in età adulta
- Patologie relate all'obesità : m. cardio-vascolari
diabete tipo 2
neoplasie
- L'obesità aumenta la mortalità di per sé e nei pazienti trattati per le precedenti patologie

(*Saitta C et al., Ann Hepatol, 2019*)

Natural history NAFLD (~ 8-13yrs)



Ratzui 2002
Harrison 2003
Fassio 2004
Adams 2005
Sanyal 2006
Ekstedt 2006

Obesity → NAFLD → NASH → Cirrhosis → HCC

- Super-rischio : infezione virale , alcol !
- Il 50% degli HCC associati a NASH sorgono in **fegati non cirrotici!**
(*Piscaglia F, Hepatology, 2016*)
- Su 5000 pts con HCC, quelli associati a NAFLD hanno avuto una peggior OS ed una maggior mortalità tumore-relata rispetto a quelli associati ad altra eziologia

(*Younossi ZM , Hepatology, 2015*)

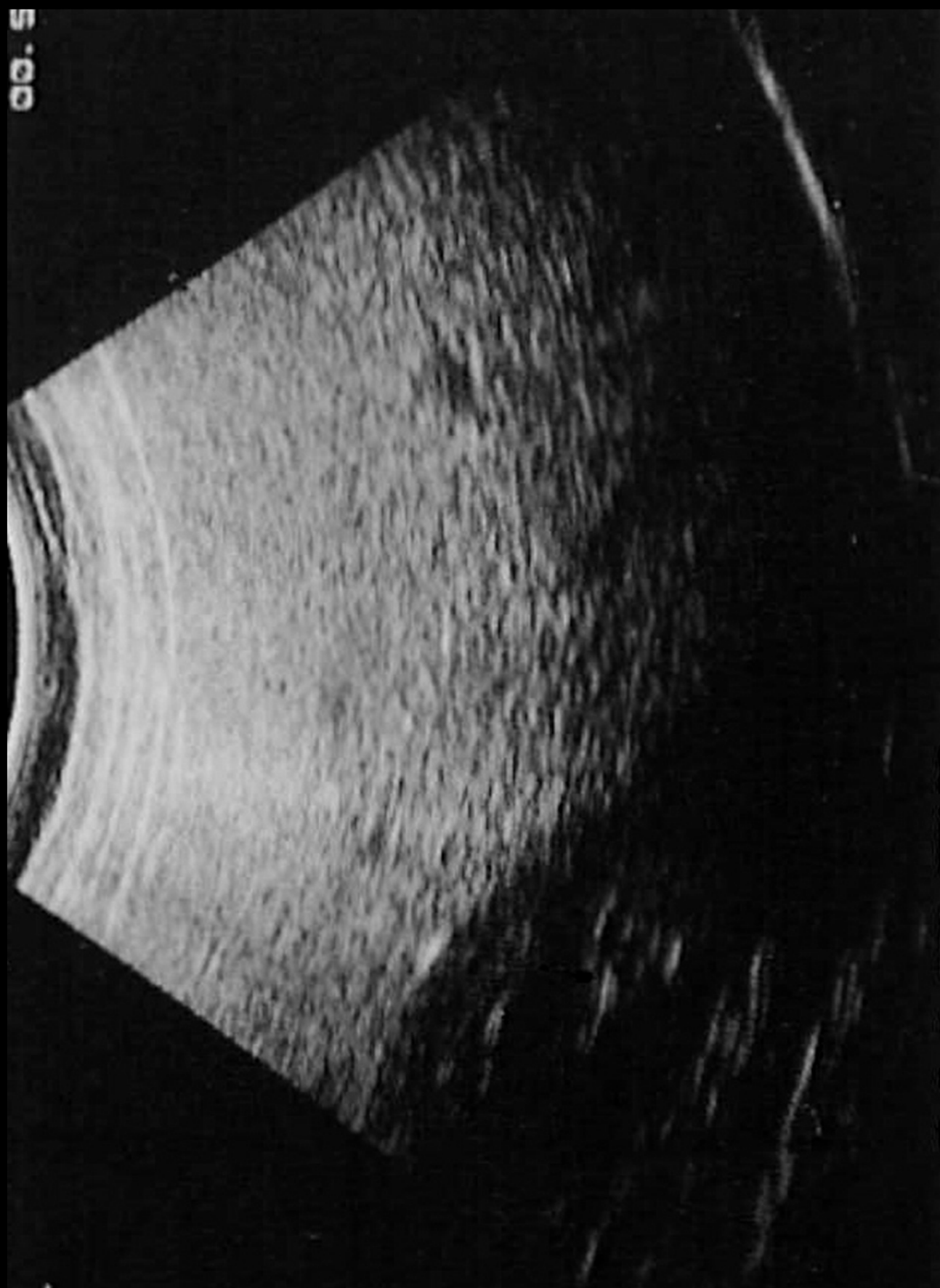
- Non aderenza a programmi di sorveglianza per HCC :
NAFLD/HCC = 56,7% ; Alcol/HCC = 40,2% ; Virus/HCC = 13,3%

(*Mittal S, Clin Gastr Hepatol, 2015*)



Esame di imaging per effettuare la sorveglianza ?!?

00.5



B:4.0 / DPT 146mm / G 70

11:08:25 AM



0.0dB MI 0.8 TIS 1.0

Come effettuare la sorveglianza nell'obesità con malattia cronica di fegato ?

- 1/3 dei cirrotici con BMI > 35 hanno un esame ecografico non adeguato

(Simmons O, Alim Pharmacol Ther, 2017)

- TC o RM nella popolazione con BMI > 35 non è cost-effective



Stratificare la popolazione NAFLD/NASH/cirrosi ed effettuare la sorveglianza solo nella cirrosi ?

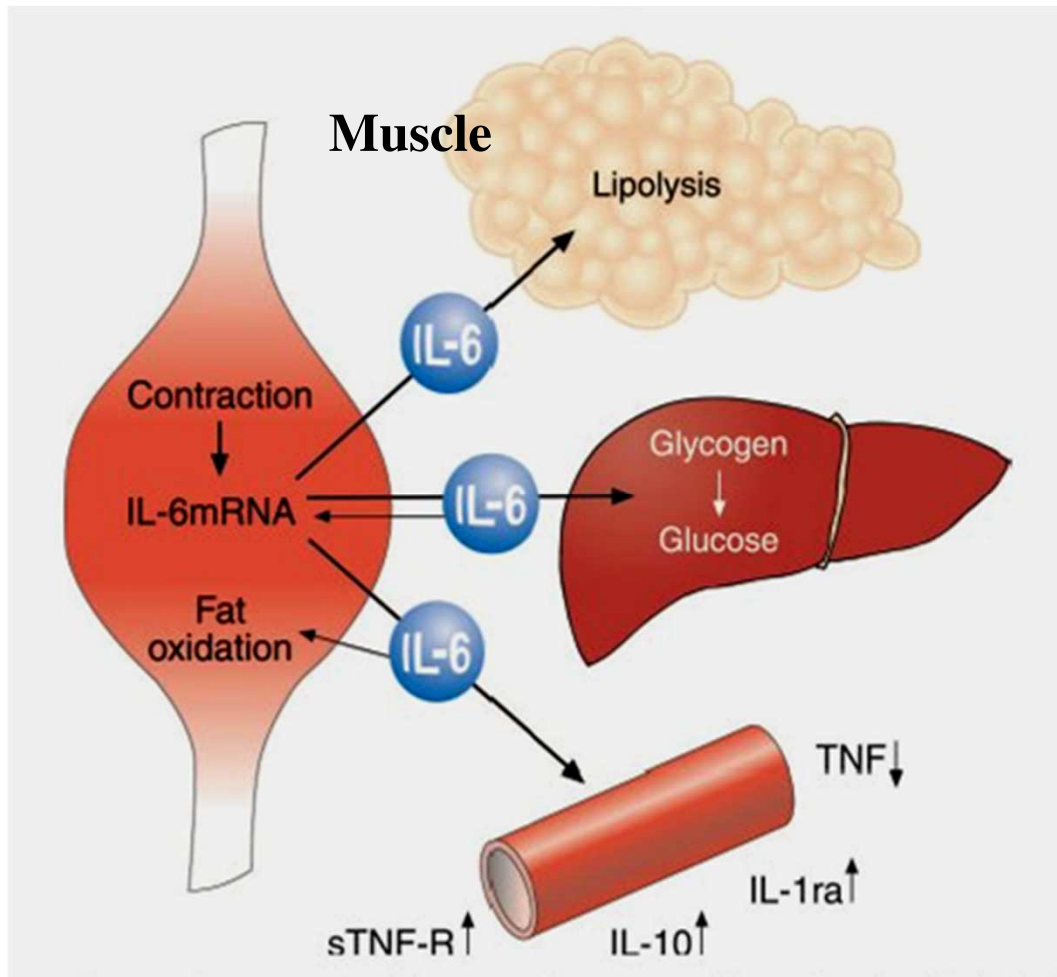


Come stratificare la popolazione ? Test non invasivi di fibrosi ? Elastografia ? **Biopsia epatica ?**

Possibili interventi per ridurre il rischio di HCC negli obesi con malattia cronica di fegato

- *FATTORI DIETETICI :*
 - ✓ *una dieta ricca di frutta e vegetali riduce il rischio di HCC*
(*Saran U, J Hepatol, 2016*)
 - ✓ *una forte aderenza alla dieta mediterranea si associa ad una riduzione del 50% dell'incidenza di HCC*
(*Turati F, J Hepatol, 2014*)
- *ATTIVITA' FISICA : su una popolazione di 500.000 soggetti (NIH study), l'attività fisica continuativa ha ridotto significativamente il rischio di HCC (Beherens G, Eur J Epidemiol, 2013)*
- *METFORMINA (?)*
- *CHIRURGIA BARIATRICA (?)*

Here, we suggest that **myokines** may be involved in mediating the health-beneficial effects of exercise and that these in particular are involved in the protection against chronic diseases associated with low-grade inflammation such as **diabetes and cardiovascular diseases**.



*Effetto protettivo
dell'esercizio
contro lo stato
pro-infiammatorio
di diabete, sindrome
metabolica, ecc.*

*Berzigotti A. et al. « Physical activity and liver diseases»,
Hepatology, Mar 2016*

- *L'attività muscolare nel soggetto sano interagisce con il tessuto adiposo, riducendo l'accumulo di grasso nel fegato*
- *L'attività muscolare (moderata) nel pz con malattia cronica di fegato, riduce il rischio di **encefalopatia epatica***
- *Studi epidemiologici indicano un **minor rischio di tumore epatico** in pz che svolgono **regolare e protratta** attività fisica.*
- *L'attività fisica si è dimostrata efficace nel migliorare la qualità di vita nei **pz trapiantati di fegato***

Whitsett M et al. « Physical activity as a treatment of NAFLD : a systematic revue» World J Hepatol, 2015 Aug

- *Ruolo dell'esercizio fisico su NAFLD, insulino-resistenza e aterosclerosi*
- *Analisi di 18 studi per complessivi 6925 pazienti*
- *Effetto di esercizio fisico da solo o in combinazione con dieta e modifica di comportamenti di vita.**
- *5 studi hanno verificato l'effetto dell'esercizio fisico mediante ripetute biopsie epatiche per valutare l'effetto sull'istologia del fegato*
- *I parametri esaminati sono migliorati nella popolazione sottoposta alla modifica dei tre parametri presi in considerazione **



Ue, 200 milioni sovrappeso In Italia il record di bambini obesi

di Michela Di Maria

E' allarme obesità nell'Unione Europea. Ogni anno sono 400.000 i bambini in sovrappeso e 200 milioni gli adulti nella stessa situazione. Una vera e propria "epidemia" continentale. Il commissario europeo per i consumatori, Markos Kyprianou, lancia la campagna

a favore di corretta alimentazione, salute e attività fisica, osservando come «il nostro continente affronta un fenomeno obesità simile a quello del Nord America».

Preoccupa, in particolare, il dato dell'Italia. L'obesità infantile in 9 anni è passata dal 6,1% al 13,6%. Fortissimi i rischi di diventare adulti "oversize".

*Per ridurre
il rischio
cardiovascolare
l'attività fisica e
sportiva va iniziata
nell'infanzia*



..1962..



..2019..





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Journal of Ultrasound

The Official Journal of the Italian Society
for Ultrasound in Medicine and Biology



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www.springer.com/40477

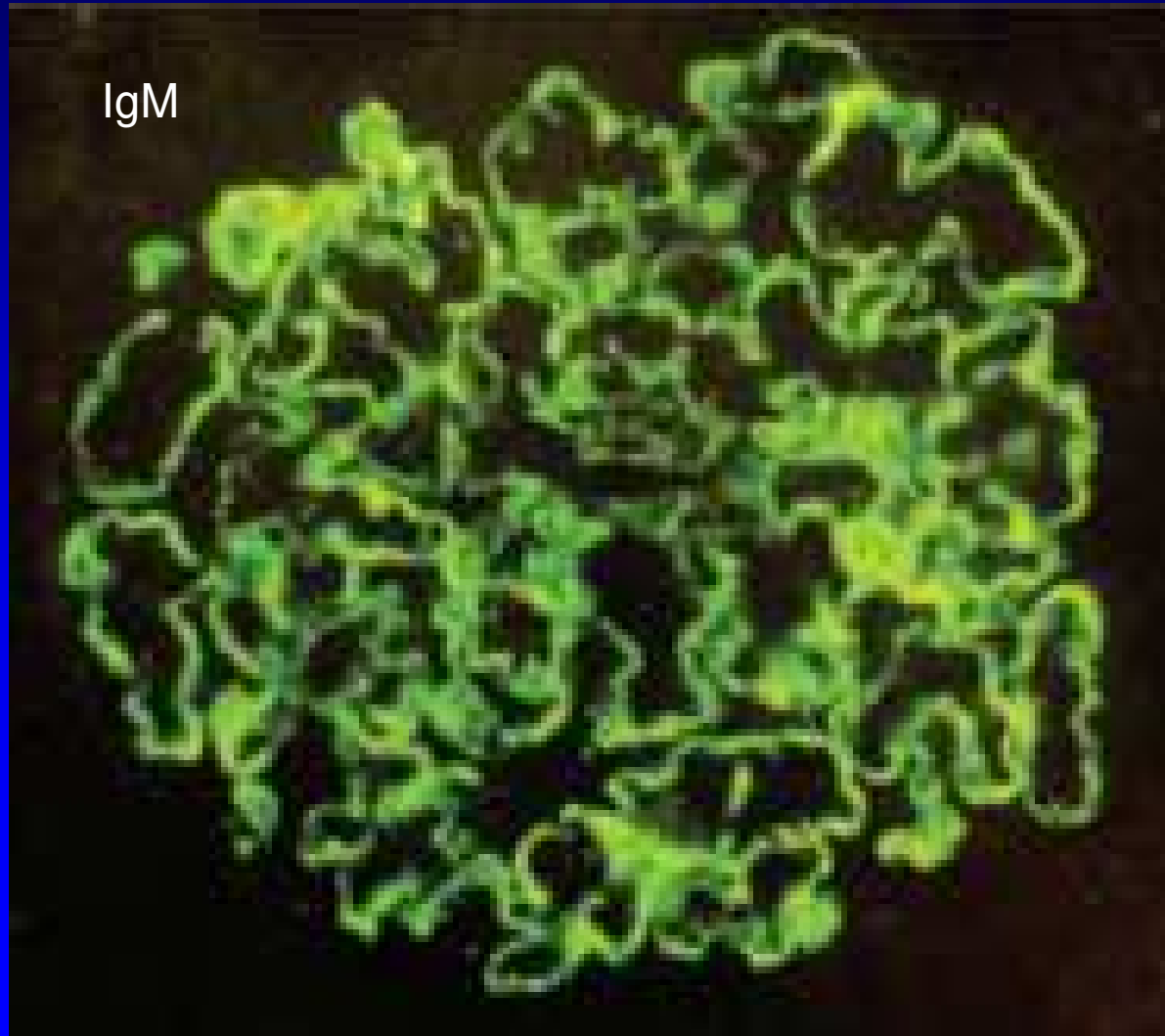
Journal of Ultrasound

 Springer

Thank you very much for your kind attention...



Sansonno et al. Hepatitis C virus RNA and core protein in kidney glomerular and tubular structures isolated with laser capture microdissection. Clinical and Experimental Immunology 2005; 140: 498–506



CA430E 5-2 CONN: B

P1: 145.9 mm

P2: 19.2 mm

ESAOE FLENO REMATO

1.4 dB HT 0.1 TIS 0.0

RENE DX

Flow Vel. Integral

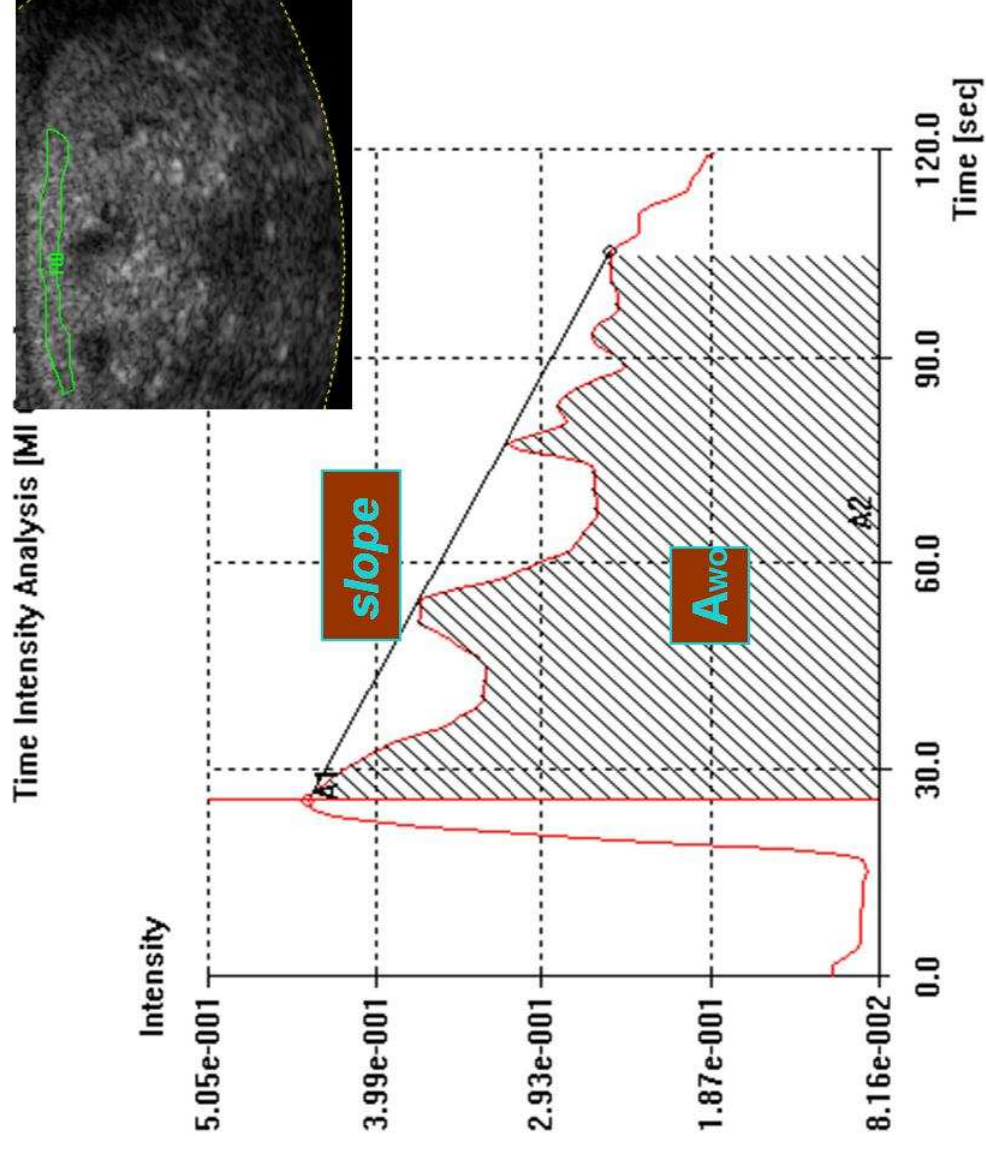
PI	: 0.17 m
RI	: 0.89
SI	: 0.52
Unin	: --- m/s
Vp	: 0.36 m/s
Ved	: 0.21 m/s
Vp-p	: 0.5 m/s
PGm	: 0.2 m/s
ACC	: 4.70 m/s
AT	: 41 ms

145.9 mm

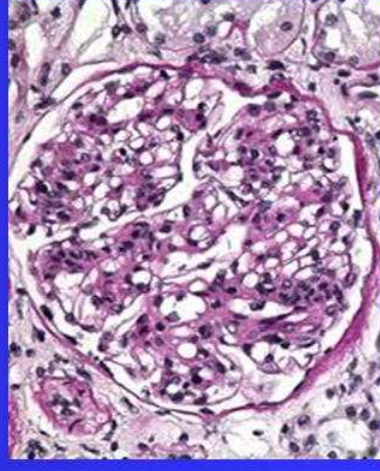
19.2 mm

ESAOE FLENO REMATO

1.4 dB HT 0.8 TIS 0.3



Time [sec]=25.782	Intensity=4.404e-001
-------------------	----------------------



GN da IgA

NEFROPATIE MEDICHE CRONICHE: SEGNI ECOGRAFICI

■ Incremento ecogenicità corticale

Grado 0: ecogenicità corticale < ecogenicità epatica



Grado 2: ecogenicità corticale > ecogenicità epatica
< ecogenicità seno renale



Grado 1: ecogenicità corticale = ecogenicità epatica



Grado 3: ecogenicità corticale > ecogenicità epatica
= ecogenicità seno renale



RESULTS

- SVR12 : 97,5 %
- Median follow-up time after DAA : 5,7 mth
- 3 pts died
- 16 HCC recurrence (27,6%)
- Median time from DAA starting to HCC recurrence: 1,5 mth
- The pattern of recurrence was heterogeneous

→ it is important to follow – up all the patients enrolled to DAA therapy irrespective of a prior diagnosis of HCC

ANRS collaborative study group, J Hepatol, 2016
*« Lack of evidence of an effect of DAA on the
recurrence of HCC »*

- *Recurrence of HCC after DAA treatment in
three prospective cohorts :*

1. *267 pts previously treated for HCC*
2. *79 pts with incidental HCC*
3. *314 liver transplants recipients for HCC*



*“ In three distinct prospective cohorts, it was not
observed an increased risk of HCC recurrence,
notably in pts who underwent curative HCC treatment,
including OLT ”*

HCC risk in HCV patients after SVR : variable «fibrosis»

- Kobayashi M et al., J MED Virol, 2016.
605 DAA or IFN treated patients :
 - *Fib-4 score > 3.25 HCC occurrence 4.35 and 3.95 at 3 years*
 - *Fib-4 score < 3.25 HCC occurrence 0.00 and 0.48 at 3 years*
- D'Ambrosio R et al., Liver Int, 2018.
38 IFN patients : liver biopsy 5 years after SVR :
Patients who developed or did not an HCC had similar rates of residual cirrhosis, collagen content or steatosis

«...the 8-year cumulative probability of HCC was 17% independently on cirrhosis regression»

Populations at risk

- *Intravenous drug users*
- *History of blood products or unsafe injections*
- *Piercings and tattoos*
- *Prisoners*
- *Homeless people*
- *Sexual behaviour at risk*

*« Mortality in hepatitis C pts who achieve a SVR
compared to the general populations »
(Innes H et al., J Hepatol, 2017)*

- 1824 pts
- Follow-up = 5,2 yrs after SVR
- All-cause mortality : 1,9 more frequent in SVR group
(HCC, *alcohol use, injecting drug use*).



*"individuals without these behavioural markers (32,8% of
the cohort) had equivalent survival to the general
population !"*

*« The HCV care continuum does not end with cure : a call to arms for the prevention of reinfection»
(Falade-Nwulia O et al, J Hepatol, 2017)*

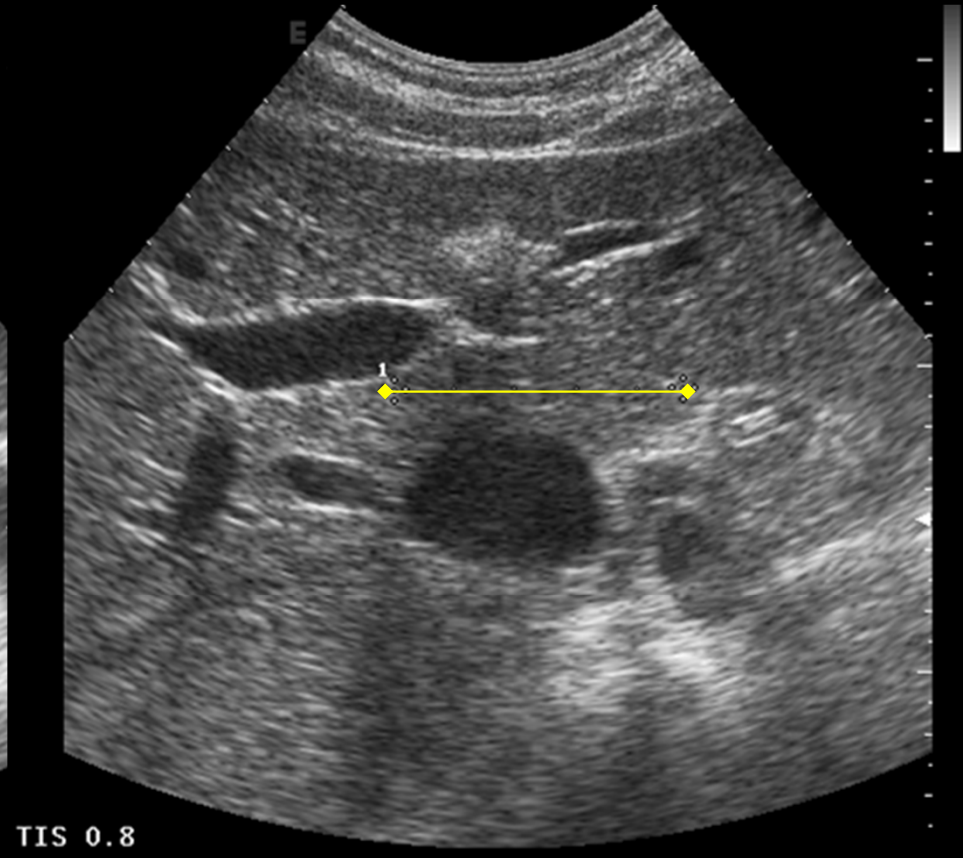
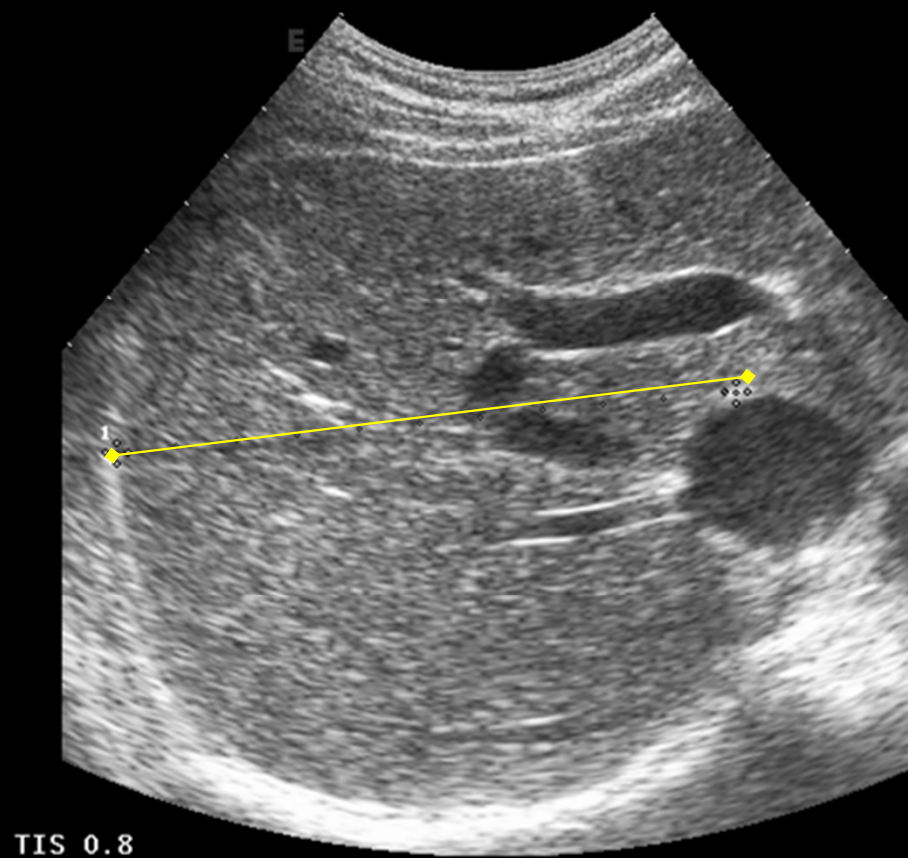
- *The HCV care continuum does not end with cure*
- *The prevention of reinfection must be addressed in people at risk*
- *To date two patient groups at high risk :*
 - *injecting drugs users*
 - *HIV-infected men who have sex with men*
- *After SVR : at least annual HCV RNA testing*

”Field practice study of half-dose sorafenib treatment of safety and efficacy for HCC : a propensity score analysis” (M Morimoto,et al, Hepatol Res, 2014)

- 218 pts. with *intermediate* or advanced stage : 73 half dose
145 full dose
- Overall survival : half-dose = 10.2 months
full-dose = 8.8 months (p = .911)
- Progression-free survival : half-dose = 3.8
full-dose = 2.5 (p = .143)
- Grade 3-4 adverse effects : half-dose = 47,4 %
full-dose = 66.7 % (p = .037)



*..initial half-dose sorafenib led to fewer severe adverse effects and a comparable survival benefit compared full-dose in patients with HCC,
particularly for those of advanced age !*



Giorgio A. et al., Radiology, 1986

ASCITE

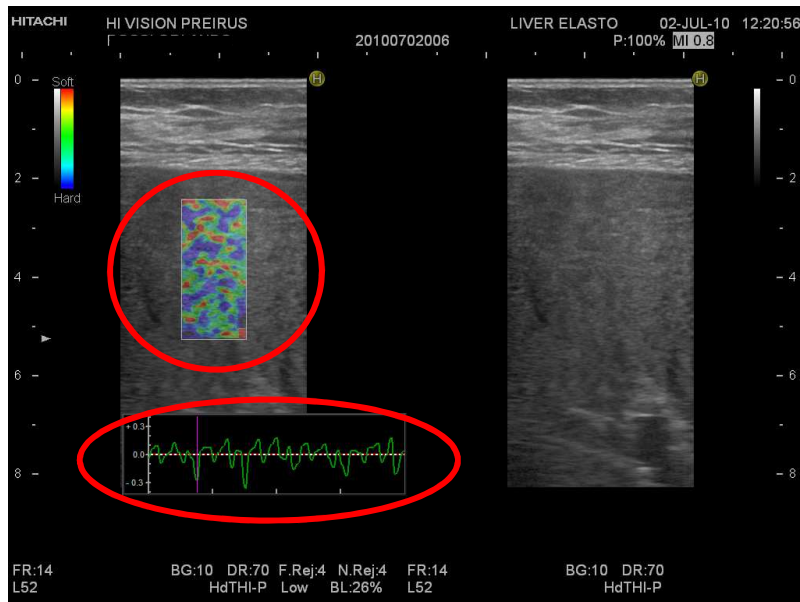
- L'ecografia è particolarmente utile nella diagnosi dello scompenso ascitico iniziale **non ancora clinicamente evidente**



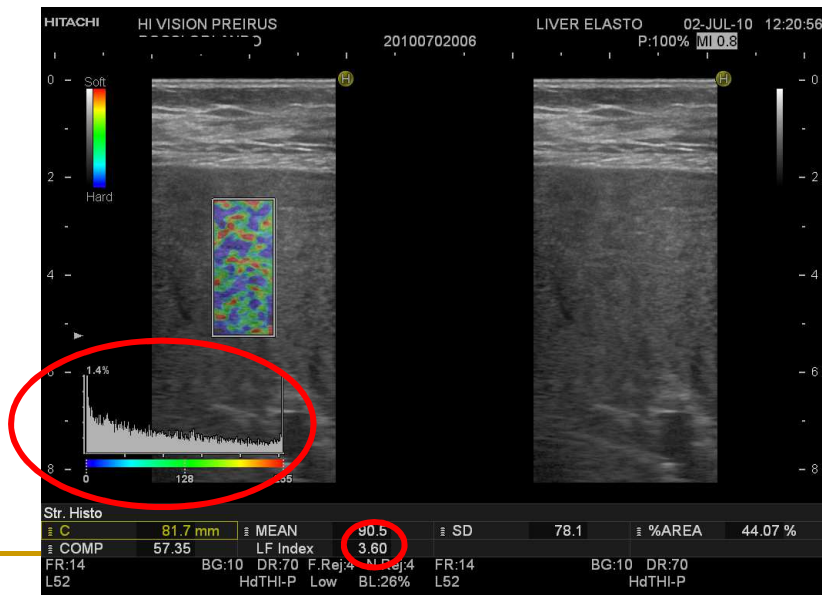
ASCITE

- L'ecografia è particolarmente utile nella diagnosi dello scompenso ascitico iniziale **non ancora clinicamente evidente**

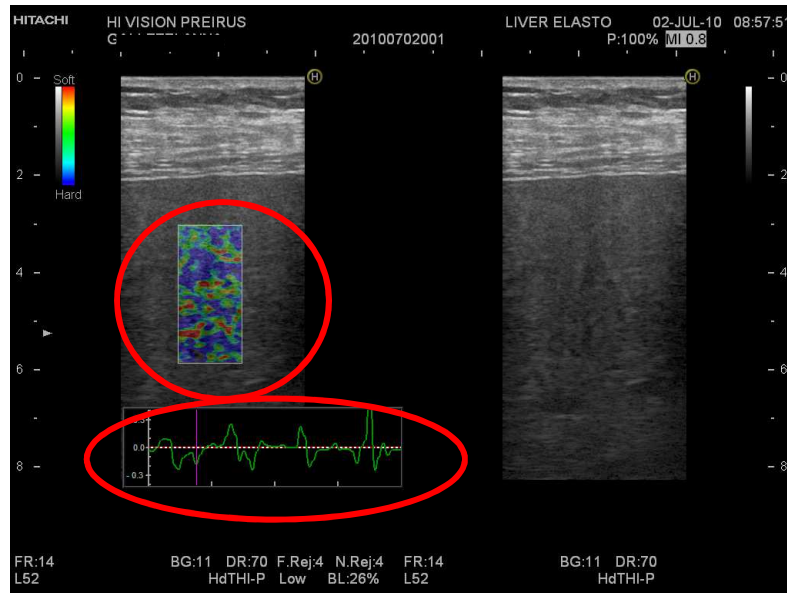




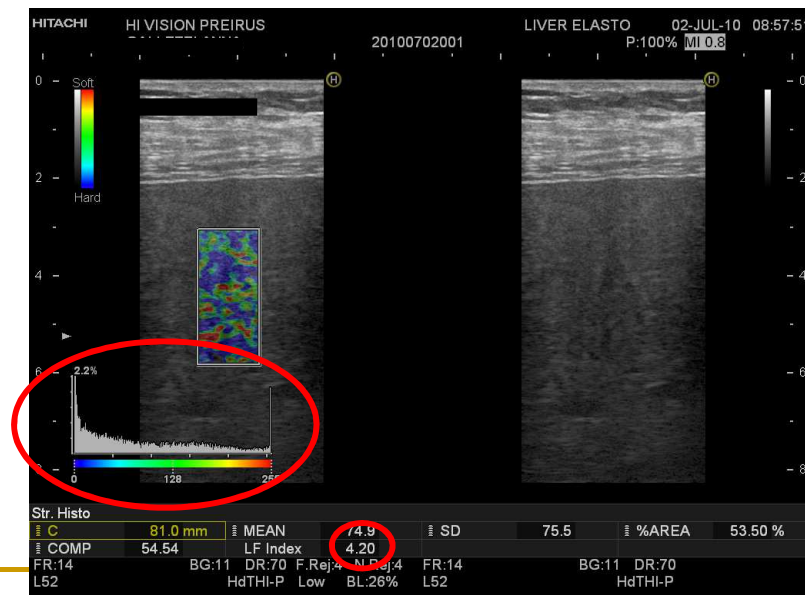
Chronic alcoholic hepatitis



Liver fibrosis index: 3.60



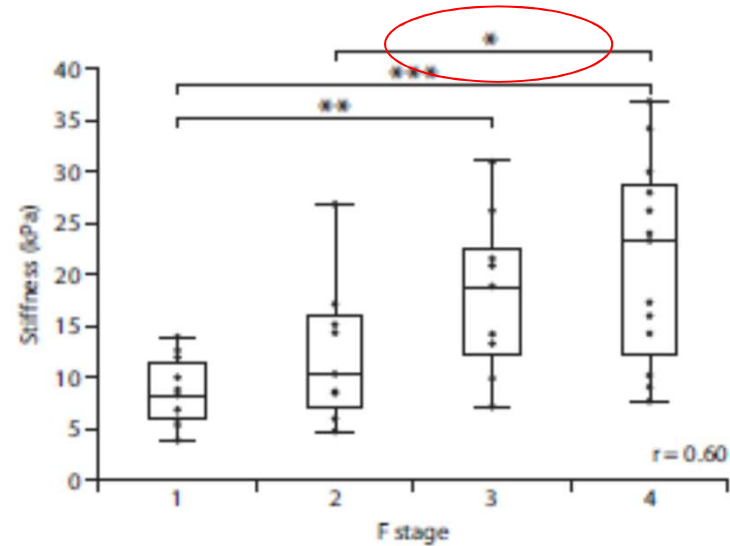
Cirrhosis



Liver fibrosis index: 4.20

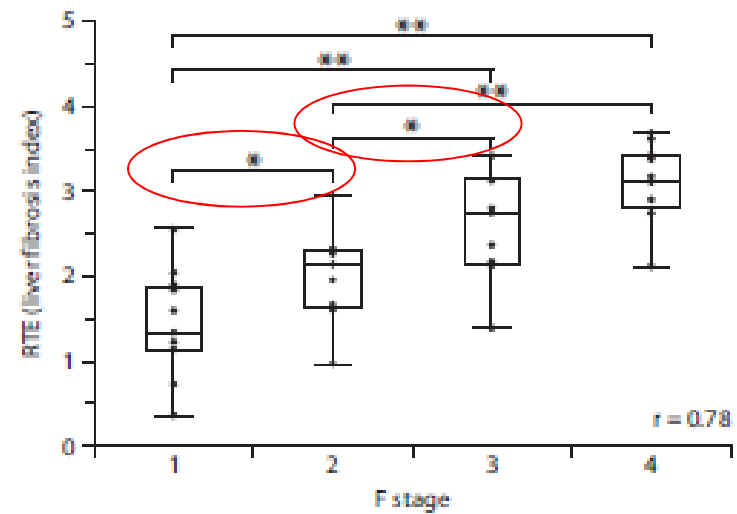
FibroScan and F stage

* $p < 0.05$; ** $p < 0.005$; *** $p < 0.001$



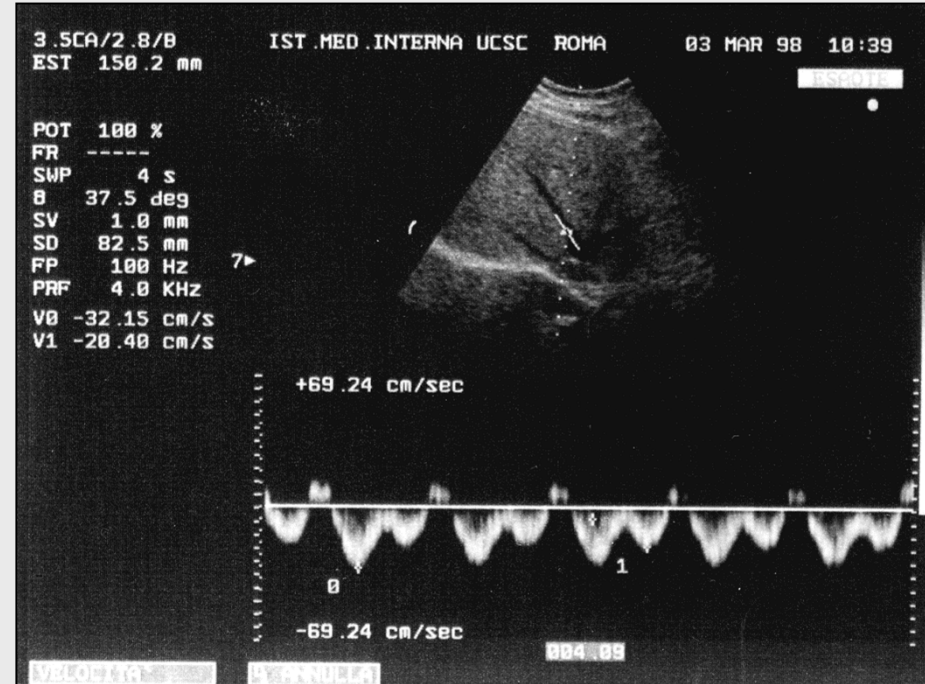
RTE (liver fibrosis index) and F stage

* $p < 0.05$; ** $p < 0.001$



(Tatsumi C et al. Intervirology. 2010)

VENA SOVRAEPATICA MEDIA

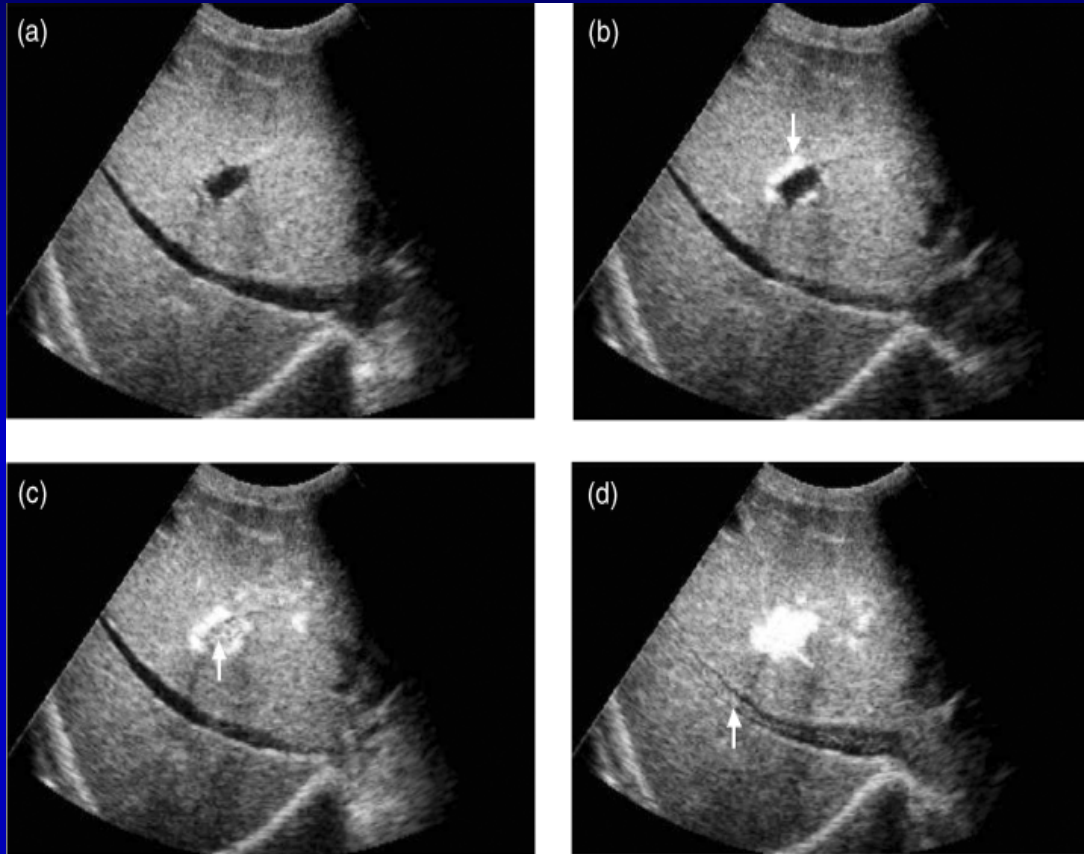


**PATTERN
TRIFASICO**

**PATTERN
PIATTO**

A typical example of pulse-inversion imaging

Hirota et al., Liver International, 2005



Just after a bolus injection of Levovist, a right-sided hepatic artery (HA), portal vein (PV), and right hepatic vein (RHV) were simultaneously scanned in a transverse section (a). First, the HA (arrow) was markedly enhanced after 15 s (b), then the PV (arrow) after 18 s (c), and finally, the RHV (arrow) after 37 s (d).

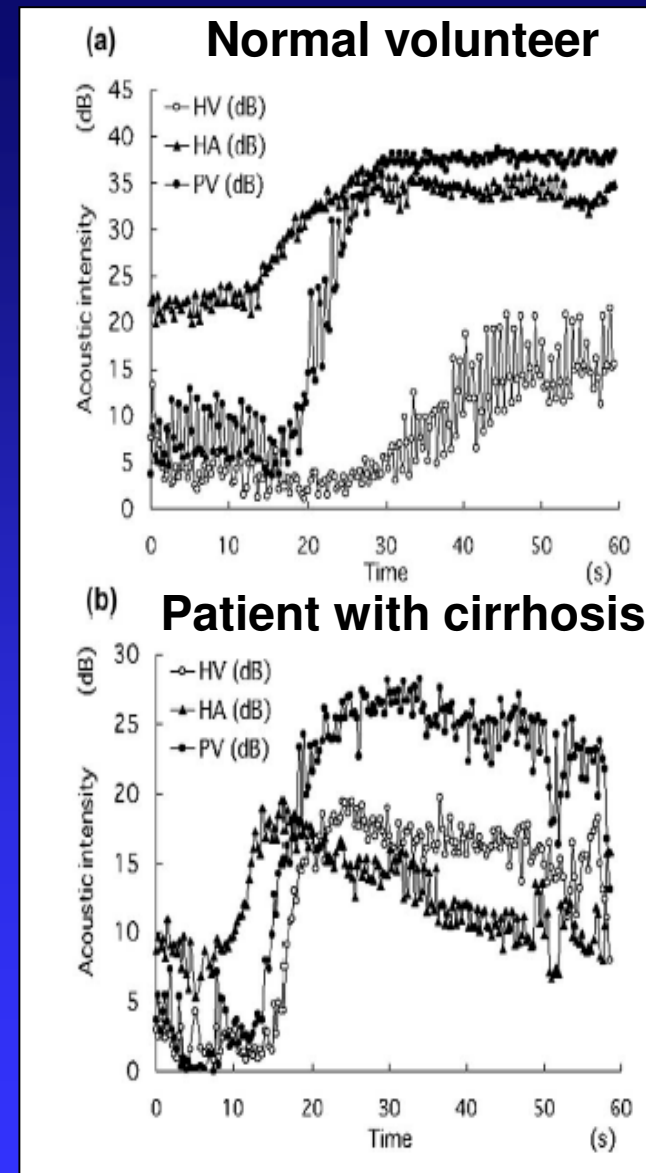
There is no differences in **HA** and **PV** time-acoustic intensity curves between a cirrhotic patient (b) and a normal volunteer (a).

On the other hand, the **HV** time-acoustic intensity curves between a cirrhotic patient and a normal volunteer is clearly distinguishable.

The **HV** time-acoustic curve in a cirrhotic patient demonstrated an earlier arrival time than that in a normal volunteer.

This difference is almost entirely caused by intrahepatic hemodynamic changes.

Sugimoto et al. J Hepatol 2002



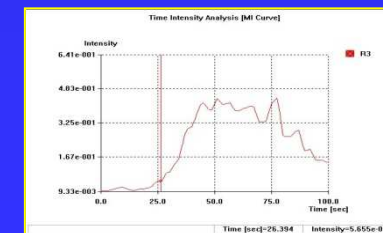
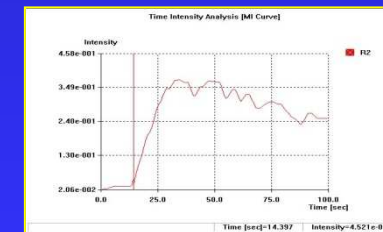
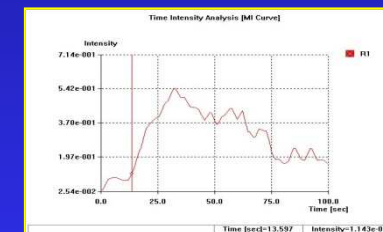
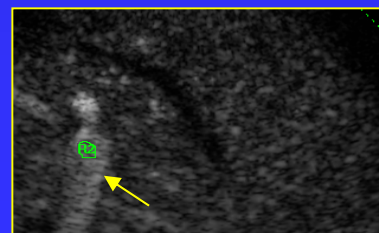
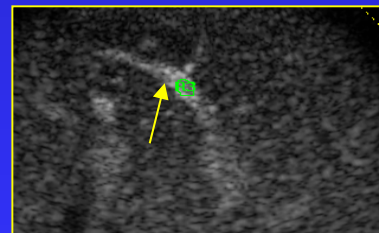
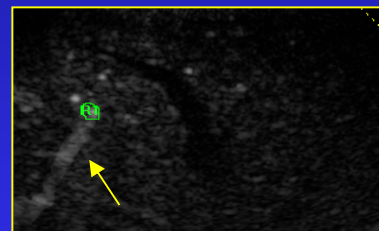
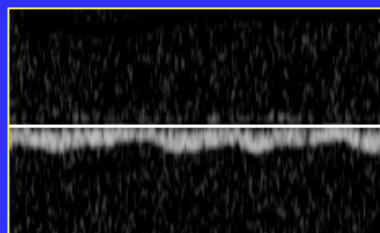
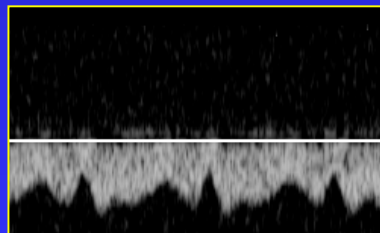
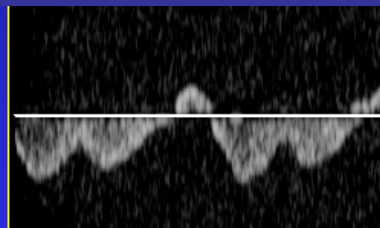
- RESULTS -

HVTT resulted earlier when MELD, Child-Pugh score and spleen diameter increased.

It was found a significant difference of transit times between patients with splenomegaly (mean diameter: 162.72 mm; HA-HVTT mean: 6.11 s; PV-HVTT mean: 1.54s) and cirrhotics with normal spleen diameter (mean diameter: 95.60 mm; HA-HVTT mean: 10.39 s; PV-HVTT mean: 6.73 s) ($p < 0.01$ for HA-HVTT and PV-HVTT).

It was found e trend to the significant difference between the transit time and the degree of oesophageal varices in cirrhotic patients.

METHODS: We enrolled 26 participants who gave their informed consent: 22 cirrhotics and 4 healthy controls. Doppler shifts signals were obtained from right hepatic vein, using an intercostal scan during end - expiration breath holding. **To characterize hepatic vein pattern we used an hepatic vein waveform index (HVWI), raising with increasing pulsatility of the waveform. This index is calculated as $\text{max vel} - \text{min vel} / \text{max vel}$ and becomes >1 with the appearance of the triphasic waveform (Fig. 1).** We recorded out a clip from 20s before to 2min after a peripheral intravenous bolus injection of 2.4ml of SonoVue® (Bracco, Milan). Transit time analysis was performed and analysed by a quantification software package. **We traced the region of interest (ROI) on a branch of hepatic artery, portal and hepatic vein, simultaneously scanned in an intercostal section (Fig 2).** The arrival time in the three vessels was defined as the interval from the time of injection and the point of the curve with a signal intensity that exceeds baseline intensity by 10 % and followed by a clear further rise (Fig. 3). The time employed by USCA to cross liver from hepatic artery and portal vein to hepatic vein was defined as HA-HVTT and PV-HVTT.



Conclusions

- ✓ Abnormal hepatic vein Doppler waveform in cirrhotic patients could be due to **intrahepatic shunts** rather than to lack of liver compliance.
- ✓ HVTT could be useful in the non invasive evaluation of portal hypertension.

(Siciliani L, Rapaccini GL, J Ultrasound, march 2017)

Alternative non invasive alla biopsia epatica nelle CLD

- *Tests sierici di fibrosi*
- *Perfusion methods*
- *Fibroscan, Transient elastography*



“... the use of liver biopsy is recommended until clearly superior methodologies are developed and validated “

(AASLD Guidelines, Hepatology 2009)

Metabolic syndrome and HCC

- ✓ The progression of fatty liver to cancer is possible even without steatohepatitis or cirrhosis
- ✓ Obese and diabetics have higher risk of liver cancer
- ✓ Genetic factors may explain differences in regard onset and progression of liver disease
- ✓ New biomarkers may be useful in NAFLD

Liver fat and MRI

- *Di Martino M et al, World J Gastr 2016 : «Magnetic Resonance Spectroscopy analysis correlates with histology in fatty liver»*
- *Bhat V et al, J Clin Diagn Res 2017 : «Subjects underwent sonography, CT, MRI and liver biopsy → MRI correlates with fat histological grading and is more accurate than CT.»*
- *Kühn JP et al, Radiology 2017 : « Measurement of liver fat and liver iron content by proton density fat fraction in 2561 subjects»*



«In a white selected German population the prevalence of fatty liver disease and liver iron overload is 42,2% and 17,4% respectively»

Imaging ed epatopatie croniche

- L'imaging non formula la diagnosi di epatopatia diffusa
- L'imaging conferma la diagnosi di epatopatia diffusa ed esclude altre patologie
- L'imaging contribuisce alla valutazione di gravità dell'epatopatia diffusa (*RM : quantizzazione del danno ??*)
- **L'imaging formula la diagnosi di complicanza dell'epatopatia diffusa : ipertensione portale, ascite, “impending” HRS, HCC (!?!)**

S. metabolica, malattia cronica di fegato e sorveglianza per HCC

- Gli attuali programmi di sorveglianza per la diagnosi «precoce» di HCC non sono mutuabili nella malattia cronica di fegato metabolica.
- L'ecografia non è uno strumento idoneo a studiare tali pazienti.
- La RM potrebbe avere una elevata accuratezza diagnostica... ma nessun DEF la contemplerebbe! Però....

....nuove tecnologie a ultrasuoni si stanno sviluppando in previsione della «epidemia» di sovrappeso prossima ventura



- Deep Abdominal Transducers : DAX technology (1-1,5 MHz)*
- Improvement of 30% in penetration (40 cm.!!)*



Algoritmi di diagnosi e sorveglianza per tale popolazione di pazienti tutti da costruire !

EPATOPATIE DIFFUSE

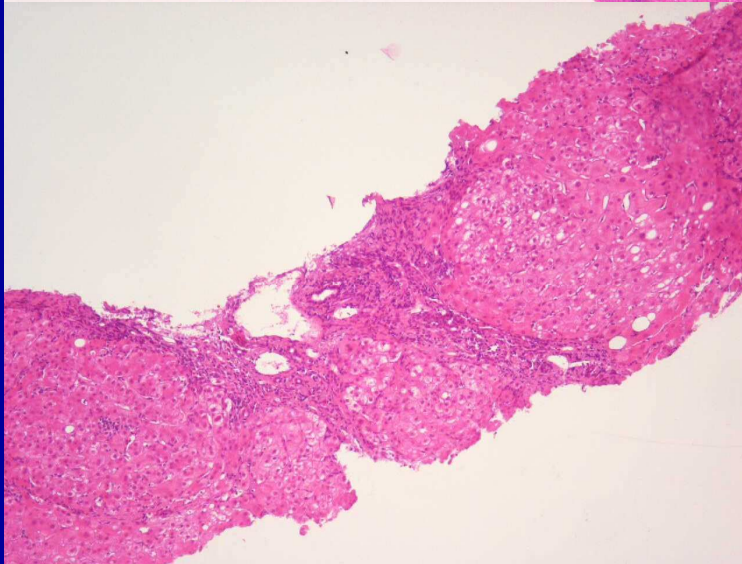
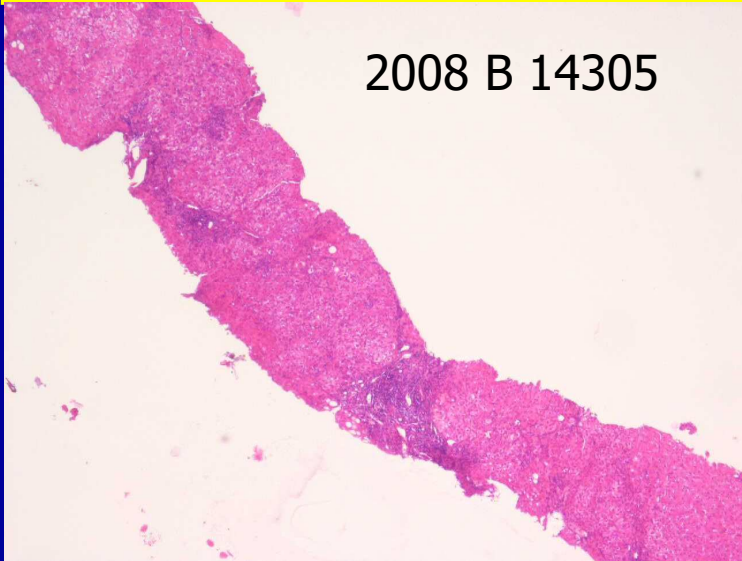
- Rappresentano uno dei più frequenti motivi di richiesta di ecografia addominale
- Principali cause: **virus** (HAV, HBV, HCV*, HEV) m.autoimmunitarie, **m. metaboliche**, **alcol**, tossici, farmaci, ischemia-ipossia, malattia veno-occlusiva, s. di Budd-Chiari
- * **HBV : DNA** **HCV : RNA**

HCC : aetiopathogenesis

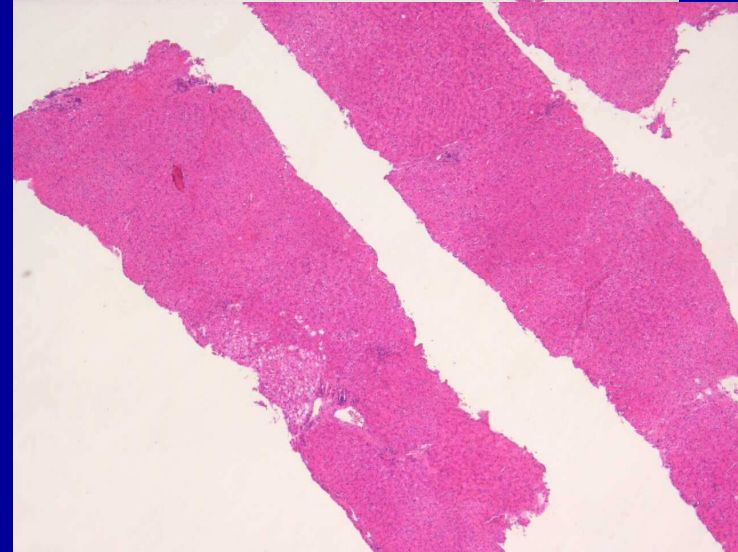
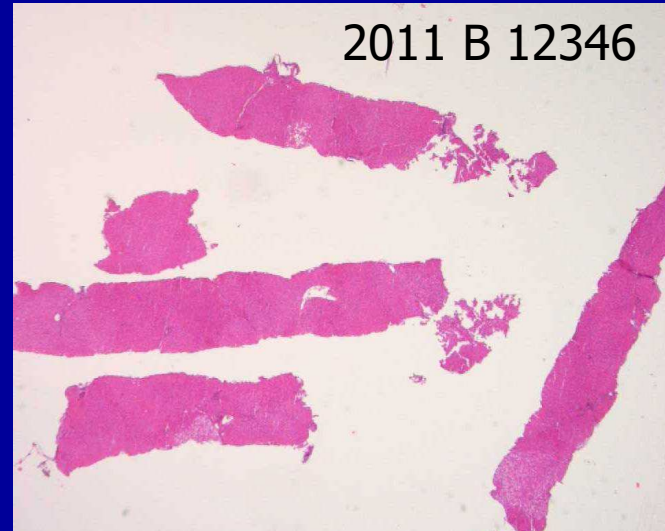
- HBV (HBsAg, HBcAb) : HBV-DNA (!) → direct mutagenic agent !!
- HCV (HCV-RNA!) : 53-76% in HCC through ***cirrhosis***.
- Alcohol : dose-dependent hepatotoxic effect!
- Aflatoxin B1 (mold of cereals) → mutation of codone 249 of oncosuppressor gene p53
- Emocromatosis (iron storage into the liver)
- PBC (Primary Biliary Cholangiopathy), autoimmune hepatitis, Metabolic syndrome !!
- Estrogens, anabolic drugs

Reversibilità della Fibrosi

2008 B 14305



2011 B 12346



«The influence of HIV infection in the natural history of HCC : results from a global multi-cohort study» Pinato DJ et al., JCO, in press

- 1588 advanced HCC from Europe, North and South America and Asia : 132 with HCV-HBV/ coinfection
- Prognostic factors for OS (4 months) in HIV+ : CTP class, α -FP, BCLC stage , HIV viral load, CD4+ concentration



« *HIV infection adversely influence the clinical course of HCC, leading to 24% in the hazard of death in patients who did not receive any active anticancer treatment* »

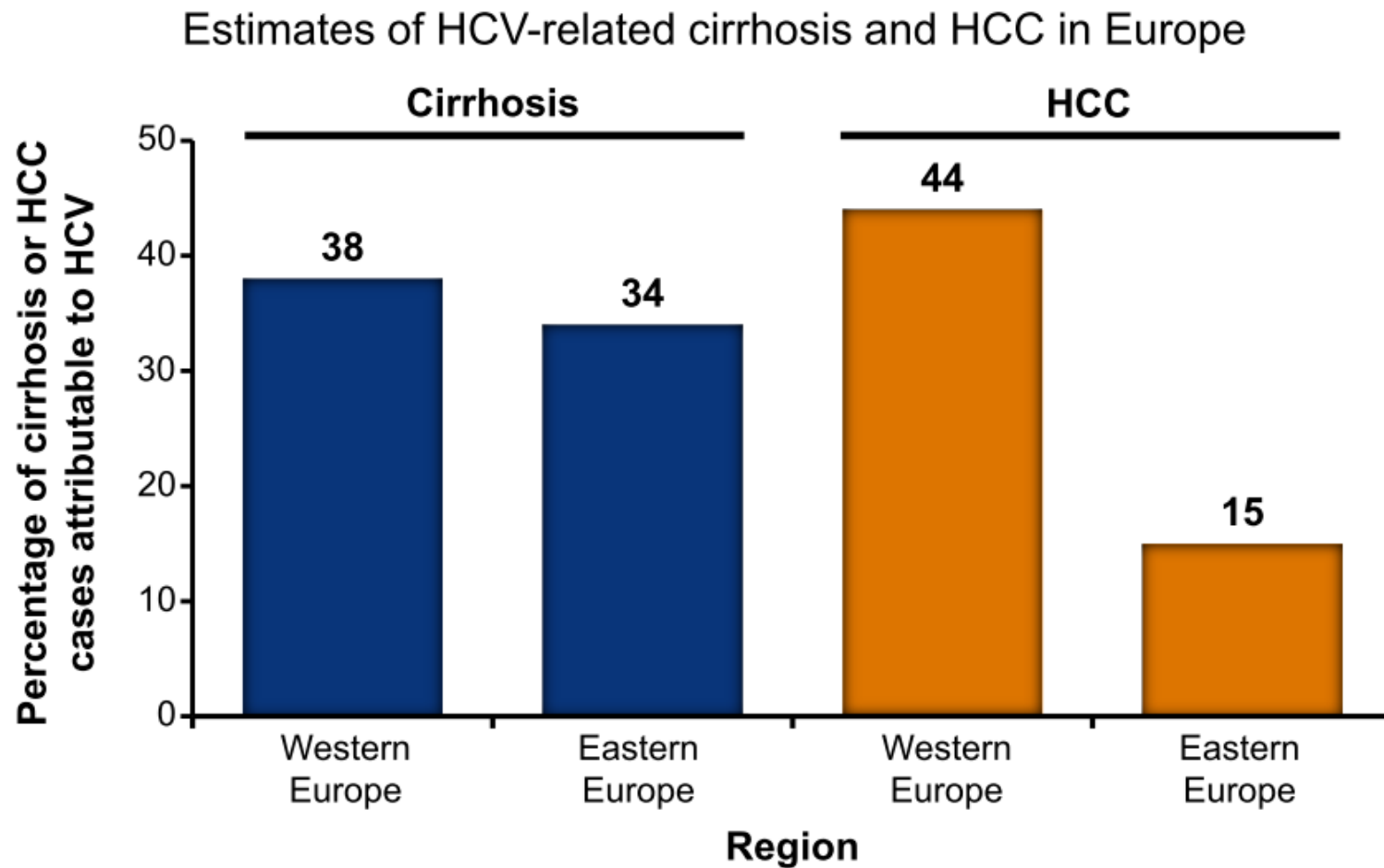


« *HIV coinfectd patients are a special population in terms of surveillance, diagnosis, prognosis and treatment of HCC* »

HCV screening rates: 2011 estimation

	Belgium	France	Germany	Italy	Spain	UK
HCV screening, %						
Observed, % (year)	37 (2000)	57 (2004)	40 (2004)	40 (2005)	33 (2008–9)	30 (2004)
Estimated in 2011, %	50	64	48	46	35	34
HCV Genotype						
G1, %	60	56	60	62	65	44
G2/3, %	27	32	37	34	23	53
Other genotypes, %	13	12	3	4	12	3

HCV infection is associated with a significant health burden



Chronic HCV infection : liver disease.. extrahepatic disease.. systemic disease !

- *3% of the world's population are chronically infected*
- *The estimated liver-related mortality because of cirrhosis and liver cancer is 350.000 people/year*
- *Approximatly 74% of patients have extrahepatic manifestations of various degree (Cacoub P et al., Arthr Rheumat, 1999)*



↗ *hepatotropism*

HCV

↘ *lymphotropism*

(Dammacco F et al., Semin Liver Dis, 2000)

Infezione da HCV

Possibile successione degli eventi



Infezione



Stimolazione sistema immune



Crioglobulinemia mista (tipo II, tipo III)



disordini autoimmuni



linfoma (B-NHL)

(associazione HCV/B-NHL = 2,4-42%)

PATOLOGIE ASSOCIATE A CRIOGLOBULINEMIA

Type I

Multiple myeloma

Waldenström's macroglobulinemia

Other lymphoproliferative diseases with M components

Type II

Chronic hepatitis C virus infection

Sjögren's syndrome

Waldenström's macroglobulinemia

Chronic lymphocytic leukemia

Non-Hodgkins' lymphoma

Autoimmune diseases

Cold agglutinin disease

Type III

Chronic infections

Viral (EBV, CMV, HIV, **hepatitis viruses**)

Bacterial (subacute bacterial endocarditis, leprosy, spirochetal)

Fungal, parasitic

Autoimmune diseases

Systemic lupus erythematosus

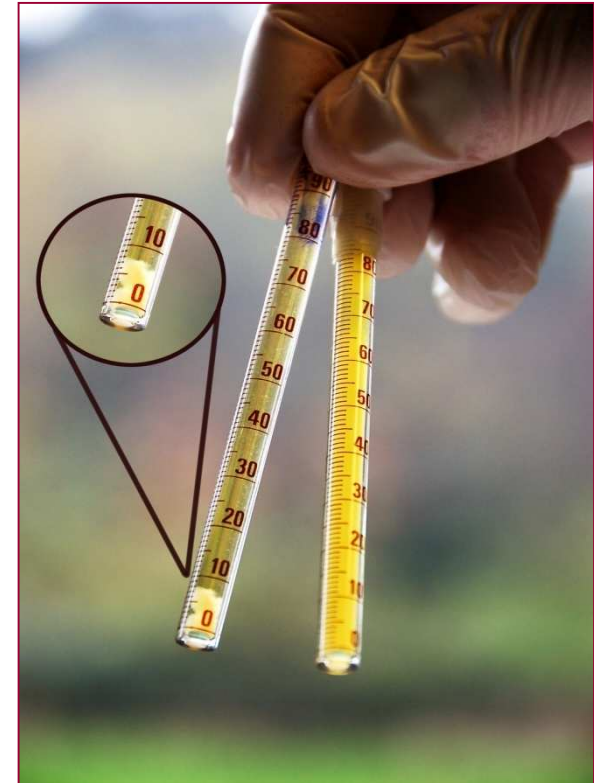
Rheumatoid arthritis

Inflammatory bowel diseases

Biliary cirrhosis

Crioglobuline e HCV

- Le crioglobulinemie HCV-relate, sono correlate a manifestazioni cliniche proprie che Meltzer e Franklin individuarono nella triade **porpora, artralgia e astenia**, ma che coinvolgono in varia misura altri organi ed apparati.
- Sono presenti in correlazione a HCV-Ab (maggiore prevalenza nel Tipo II).
- Il virus è patogeneticamente coinvolto, essendo stato ritrovato come RNA nel crioprecipitato.



Crioglobulinemia : diagnosi

” Riconcontro di precipitati proteici nel siero mantenuto a 4 ° C per almeno 7 giorni, che scompaiono ritornando alla temperatura di 37 ° C. I crioprecipitati sono costituiti da IgG policlonali con IgM monoclonali o policlonali con attività del fattore reumatoide (tipo II o tipo III rispettivamente)”

«...caposala, ma quando arrivano queste crio? Sarà una settimana che abbiamo mandato il campione!»

« Useful biomarkers for assessment of hepatitis C virus infection-associated autoimmune disorders»

(Yang Dh et al., WJG, 2014, 21; (20) 11: 2962-70)

Autoanticorpi rilevabili nell' infezione cronica da HCV:

- ✓ *Fattore reumatoide*
- ✓ *Anticorpi antinucleo*
- ✓ *Anticorpi anti – SSA/-SSB*
- ✓ *Anticorpi anti-citoplasma dei neutrofili*
- ✓ *Anticorpi anti-muscolo liscio*
- ✓ *Anticorpi anti-LKM1, anti-tireoglobulina, anti-TPO....*



..iperattivazione e proliferazione dei linfociti B, mediante l'interazione con le proteine di superficie di HCV

Patologia d'organo correlata alla crioglobulinemia in corso di infezione cronica da HCV

- * *Cute → porpora, ulcere arti inferiori...*
- * *Sistema nervoso → neuropatia periferica, SNC*
- * *Polmone → fibrosi interstiziale*
- * *Rene → glomerulonefrite (membranoproliferativa)*
- * *Cuore → pericardite, coronarite, valvulopatie*
- * *App. digerente → vasculite mesenterica (epatite)*
- * *App. locomotore → poliartrite*
- * *Ghiandole salivari, lacrimali → Sicca Syndrome*
- * *Diabete, insulino-resistenza*
- * *Tiroide → tiroidite autoimmune*

Autoanticorpi e manifestazioni cliniche nell'infezione cronica da HCV

- ✓ *Porpora, ulcere → crioglobuline, ANCA (LES)*
- ✓ *Glomerulonefrite → ANCA, anti-dsDNA (LES)*
- ✓ *Poliartriti → RF, anti-CCP (AR)*
- ✓ *SS → anti-SSA/SSB*
- ✓ *Epatite → anti-SM, anti-LKM1 (Epatite autoimmune)*

La terapia dei disordini immunologici presenti nell'infezione cronica da HCV è la cura dell'infezione da HCV ?

- *Molti dei sintomi e dei disordini immunitari presenti nell'infezione da HCV migliorano (guariscono?!?) con l'eradicazione del virus (Gragnani L et al., Dig Liv Dis, 2014)*
- *In una percentuale variabile di pazienti (?) le manifestazioni extraepatiche permangono irreversibili con persistenza della crioglobulinemia mista*
- *Tale osservazione sembra permanere anche dopo l'introduzione dei nuovi antivirali (Boceprevir, Telaprevir, **Sofosbuvir**)*
- *La maggior parte di tali pazienti hanno la cirrosi (maggior durata del trattamento in tali pazienti?)*

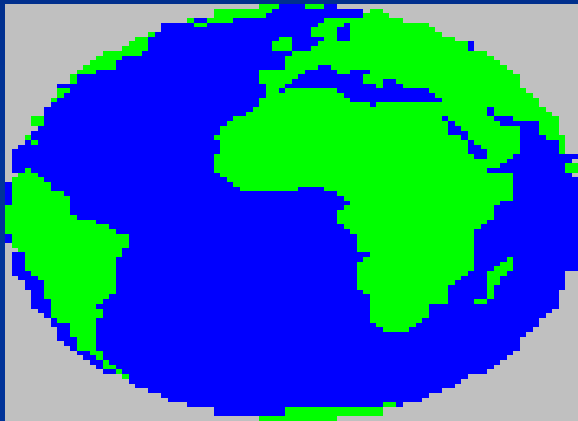
Infezione da HCV, fegato e manifestazioni extraepatiche



“...gentile paziente, nel panorama delle patologie dovute alla sua infezione da virus C dell’epatite, forse l’epatite non è il maggiore dei problemi !”

EPIDEMIOLOGIA

La diffusione dell'HCV è elevata in tutto il mondo .



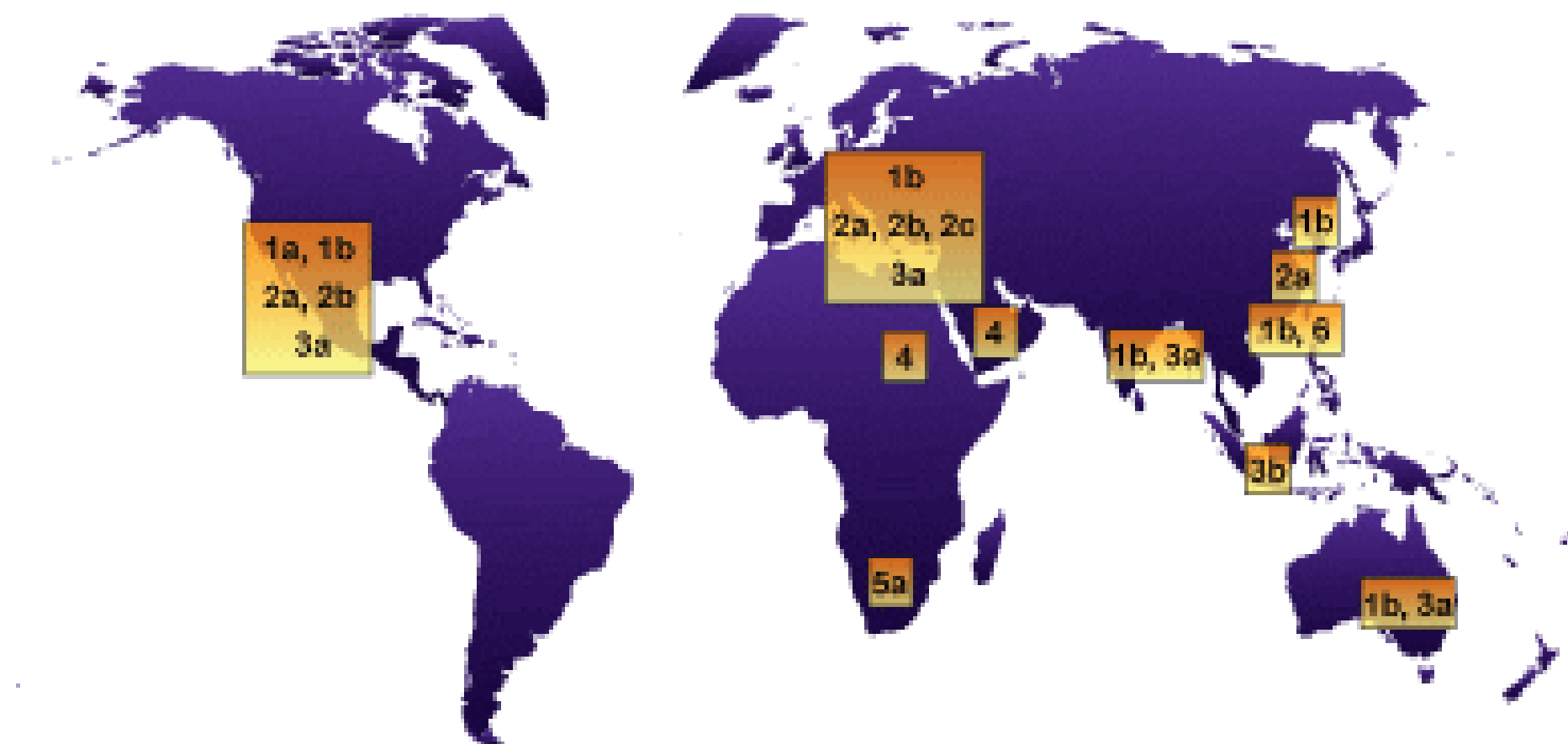
3% della popolazione mondiale,
160-200 milioni



- 3-12 % della popolazione con gradiente
che cresce in senso nord-sud e con l'età

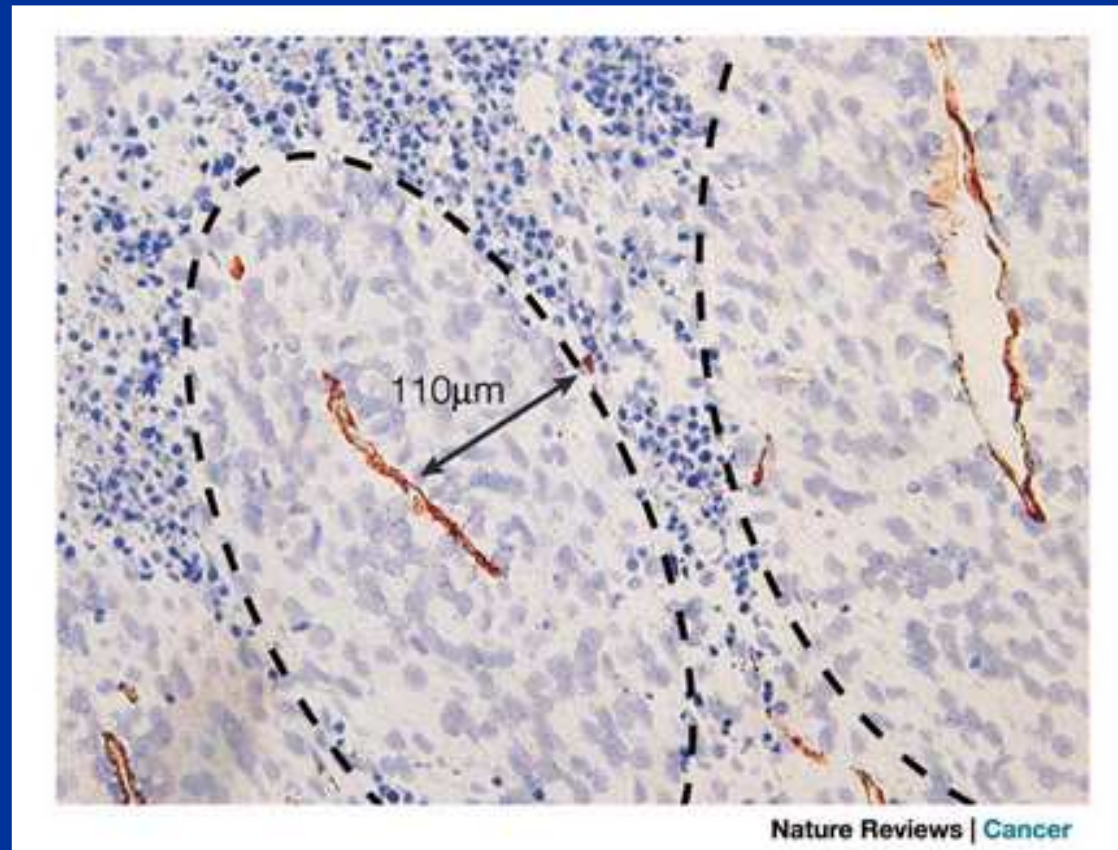
La distribuzione geografica dei diversi genotipi dell'HCV

HEPATITIS C VIRUS: GENOTYPE DISTRIBUTION



Fang J. Clin Liver Dis. 1997.

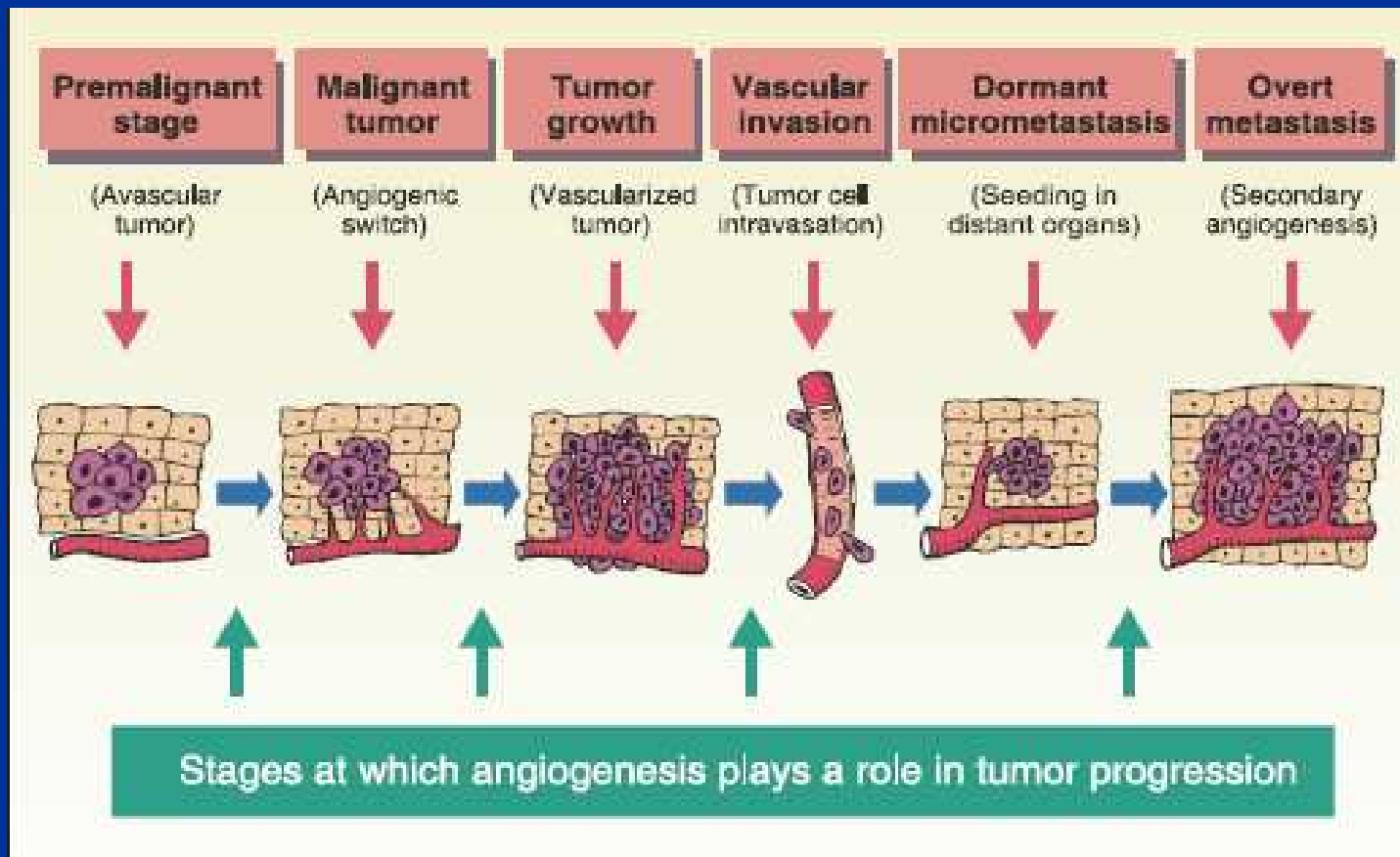
Neoangiogenesis is essential to tumour growth



Folkman, *Nature Rev Cancer* 2002

Anti-angiogenic drugs in HCC

Angiogenesis is a complex, multistep process initiated by the release of angiogenic factors (VEGF, PDGF, FGFbeta, etc) from tumour cells and surrounding stromal cells



OBI Clinical Impact

Occult HBV infection may...

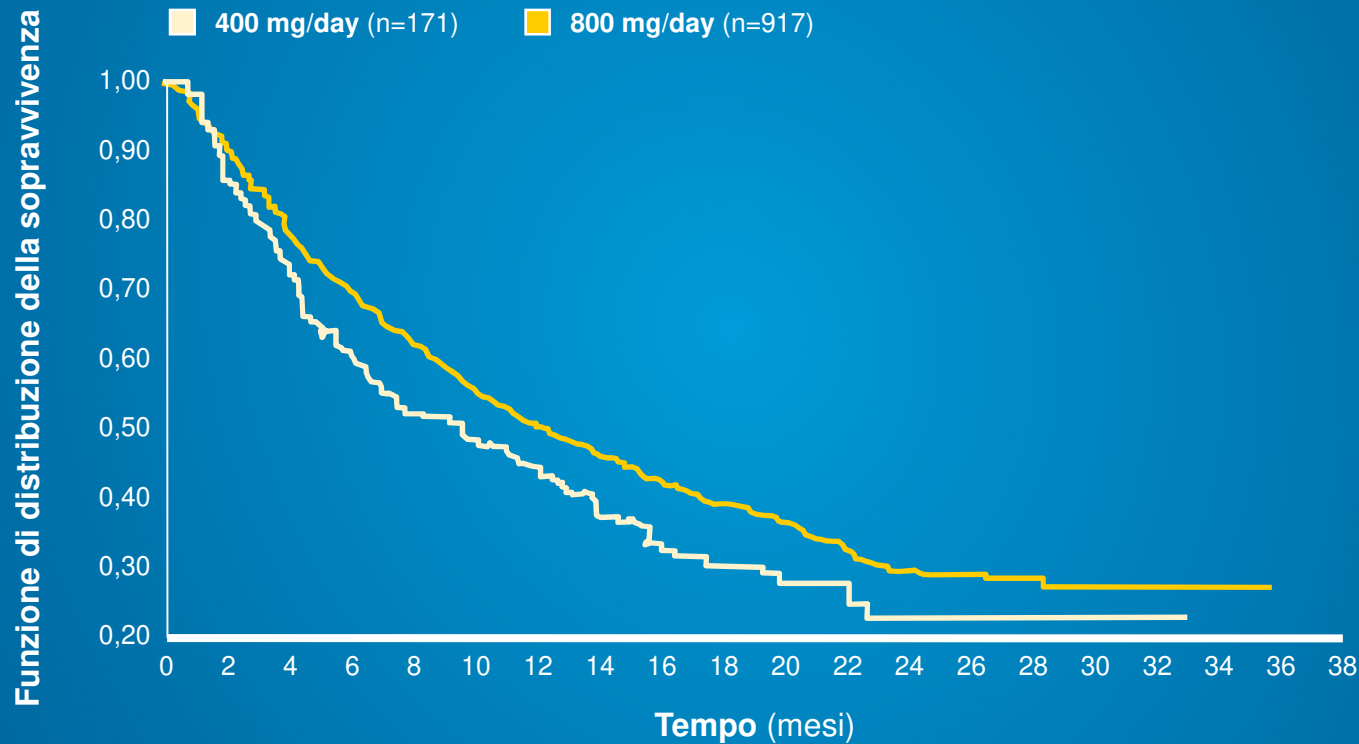
Consequence: typical hepatitis B in the recipient

Consequence: typical hepatitis B in the OBI carrier

Sorafenib: dosaggio e sopravvivenza nella pratica clinica



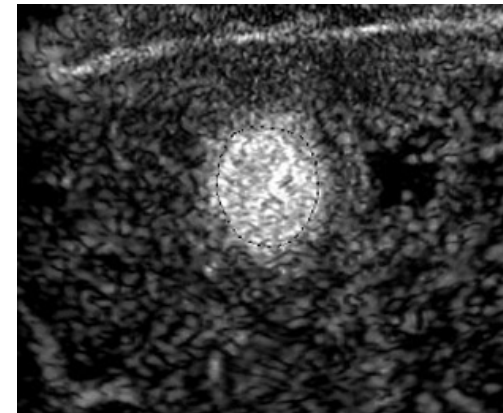
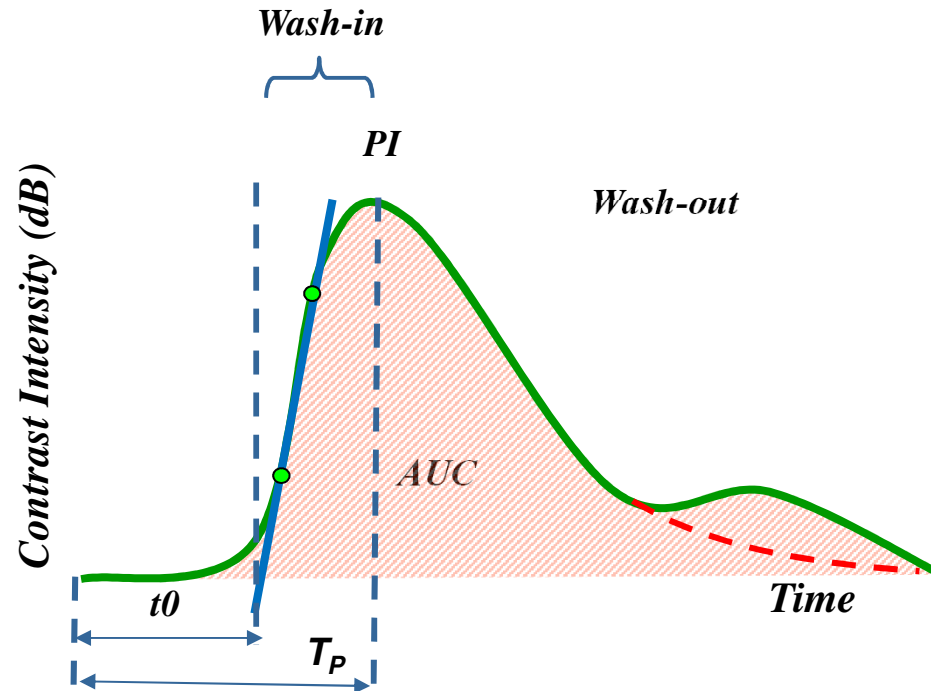
Overall survival according to initial sorafenib dose European subset



400 mg pts: more C-P B and ECOG 1!!

Contrast Enhanced UltraSound

- Analysis and placement of ROIs -

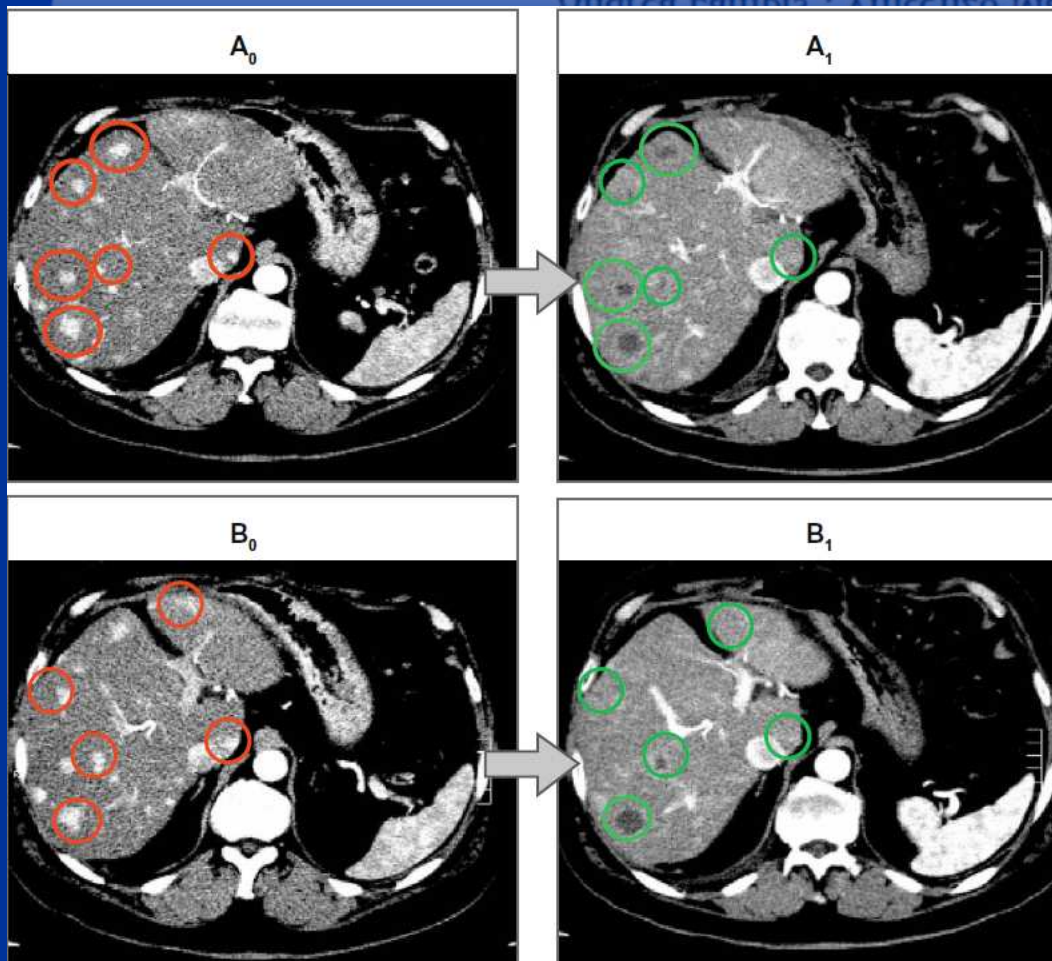


- ✓ **PI** (peak intensity) in AU
- ✓ **T_p** (time to peak intensity) in sec
- ✓ **AUC** (area under the curve) in AU
- ✓ **T_p** (slope coefficient of wash-in) **in** AU/sec
- ✓ **MTT** (mean transit time) in sec

Perfusion parameters
extracted from time-
intensity curves

Personalized molecular targeted therapy in advanced, recurrent hepatocellular carcinoma after liver transplantation: A proof of principle

Sherrie Bhoori¹, Sara Toffanin^{1,2}, Carlo Sposito¹, Alessandro Germini¹, Alessandro Pellegrinelli¹, Andrea Lampis¹, Vincenzo Mazzaferro^{1,*}



*Treatment with
Sorafenib+mTOR
inhibitors was started.*

*3 months later CT scan
showed a 50% response
according to mRECIST
criteria*

Future Burden ?!?

- *Epidemiologia futura*
- *Impatto dei trattamenti con DAA sulla malattia cronica di fegato e sue complicanze*
- *Management dopo SVR*
- *Obiettivi futuri*

Epidemiologia dell'Epatite HCV

- *2-3% della popolazione mondiale (120-180.000.000)*
- *Prevalenza : < 1.5% (Nord America) – 22% (Egitto)*
- *Risoluzione spontanea : 20-30%*
- *Infezione cronica : 70-80% (IL28B !)*
- *Trasmissione : prevalentemente sangue infetto*
- *Rischio dopo l'introduzione della PCR per HCV-RNA :
1:500.000 – 2.000.000 trasfusioni (!!?)*



WHO : inclusion of new HCV drugs in the list of essential medicines → sustainable development goal (SDG) until 2030 (Waheed Y, Pathog Glob Health, 2015)

HCV epidemiology in 2011: estimation of number of patients ever infected



«*Future burden of the Disease* »

- *Futura nuova epidemiologia*
- *Impatto dei trattamenti con DAA sulla cirrosi, sulle sue complicanze (HCC, insufficienza epatica...) e sulla sopravvivenza*
- *Reversibilità della fibrosi (??)*
- *Management dopo SVR*
- *Rischio di reinfezione*
- *Eradicazione worldwide (2030-2040 ?!) :*
programmi di screening (?!)
- *Costo dei trattamenti....*

Trattamento della malattia cronica di fegato e incidenza di HCC

- *I trattamenti antivirali (IFN $\pm$ RIBA), con SVR, hanno ridotto (ma non azzerato!) l'incidenza di HCC*
- *Rimangono fattori di rischio la fibrosi grave (cirrosi), l'età avanzata, il diabete, l'obesità*
- *I trattamenti IFN-free ottengono una SVR > 90%, ma la loro efficacia nel ridurre l'incidenza di HCC va dimostrata (in ricerca in Medicina non esiste la proprietà transitiva...)*
- *I pazienti con cirrosi che anche abbiano ottenuto una SVR devono proseguire il programma di sorveglianza per HCC!*

"Hepatitis C eradication : a long way to go" *(Waheed Y, World J Gastroenterol, 2015)*

- *The actual production cost of a 12 wk regimen of DAA is about \$ 250*
- *1 premature death is prevented for every 3 virologic cures*
- *47% of blood donations in low income countries are from laboratories with no quality assurance (III generation EIA) (WHO)*
- *40% of global HCV infections are due to unsafe injections and medical equipments.*

Valutazione della steatosi/fibrosi epatica

- *Marcatori sierologici*
- *Ecografia epatica*
- *Transient Elastography, Real-time Tissue Elastography.*
- *Angiosonografia (CEUS)*
- *CT, MRI, MR Spectroscopy*
- *ISTOLOGIA*

EPATOPATIE CRONICHE

STEATOSI EPATICA

- La degenerazione lipidica in alcuni casi colpisce solo alcune zone, simulando lesioni focali
- I quadri ecografici sono due:
 - Ipocogeno: aree ovalari di varia dimensione; sedi tipiche anteriormente alla biforcazione portale e in sede paracolecistica (**aree a diversa distribuzione lipidica**) (Caturelli E. et al., Gastroenterology, 1992)
 - iperecogeno: aree voluminose occupanti interi segmenti (**s. segmentaria**) o parte di essi (**s.subsegmentaria**) oppure aree di minori dimensioni ma diffuse in entrambi i lobi (**steatosi a prato fiorito**)

Sviluppo di HCC: cfr trattati↔non trattati

<i>Autore</i>	<i>SVR</i>	<i>F-up</i>	<i>HCC</i>
<i>Nishiguchi ,1995</i>	<i>15,6%</i>	<i>53</i>	<i>T= 4%</i> <i>U= 38%</i>
<i>Valla, 1999</i>	<i>?</i>	<i>37</i>	<i>T= 11%</i> <i>U= 18%</i>
<i>Bernardinello,'99</i>	<i>5%</i>	<i>60</i>	<i>T= 5%</i> <i>U= 4%</i>
<i>Azzaroli,2004</i>	<i>43%</i>	<i>60</i>	<i>T= 0%</i> <i>U= 30%</i>
<i>Soga, 2005</i>	<i>32%</i>	<i>93</i>	<i>T= 5%</i> <i>U= 23%</i>

➤ *Metanalisi di trial e studi di coorte :l'incidenza a 5 anni
trattati/non trattati si riduce del 7,8% (Shen,Oncology,2012)*

Terapia antivirale e rischio di recidiva dopo trattamenti «curativi» (resez/ablaz)

<i>Autore</i>	<i>n.casi</i>	<i>SVR</i>	<i>HCC</i>
<i>Kubo, 2002</i>	<i>30</i>	<i>13,3%</i>	<i>T = 34%</i> <i>U = 80%</i>
<i>Shiratori, 2003</i>	<i>74</i>	<i>29%</i>	<i>T = 68%</i> <i>U = 77%</i>
<i>Mazzaferro, 2006</i>	<i>150</i>	<i>7%</i>	<i>T = 60%</i> <i>U = 63%</i>
<i>Hsu, 2013</i>	<i>1.065</i>	<i>(a 5 aa.)</i>	<i>T = 52,1%</i> <i>U = 63,9%</i>



*La riduzione del rischio diventa statisticamente non significativa
nei pz > 60 aa, con la cirrosi (?) o il diabete.*

The impact of direct antiviral agents on the development and recurrence of HCC

Two topics:

1. Patients with cirrhosis who are at risk of developing HCC;

2. Patients at risk of developing recurrent HCC following successful resection, transplantation or ablation

« HCC risk following DAAs HCV-therapy : a systematic review, meta-analyses and meta-regression» Waziry R et al., J Hepatol, 67 (6), 1204-1212, 2017

- *HCC occurrence and recurrence comparing DAA with IFN based therapy in SVR patients*
- *41 studies* : - 26 HCC occurrence
- 17 HCC recurrence
- *HCC occurrence was 1.14/100 py and 2.96/100 py in IFN and DAA*
- *HCC recurrence was 9.21/100 py and 12.16/100 py in IFN and DAA*
- *In meta-regression adjusting for follow-up and age DAA therapy was not associated with higher HCC occurrence or recurrence*



«...there is no evidence for differential HCC occurrence or recurrence risk following SVR from DAA and IFN-based therapy».

“REAL-TIME” TISSUE ELASTOGRAPHY

Recently, elastography has emerged as an option in several commercial ultrasound systems, and is starting to prove clinically valuable in many areas, particularly for example in assisting **breast cancer** diagnosis, or in guiding minimally invasive treatment of **prostate cancer**. The technique reveals the physical properties of the tissue by characterizing the **difference in hardness** between diseased and surrounding tissue.

The method measures mechanically induced deformation (strain) of structures **in the B mode image** to quantify the elasticity of the tissue. **By measuring the tissue strain induced by compression, it is possible to estimate the tissue hardness.**

« Sustained virologic response to DAAs therapy in patients with chronic hepatitis C and HCC : a systematic review and meta-analysis» (Ji F et al., J Hepatol, April 2019)

- 49 studies of 15 countries
- 3.341 HCC and 35.701 non-HCC patients
- SVR was lower in HCC than in non-HCC (89,6% vs 93,3%)
- SVR was lower in active/residual HCC than in inactive/ablated HCC (73,1 % vs 92,6 %)
- HCC patients with prior OLT had higher SVR than non-OLT HCC patients



« SVR is lower in HCC compared to non-HCC patients»....but



was high the heterogeneity of : - patients

- stage of HCC

- treatments of : HCC

DAAs

« DAAs after successful treatment of early HCC improve survival in HCV-cirrhotic patients» (Cabibbo G et ITA.LI.CA. , J Hepatol , June 2019)

- 204 HCV-related cirrhotic patients : 102 DAA treated , 102 DAA untreated.
- All patients had a diagnosis of HCC (BCLC stage 0/A) with complete radiologic response after resection or ablation.
- Mean follow-up of **21,4 months**
- DAA group : 6,9% died
 - 27,5 % HCC recurrence
 - 5,9% hepatic decompensation



« DAAs significantly improved OS compared with no DAAs treatment, due to reduction of hepatic decompensation»

« Residual hepatitis C virus in peripheral blood mononuclear cell as a risk factor for HCC after achieving a SVR : a dogma or fiction» (Hanafy AS et al. Eur J Gastroenterol Hepatol, April 2019)

- **OCI** (Occult hepatitis C virus Infection) : negative HCV antibodies and HCV-RNA in serum but positive for Hepatitis C core antigen (HCVcAg) and /or for HCV-RNA in liver biopsy or PBMCs .
- 89/824 (10,8 %) SVR24 patients developed hepatic decompensation in a follow-up period of $8,2 \pm 1,8$ months
- HCV-RNA in PBMCs and HCVcAg were found in 95,5% and in 85,9% of the decompensated patients respectively
- 27,1% of patients with OCI developed recurrence of viremia (HCV-RNA in serum) after $3.57 \pm 1,34$ months
- In the OCI group were significantly more frequent diabetes, thrombocytopenia and elevated pretreatment α FP.



«..probably we have to reconsider the current definition of SVR»

Malattia cronica di fegato : istopatologia/metodi non invasivi

Elastosonografia

- *FIBROSI*

Istopatologia

- *Necrosi*
- *Infiammazione*
- *FIBROSI*
- *Colangiopatia*
- *Accumulo metalli*
- *Metaplasia/displasia*
- *Istochimica/immunoistochimica*
- *DNA virale intraepatocitario (HBV)*
- *(Attivazione cell. Kuppfer)*
- *(Dilatazione sinusoidi)*
- *.....*

Infezione da HCV

Possibile successione degli eventi



Infezione



Stimolazione sistema immune



Crioglobulinemia mista (tipo II, tipo III)



disordini autoimmuni



linfoma (B-NHL)

(associazione HCV/B-NHL = 2,4-42%)