# PROPOSTA DI UN NUOVO ALGORIMO PER LA DIAGNOSI ECOGRAFICA DELLE MALATTIE CRONICHE DEL FEGATO



Corso Residenziale di ECOGRAFIA ed ECO-INTERVENTISTICA

Direttore Prof. Antonio Giorgio

La quota d'iscrizione al corso è di € 385,00 per partecipante, inclusiva della

## A. Giorgio

Direttore del servizio di Ecografia
Interventistica
Istituto Clinico S.Rita -IRCCS -Atripalda
(Avellino)
Istituto Clinico Athena (Caserta)
Consultant Ecografia Interventistica Istituto
Clinico Tortorella -Salerno



## **Conflict of interest**

## None to declare

## DIAGNOSTIC AND THERAPEUTIC ADVANCES IN HEPATOLOGY

## **Noninvasive Assessment of Liver Fibrosis**

Doris Nguyen<sup>1</sup> and Jayant A. Talwalkar<sup>2,3</sup>

Hepatology-2012

Real-time elastography- a new application in the field of liver disease

Gheorghe L et al, J Gastrointestin Liver Dis 2008

## Elasticity imaging promises to make an important contribution to ultrasound practice

Real-time elastography for noninvasive assessment of liver fibrosis in chronic viral hepatitis Friedric - Rust M et al, AJR 2007



Non invasive assessment of liver fibrosis using US based real-time elastography which can be performed with conventional US probes during a routine US examination

- real-time elastography is a new method for measurement of tissue elasticity integrated in a sonography machine and is technically different from transient elastography
- recently, researchers have evaluated real-time elastography for the characterization and detection of focal lesions in the breast, thyroid and prostate

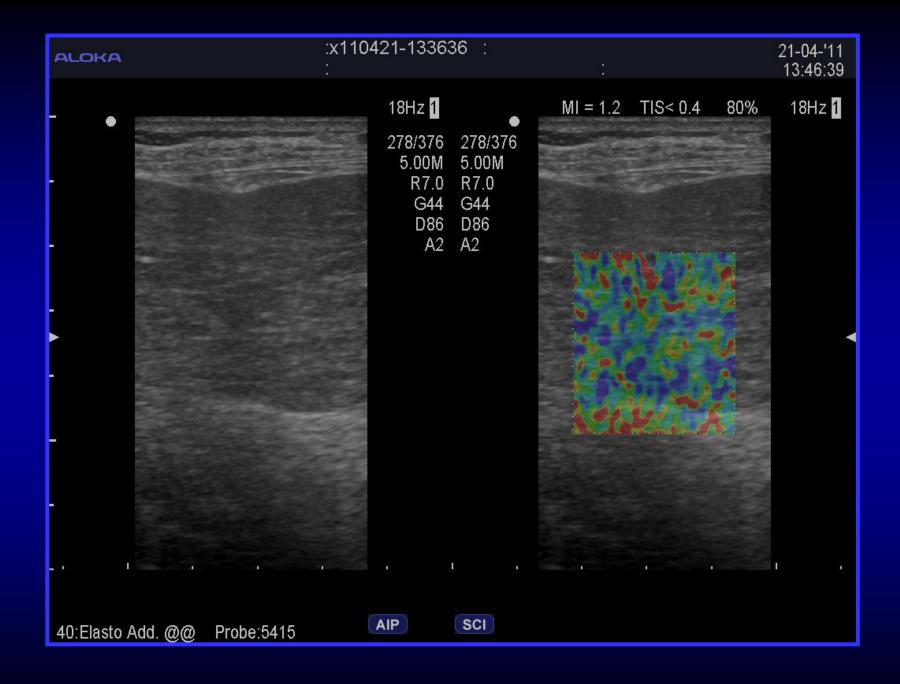
## Real-Time Tissue Elastography and Transient Elastography for Evaluation of Hepatic Fibrosis

Hiroyasu Morikawa

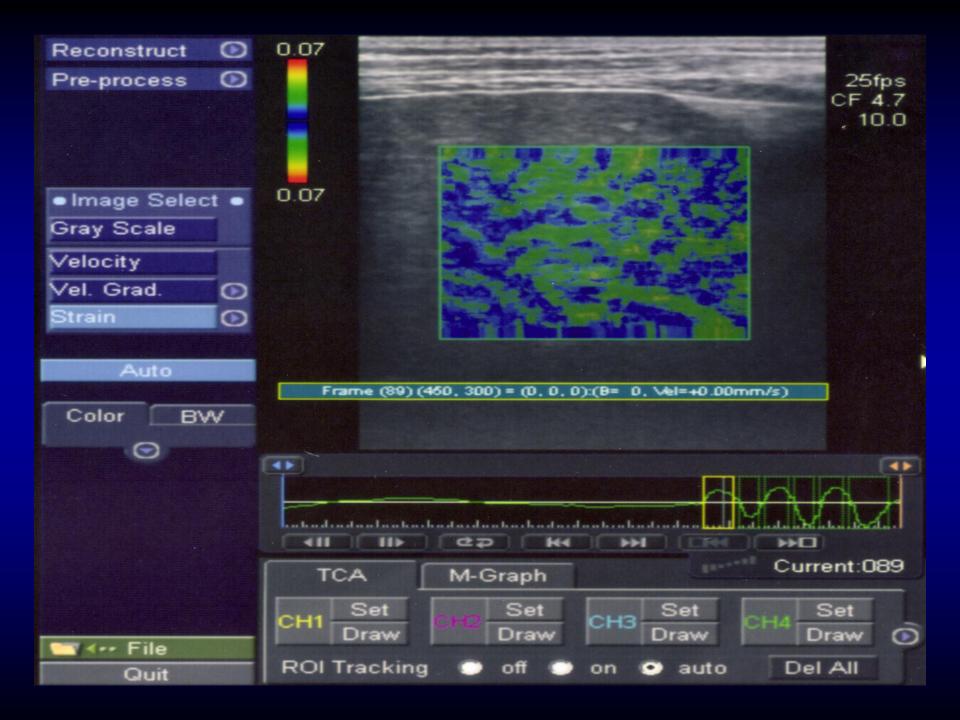
2013

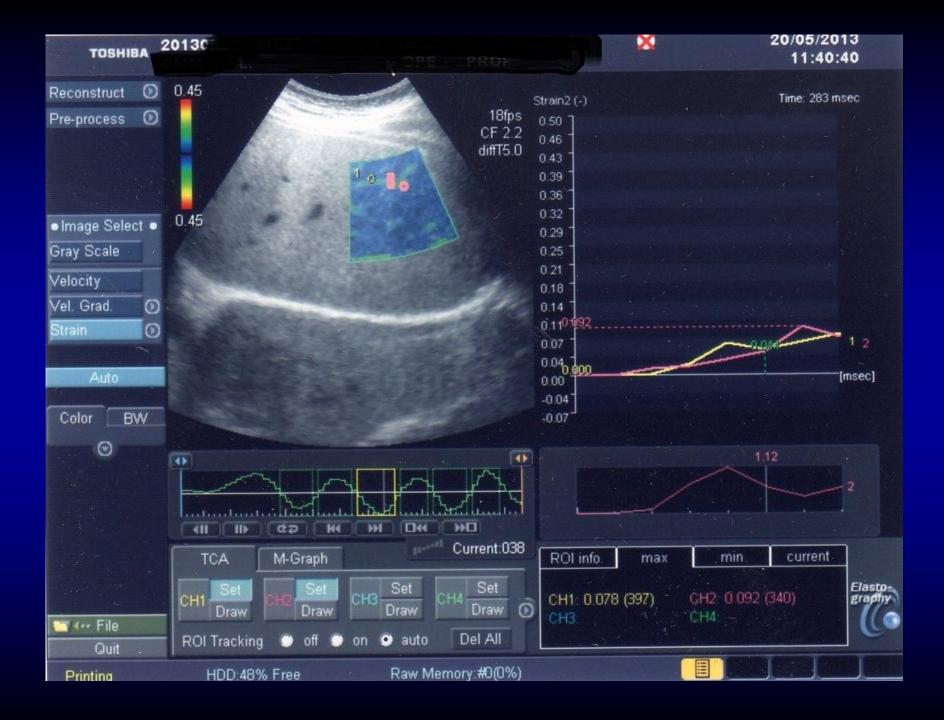
	Principle	Mode of generation	Imaging modality
Real-time Tissue Elastography (RTE)	Tissue distortion	Pulsing of the aorta	Ultrasound
Vibration-Controlled Transient Elastography (VCTE, Fibroscan)	Propagating shear wave	Mechanical vibration	Ultrasound
Acoustic Radiation Force Impulse (ARFI)	Propagating shear wave	Radiation force	Ultrasound
Magnetic Resonance Elastography (MRE)	Propagating shear wave	Mechanical vibration	Magnetic resonance imaging
Supersonic Shear Imaging (SSI)	Propagating shear wave	Radiation force	Ultrasound

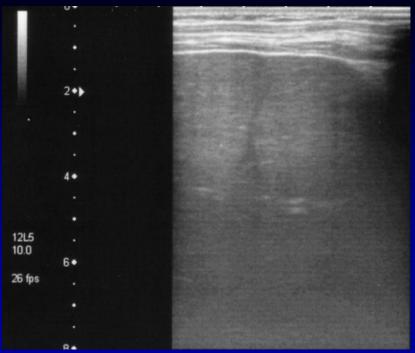
**Table 1.** Elastography techniques for measurement of liver stiffness.

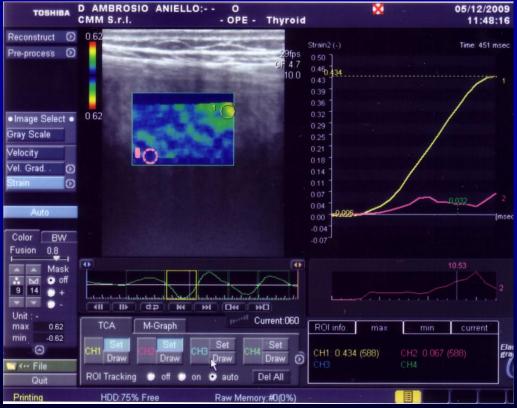














Real-time elastography for noninvasive assessment of liver fibrosis in chronic viral hepatitis

Friedric - Rust M et al, AJR 2007

### materials & methods

- √ 79 pts chronic viral hepatitis
  and known fibrosis stage
  - ✓ 20 healthy volunteers
- specially developed program was used for quantification of tissue elasticity
- aspartate transaminase-to -platelet ratio index (APRI) and routine laboratory values were included in the analysis

Real-time elastography for noninvasive assessment of liver fibrosis in chronic viral hepatitis Friedric - Rust M et al, AJR 2007

#### results

- Spearman's correlation coefficient between the elasticity scores obtained using real-time elastography and the histologic fibrosis stage was 0.48 which is highly significant (p<0.01)
- ✓ diagnostic accuracy expressed as areas under the ROC curves were 0.75 for the diagnosis of significant fibrosis

fibrosis stage according to METAVIR scoring system F  $\geq$  F2

Real-time elastography for noninvasive assessment of liver fibrosis in chronic viral hepatitis Friedric - Rust M et al, AJR 2007

#### results

- ✓ diagnostic accuracy (ROC curves) were
   0.73 for the diagnosis of severe fibrosis (F ≥ F3)
   and 0.69 cirrhosis
- for a combined elasticity-laboratory score, the areas under the ROC curves were 0.93 (significant fibrosis), 0.95 (severe fibrosis) and 0.91 (cirrhosis)

### conclusion

real-time elastography is a new and promising US-based noninvasive method for the assessment of liver fibrosis in pts with chronic viral hepatitis

Real-time elastography for noninvasive diagnosis of liver fibrosis Kanamoto M et al, J Hepatobiliary Pancreat Surg 2009

objective

to evaluate the usefulness of real-time tissue elastography for the preoperative assessment of liver fibrosis stage

methods

the liver fibrosis stages were finally determined in the operative specimens from 41 pts it was examined the correlation between the elastic ratio and the histological fibrosis stage

Real-time elastography for noninvasive diagnosis of liver fibrosis Kanamoto M et al, J Hepatobiliary Pancreat Surg 2009

### results

significant correlation between the elastic ratio and the histological fibrosis stage was found

### conclusion

real time elastography is a promising US-based noninvasive method for the preoperative assessment of liver fibrosis

Noninvasive evaluation of hepatic fibrosis using serum fibrotic markers ,transient elastography (fibroscan) and real-time tissue elastography Tatsumi C et al, Intervirology 2008

## objectives

To investigate the accuracy of noninvasive tests: serum fibrotic markers, transient elastography (TE) and real-time tissue elastography (real-TE) in the diagnosis of hepatic fibrosis

✓ To determine whether they can replace liver biopsy

119 pts with chronic liver disease

Noninvasive evaluation of hepatic fibrosis using serum fibrotic markers transient elastography (fibroscan) and real-time tissue elastography Tatsumi C et al, Intervirology 2008

## results

- fibrotic stage by histopathology no correlate as well with serum fibrotic markers although it was useful to diagnose cirrhosis
- ✓ the stage of hepatic fibrosis correlated well
  with liver stiffness measured with fibroscan

the levels of liver strain
measured by real-Time elastography
correlated
well with liver
stiffness (p<0.05)

fibroscan was also a much better predictor of liver cirrhosis than APRI Noninvasive evaluation of hepatic fibrosis using serum fibrotic markers transient elastography (fibroscan) and real-time tissue elastography Tatsumi C et al, Intervirology 2008

## conclusion

serum fibrotic markers and fibroscan are useful for distinguishing liver cirrhosis (F4) from chronic liver hepatitis (F1-F3)

Real-Time elastography is a novel and promising method to determine the stage of hepatic fibrosis

Real-time elastography- a non-invasive diagnostic method of small HCC in cirrhosis

Gheorghe L et al, J Gastrointestin Liver Dis 2009



✓ to evaluate real-time sonoelastography as a noninvasive tool for the diagnosis of small HCC in cirrhotic pts (nodules under 3 cm represent the most challenging category for noninvasive diagnosis HCC)

## methods

✓ 42 cirrhotic pts/58 nodules (1-3 cm)
the mean intensity of colors red, blue, green
were measured using a semi-quantitative method

Real-time elastography- a non-invasive diagnostic method of small HCC in cirrhosis Gheorghe L et al, J Gastrointestin Liver Dis 2009

#### conclusion

✓ US elastography is a promising method for the non-invasive diagnosis of early HCC blue color at elastography and hypervascular aspects are independent predictors of HCC

## NEW SONOGRAPHIC QUANTITATIVE TOOLS IN EVALUATION OF LIVER FIBROSIS:

ARFI, SWE, ASQ



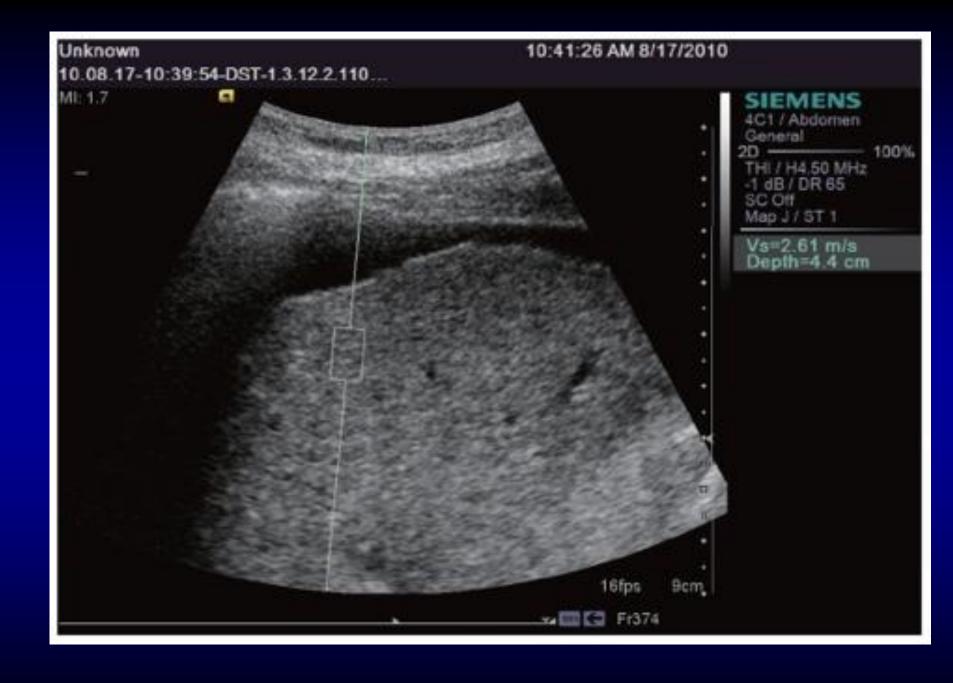
to compare in a pilot study acoustic radiation force impulse (ARFI) imaging technology integrated into a conventional US system with both transient elastography (TE) and serologic fibrosis marker testing for the noninvasive assessment of liver fibrosis



#### Materials & methods

- ✓ ARFI imaging involved the mechanical excitation of tissue with Use of short-duration acoustic pulses to generate localized displacements in tissue
  - ✓ the displacements resulted in shear-wave propagation, which
    was tracked by using US correlation-based methods
    and recorded in meters per second

√ 86 pts with chronic viral hepatitis underwent TE, ARFI imaging and serum fibrosis marker testing



#### results

were compared with liver biopsy findings which served as the reference standard

✓ ARFI imaging (rho=0.71), TE (rho=0.73), and serum fibrosis marker test (rho=0.66) results correlated significantly with histologic fibrosis stage (p<0.01)</p>

✓ median ARFI velocities ranged from 0.84 to 3.83 m/sec

#### results

areas under the receiving operating characteristic curve for the accuracy of ARFI imaging, TE and serum fibrosis marker testing were 0.82, 0.84 and 0.82 respectively, for the diagnosis of moderate fibrosis histologic fibrosis stage > or = 2 and 0.91, 0.91 and 0.82 respectively for the diagnosis of cirrhosis

## conclusion

ARFI imaging is a promising US-based method for assessing liver fibrosis in chronic viral hepatitis with diagnostic accuracy comparable to that of TE

## Noninvasive Evaluation of Hepatic Fibrosis using Acoustic Radiation Force-Based Shear Stiffness in Patients with Nonalcoholic Fatty Liver Disease

Mark L. Palmeri<sup>1</sup>, Michael H. Wang<sup>1</sup>, Ned C. Rouze<sup>1</sup>, Manal F. Abdelmalek<sup>2</sup>, Cynthia D. Guy<sup>3</sup>, Barry Moser<sup>4</sup>, Anna Mae Diehl<sup>2</sup>, and Kathryn R. Nightingale<sup>1</sup>

J Hepatol. 2011 September

Reconstructed shear stiffnesses were not associated with ballooned hepatocytes (p =0.11), inflammation (p = 0.69), nor imaging location (p = 0.11). Using a predictive shear stiffness threshold of 4.24 kPa, shear stiffness distinguished low (fibrosis stage 0–2) from high (fibrosis stage 3–4) fibrosis stages with a sensitivity of 90% and a specificity of 90% (AUC of 0.90). Shearstiffness had a mild correlation with APRI (R2 = 0.22). BMI > 40 kg/m2 was not a limiting factor for ARFI imaging, and no correlation was noted between BMI and shear stiffness (R2 = 0.05).

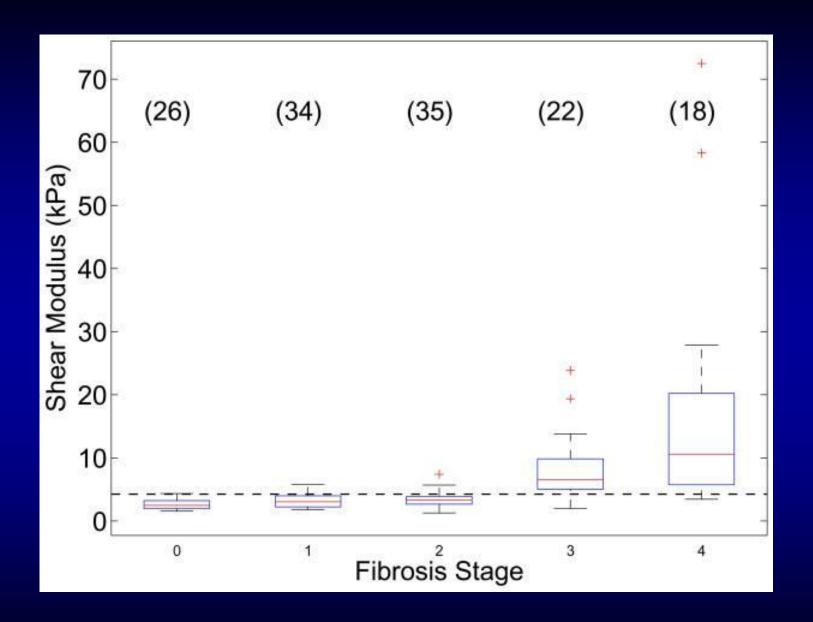
## Noninvasive Evaluation of Hepatic Fibrosis using Acoustic Radiation Force-Based Shear Stiffness in Patients with Nonalcoholic Fatty Liver Disease

Mark L. Palmeri<sup>1</sup>, Michael H. Wang<sup>1</sup>, Ned C. Rouze<sup>1</sup>, Manal F. Abdelmalek<sup>2</sup>, Cynthia D. Guy<sup>3</sup>, Barry Moser<sup>4</sup>, Anna Mae Diehl<sup>2</sup>, and Kathryn R. Nightingale<sup>1</sup>

J Hepatol. 2011 September

#### Conclusions

—ARFI imaging is a promising imaging modality for assessing the presence or absence of advanced fibrosis in patients with obesity-related liver disease.

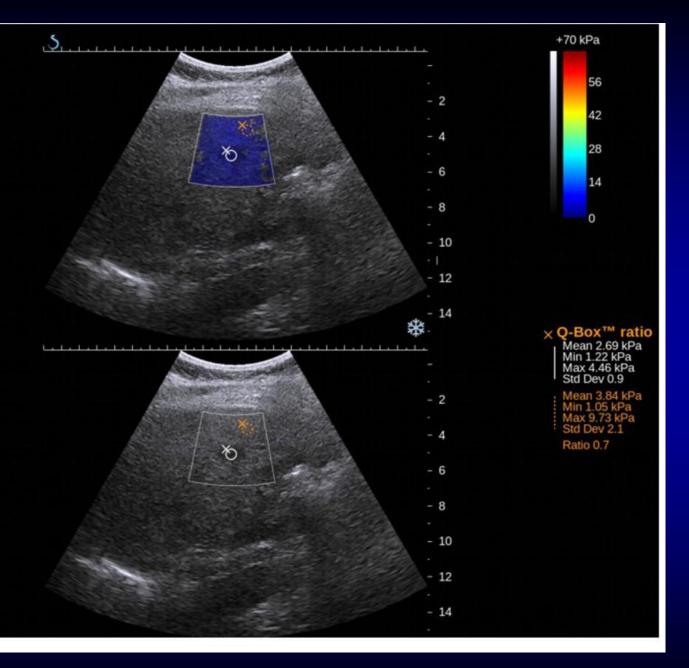


Shear-waves
Radiation
Force Impulse



Fissue 1540 m/s Super Compound On SuperRes 2 Pen / FR Map 3 / 64 dB / Medium Sain 40 % Fr. 7 Hz Zoom 100 %

WE™ Sen Map 1 Opa. 50 % Persist. Medium Smooth. 5 Sain 70 % SWE Standard



Shear wave elastography for assessing liver fibrosis in chronic hepatitis C: a pilot study.

Ferraioli G et al

Hepatology. 2012 Dec;56(6):2125-33.

Real-time shear wave elastography (SWE) is a novel, noninvasive method to assess liver fibrosis by measuring liver stiffness. This single-center study was conducted to assess the accuracy of SWE in patients with chronic hepatitis C (CHC), in comparison with transient elastography (TE), by using liver biopsy (LB) as the reference standard. Consecutive patients with CHC scheduled for LB by referring physicians were studied. One hundred and twenty-one patients met inclusion criteria. On the same day, real-time SWE using the ultrasound (US) system, Aixplorer (SuperSonic Imagine S.A., Aix-en-Provence, France), TE using FibroScan (Echosens, Paris, France), and US-assisted LB were consecutively performed. Fibrosis was staged according to the METAVIR scoring system. Analyses of receiver operating characteristic (ROC) curve were performed to calculate optimal area under the ROC curve (AUROC) for F0-F1 versus F2-F4, F0- F2 versus F3-F4, and F0-F3 versus F4 for both real-time SWE and TE.

Liver stiffness values increased in parallel with degree of liver fibrosis, both with SWE and TE. AUROCs were 0.92 (95% confidence interval [CI]: 0.85-0.96) for SWE and 0.84 (95% CI: 0.76-0.90) for TE (P = 0.002), 0.98 (95% CI: 0.94-1.00) for SWE and 0.96 (95% CI: 0.90-0.99) for TE (P = 0.14), and 0.98 (95% CI: 0.93-1.00) for SWE and 0.96 (95% CI: 0.91-0.99) for TE (P = 0.48), when comparing F0-F1 versus F2- F4, F0- F2 versus F3-F4, and F0 -F3 versus F4, respectively.

CONCLUSION: The results of this study show that real-time SWE is more accurate than TE in assessing significant fibrosis ( $\geq$  F2). With respect to TE, SWE has the advantage of imaging liver stiffness in real time while guided by a B-mode image. Thus, the region of measurement can be guided with both anatomical and tissue stiffness information.

#### Spleen Stiffness and splenoportal venous flow

Ran Hai-Tao et al J Ultrasound Med, Feb 2013

Liver elastography is able to predict increase of liver stiffnes in portal hypertension and to predict variceal bleeding with hight sensitivity and specificity.

Moreover it can be used to evaluate decrease of portal pressure after TIPS placement

Liver elastography for the diagnosis of portal hypertension in patients with liver cirrhosis

Roxana S et al Med Ultrasonics, 2012

### Performance of ARFI for the staging of liver fibrosis: a pooled meta-analysis

J Viral Hepatitis 2012 Friederich-Rust et al

518 patients - 8 studies
The mean diagnostic accuracy for cirrhosis: 0.93%

In the sub-group of patients undergoing both ARFI and TE: comparable results

# Acoustic Structure Quantification (ASQ) a new diagnostic tool in ultrasonography of the liver

over the last decade methods to quantify the changes of ultrasonic texture have focused on non-invasive tissue classification of parenchymal organs, primarily the liver, by using different mathematical procedures

ASQ describes the elastic scattering of light that passes gas atoms which have a much smaller diameter than the wave-length of the light

normal liver parechyma is mainly composed of a 3D arrangement of many structures that are smaller than the wavelenght of the typical ultrasound pulse used in clinical examinations

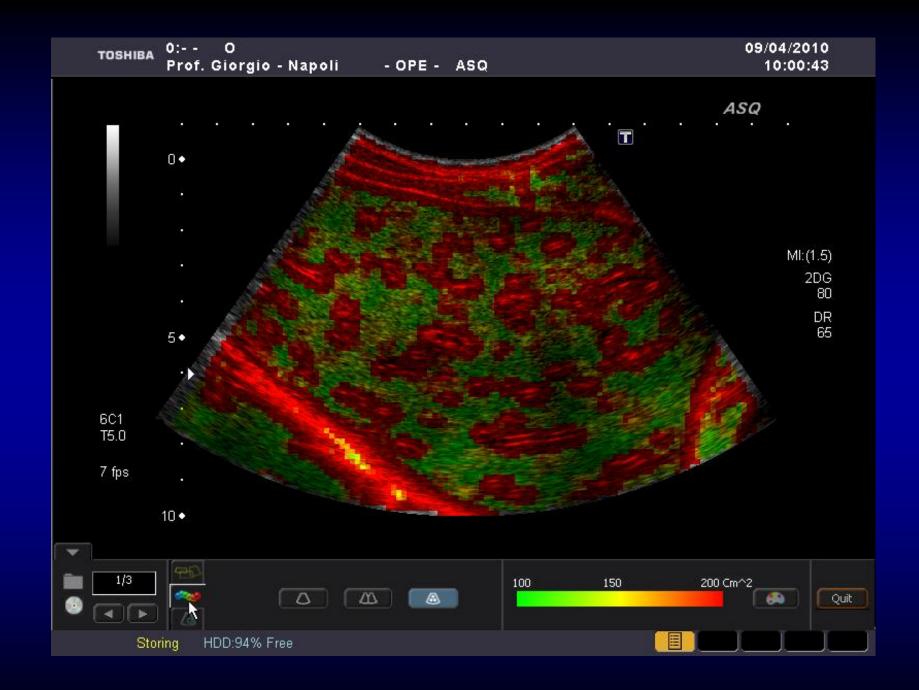
# Acoustic Structure Quantification (ASQ) a new diagnostic tool in ultrasonography of the liver

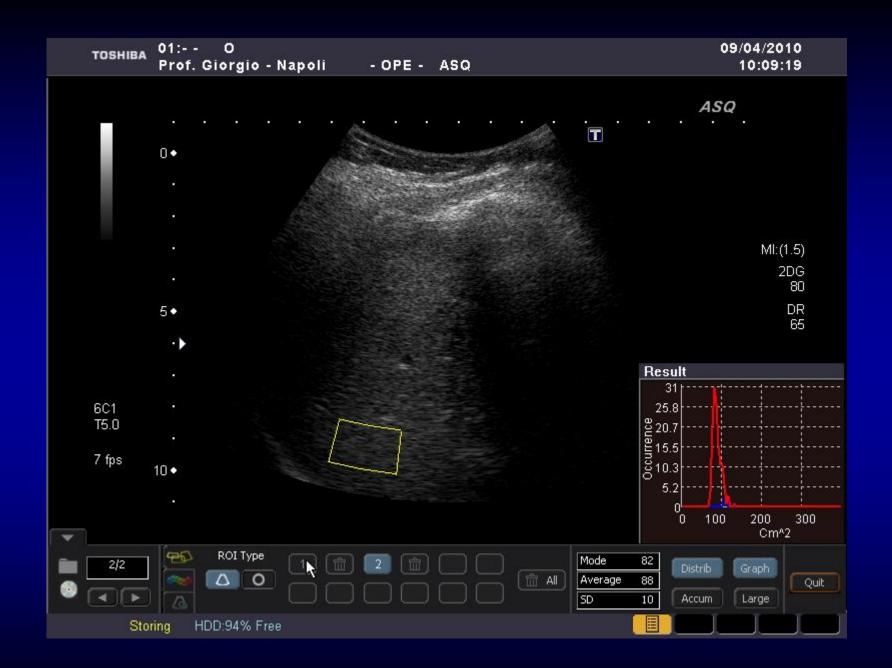
in livers containing fibrosis or cirrhosis, nodules and fibrous structures are larger than the ultrasound wavelenght

✓ ASQ measures the difference between this theoretical echo amplitudes distribution and the real measurement in a ROI of a patient, using the chi-square as statistical tool

✓ the results of this comparison, the Cm2 values, are shown in histogram form







B-Mode Ultrasound with algorithm based on statistical analysis of signals: evaluation of liver fibrosis in patients with chronic hepatitis C Toyoda H et al, AJR; 2009

- ✓ 148 pts with histologically proven chronic hepatitis C without cirrhosis
- √the peak value of the Cm2 histogram was calculated from B-mode US images and the resulting value was compared with the histologic fibrosis grade

Toyoda H et al, AJR; 2009

#### results

√ the values were 124.5 (range 109.5 - 148.0) for pts with
fibrosis grade F0 or F1, 131.5 (range, 116.0 - 146-0) for pts
with fibrosis grade F2, and 144.0 (range, 117.5 -154.0) for pts
with fibrosis grade F3

√ the peak C2m histogram value for F3 was higher than that for
F0 or F1 (p<0.001) and F2 (p=0.0003), and the value for F2 was
higher than that for F0 or F1 (p=0.0027)
</p>

Toyoda H et al, AJR; 2009

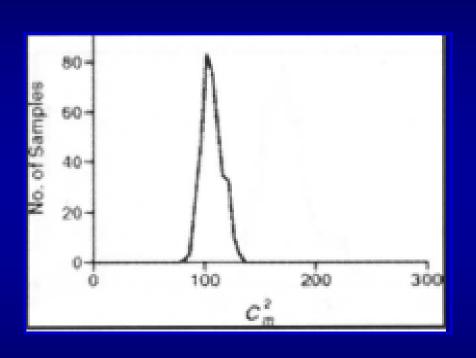
#### results

✓ a significant increase in the median peak C2m histogram value was observed with progression of fibrosis grade, however, no statistically significant increase in the median peak C2m histogram value was observed between pts with grade F0 fibrosis and those with F1 fibrosis B-Mode Ultrasound with algorithm based on statistiscal analysis of signals: evaluation of liver fibrosis in patients with chronic hepatitis C Toyoda H et al, AJR; 2009

#### conclusion

these results shown that peak value of a C2m histogram may be associated with an increase in the grade of liver fibrosis, making it possible to evaluate the degree of liver fibrosis by analysis of B-mode images

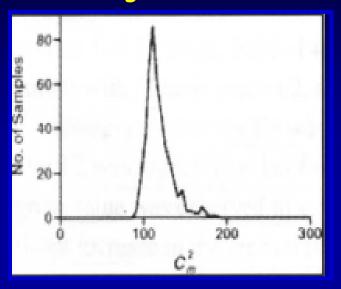
B-Mode Ultrasound with algorithm based on statistical analysis of signals: evaluation of liver fibrosis in patients with chronic hepatitis C Toyoda H et al, AJR; 2009



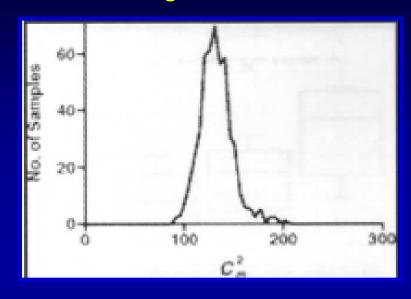
examples of C2m histograms Agar Phantom

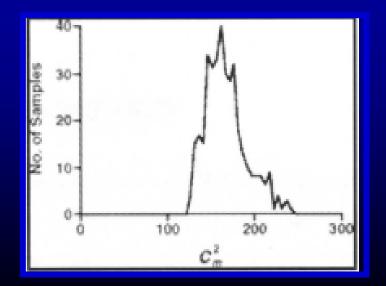
#### Toyoda H et al, AJR; 2009

#### liver with grade F-1 fibrosis

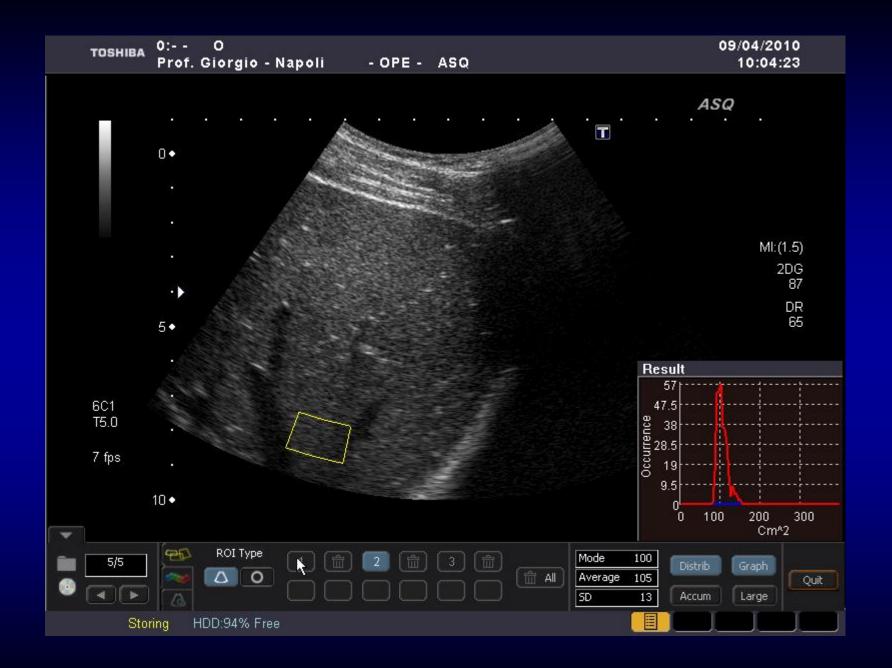


#### liver with grade F-2 fibrosis

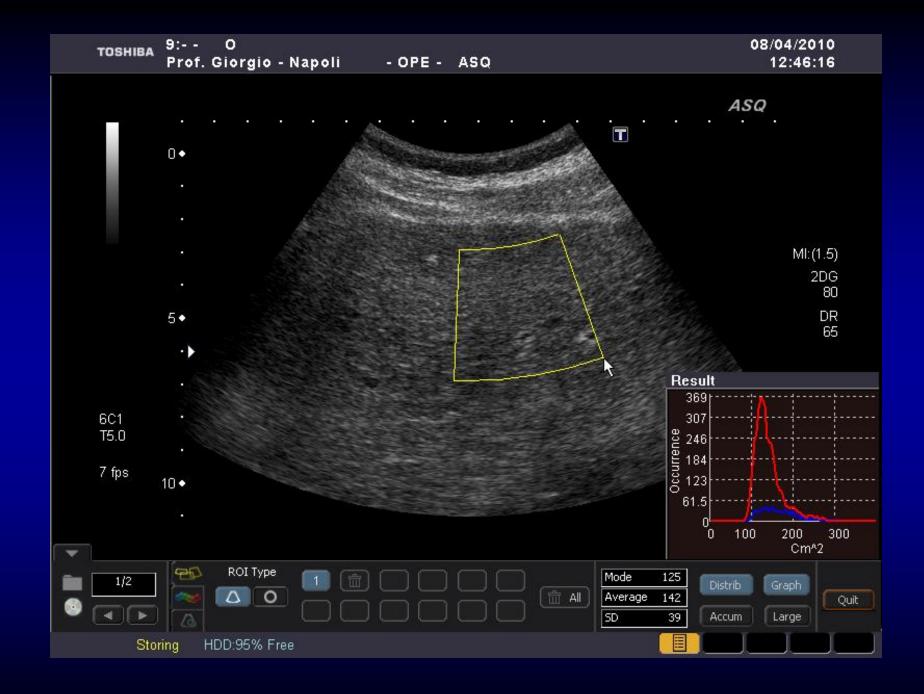


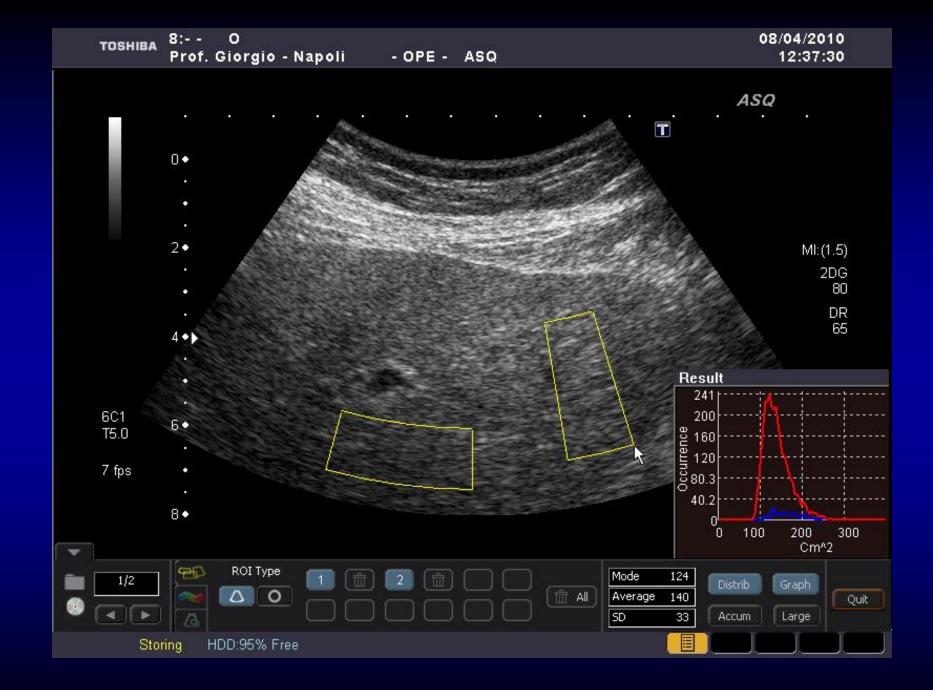


liver with grade F-3 fibrosis



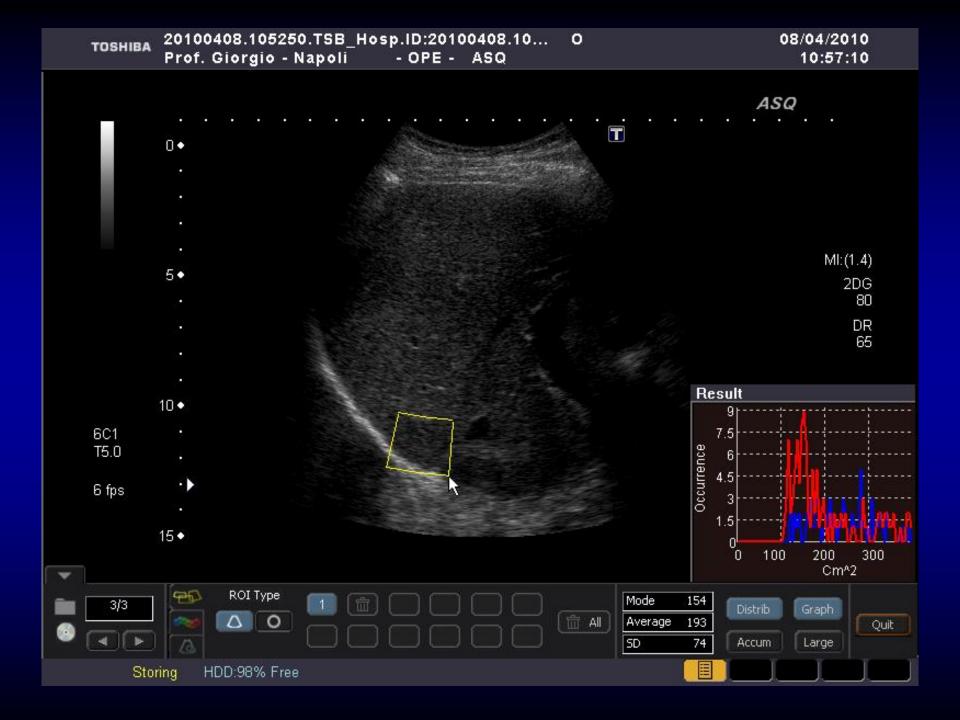


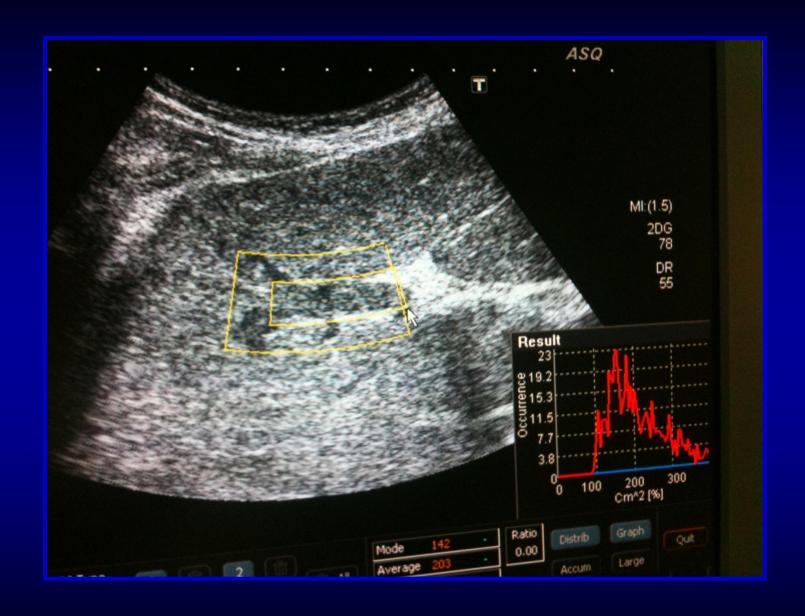




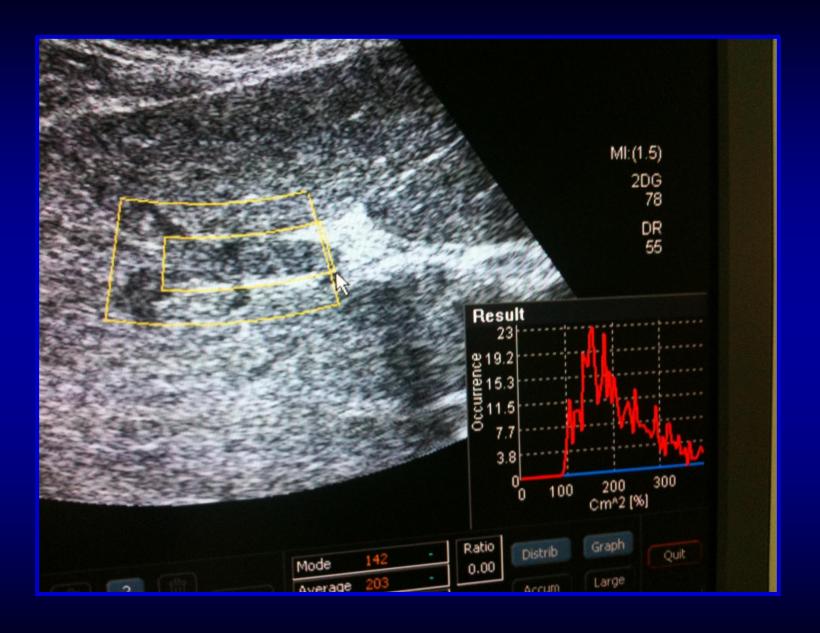


15 •









	Pazienti SANI (28)	Pazienti con CHC (76)	Pazienti con Cirrosi (49)	Pazienti con HCC (18)	p
CM <sup>2</sup>	73 (69-77)			204 (199-248)	<b>F1 vs F0:</b> ∞
<b>F1</b>		82 (79-88)			<b>F2 vs F1:</b> ∞
F2		100 (89-118)			<b>F3 vs F2:</b> ∞
F3		120 (117-131)			<b>F4 vs F3:</b> ∞
<b>F4</b>			140 (138-147)		HCC vs F4: ∞

	Pazienti SANI (28)	Pazienti con CHC (9)	Pazienti con Cirrosi (1)	p
CM <sup>2</sup>	73 (69-77)			<b>F1 vs F0:</b> ∞
F1		82 (79-88)		<b>F2 vs F1:</b> ∞
F2		100 (89-118)		<b>F3 vs F2:</b> ∞
F3		120 (117-131)		<b>F4 vs F3:</b> ∞
<b>F4</b>			140 (138-147)	

### DIAGNOSTIC AND THERAPEUTIC ADVANCES IN HEPATOLOGY

### **Noninvasive Assessment of Liver Fibrosis**

Doris Nguyen<sup>1</sup> and Jayant A. Talwalkar<sup>2,3</sup>

Hepatology-2012

